

CARING HOMES

Sample Activities

Taking guidance from our residents, our wellbeing programme is designed around their needs and preferences. From one to one activity and group settings to events with friends and neighbours in our communities, there is something for everyone. Here's a sample of some of our most popular activities.

Music & Movement

Chair Exercises

Sherry Morning

Pamper Afternoon

Arts and Crafts

Baking

Gardening

Board Games & Dominoes

Clay Crafts

Afternoon Tea

Quiz of the Week

Film Evening

