



Sample Activities

We have an enhanced Wellbeing Programme including access to facetime, video calling, email and skype. Taking guidance from our residents, our wellbeing programme is designed around their needs and preferences. From one to one activity and socially distanced group settings to virtual events with friends and neighbours in our communities, there is something for everyone. Here's a sample of some of our most popular activities.

Bingo

Arts and Crafts

Karaoke

Movie time

Colouring therapy

Pamper sessions

Reminiscence mornings

Book club

Quizzes and puzzles

Games and wordsearches

