

# Brook House



CARING HOMES

## Sample Activities

Taking guidance from our residents, our wellbeing programme is designed around their needs and preferences. From one to one activity and group settings to events with friends and neighbours in our communities, there is something for everyone. Here's a sample of some of our most popular activities.

Baking

Flower Arranging

Book Club

Arts and Crafts

Virtual Church Service

Daily Sparkle Reminiscence

Sherry and Scrabble

Daily Exercises with Music

Quiz of the Week

Bingo

