

## Community Health Catalyst Programme

## **Programme Update August 2023**

The Community Health Catalyst programme works to engage with and listen to people, from the CORE 20 PLUS 5 communities in Medway and Swale, that are experiencing health inequalities, with the intention of finding out how we can work together to improve health outcomes. In the first 12-months of the programme we have collaborated directly with 20 VCS organisations and signposted to over 40 voluntary and statutory providers for health and wellbeing services such as smoking cessation, mental health support, health screening, cost of living advice, befriending services and social activities.

524

People engaged with across 10 Core20+5 priority groups

93

People participating in listening events

94

People signposted to support services groups



"The project that MVA involved us in was a lifeline for all 52 people in our group. No one ever gave us a real chance, but this project did. It allowed us to access health services the group desperately needed and importantly gave us a glimmer of hope to finally belong somewhere."

Romani Family — Medway

Interested in finding out more about this programme?
Then please contact MVA: 01634 812850 or info@mva.org.uk



This programme is funded by the Medway and Swale Health and Care Partnership

