

All About Dementia

We know how daunting it can be when you or a loved one may receive a diagnosis of dementia.

Like any condition, there is a wealth of information out there and comprehensive resources for delving deeper into the complexities of dementia.

Whilst finding care may be a long way down the road, we want to help signpost people affected by dementia to valuable resources and information to widen their knowledge to better understand, manage and cope with the challenges associated with dementia.

By accessing a wealth of material, you can gain a thorough understanding of various topics, including the common causes of dementia, symptoms, diagnosis, available treatments, and the vital support networks needed throughout the journey.

There are also valuable insights into genetics which is often a key question for a lot of people, shedding light on the role hereditary factors may play in dementia development. There may also be a desire to receive guidance on reducing personal risk and how to take proactive steps in safeguarding cognitive health.

Dementia is a journey and we are there to support you every step of the way.

Sources of information:

Alzheimer's Research UK: [Alzheimer's Research UK - the UK's leading Alzheimer's research charity \(alzheimersresearchuk.org\)](https://www.alzheimersresearchuk.org)

Dementia Research UK: [Welcome - Dementia Research UK \(demruk.org\)](https://www.demruk.org)

Discover Why Caring Homes

With over 30 years in the Care sector, we run a network of high-quality care, nursing and dementia care homes with wonderful facilities to suit every kind of resident. Each of our wonderful care homes have beautiful, landscaped gardens with space for residents to explore and feel at peace.

Discover our dedicated [Dementia Hub](#) and national network of person-centred nursing and [care homes](#), and why not attend one of our [dementia events](#).

