

## Sample Activities

We have an enhanced Wellbeing Programme including access to facetime, video calling, email and skype. Taking guidance from our residents, our programme is designed around their needs and preferences. From one to one activity and socially distanced group settings to virtual events with friends and neighbours in our communities, there is something for everyone. Here's a sample of some of our most popular activities.

Baking

Music Quiz

Reminiscence Afternoon

Musical Bingo

Knitting Club

Board Games

Arts & Crafts

Sherry & Shortcake Afternoon

**Beauty Sessions** 

