

Home of Compassion



CARING HOMES

Sample Menu

Breakfast

Fresh fruit and yoghurt

Choice of fresh seasonal fruits and selection of flavoured yoghurt

Cereals

Choice of cornflakes, bran flakes, muesli, Weetabix and home-made porridge served with hot or cold milk

Bakery

Selection of white and brown bread, croissants or danish pastries served with jam, marmalade and butter

Cooked English Breakfast

Poached, boiled, scrambled or fried eggs prepared to your choice served with grilled sausages, bacon and tomato

Beverages

Selection of hot and cold beverages including choice of chilled orange, cranberry and apple juice, tea and assortment of coffees

Lunch

Mushroom and chervil soup or crab fishcake

Traditional fish and chips or chicken tagine

Selection of potatoes and seasonal vegetables

Profiteroles or summer fruit coulibiac

Supper

Green pea and mint soup or onion and cheddar soup

Pork stir fry or macaroni cheese

Selection of potatoes, seasonal vegetables and salad

New York cheesecake or mousse au chocolat

Fresh fruit salad, jelly and ice cream