



Sample Activities

Taking guidance from our residents, our wellbeing programme is designed around their needs and preferences. From one to one activity and group settings to events with friends and neighbours in our communities, there is something for everyone. Here's a sample of some of our most popular activities.

Arts and Crafts

Gardening and flower arranging

Daily Reminiscence

Themed Events

Live entertainment

Virtual church service/In home spiritual
Service

Music and Movement

Book club

Bridge club

Carpet Bowls

Baking

Birthday Parties

Afternoon Tea Parties

