

#### A Medway Mental Health Event

## SAVE THE DATE

#### Wednesday 4<sup>th</sup> October 2023 - 10am to 2pm St Paul with All Saints Church, Magpie Hall Road, Chatham ME4 5NE

MEGAN CIC are inviting you to come and mark World Mental Health Day, which falls on Tues 10<sup>th</sup> October 2023. We will be taking a look at this years theme which is.....

### 'Mental health is a universal human right'

We are lining up some exciting Guest Speakers, Networking Opportunity and complimentary lunch – More information to follow

# Everyone is welcome – Professionals, Service Users, Carers or anyone with an interest

To Book a place on this event, please contact MEGAN CIC on 01634 402 077 or enquiries@megancic.org.uk

