



BOOK YOUR  
ASSESSMENT NOW

Programme Highlights:



Expert  
Coaching



Small Class  
Sizes



Progressive  
Curriculum



Parent  
portal app  
(Hamilton  
Bay)



Emphasis on  
Water  
Confidence

# Swim with HAMILTON AQUATICS

FROM THE LEARNER POOL TO THE INTERNATIONAL PODIUM

## OUR PROGRAMMES

Our programmes are designed for different ages and abilities while keeping your progress & development as our top priority.

### LEARN TO SWIM



Ensures safe and confident swimmers through progressive learning across 8 levels. Dive into water fun and skill development with us!

### SQUADS



Progressive squad structure aligned with Long-Term Athlete Development, tailored to age, ability, and goals. Our programme supports young swimmers to compete locally and internationally.



TO START YOUR SWIM JOURNEY: REGISTER NOW FOR A FREE ONLINE OR IN-PERSON ASSESSMENT