

Mill House



CARING HOMES

Sample Activities

Taking guidance from our residents, our wellbeing programme is always designed around their needs and preferences. Here's a sample of some of our most popular activities from one to one and group sessions to virtual events with friends and neighbours in our communities.

Carpet Bowls

Flower Arranging

Reminiscence Afternoon

Daily Exercises with Movement

Life Story Session

Bridge Club

Arts & Crafts

Cream Tea Afternoon

Movie Afternoon

Reading Club

Keep in touch with relatives via phone, facetime, zoom / skype, Facebook and email.

