

Frethey House



CARING HOMES

Sample Menu

Breakfast

Selection of fresh fruit juices, cereals,
fresh cut fruit, florida cocktail

Freshly brewed tea and coffee

Full English cooked breakfast

Creamy porridge

Croissant and danish pastries

Lunch

Creamy tomato soup or prawn cocktail

Rosemary roasted leg of lamb or
grilled cauliflower cheese

Selection of potatoes and seasonal vegetables

Cinnamon apple strudel with custard
or ice cream

Selection of fresh fruits and yoghurts

Supper

Chef's soup of the day

Selection of freshly made sandwiches

Homemade pasty with chunky chips

Tangy lemon tart

Fresh fruits