



Curriculum Plans – Key Stage 2 Physical Education

Year 3

	Block 1	Block2	Block 3	Block 4/ Block 5	Block 6/ Block 7
	<p>Net and Barrier Games Unit: Lobster Ball/ Futpong</p> <p>All students will be able to:</p> <ul style="list-style-type: none"> -Demonstrate and use a serve, dig, volley and set -Show a smash aiming for a target -Demonstrate a dig <p>Some students will be able to:</p> <ul style="list-style-type: none"> -Serve low, short, high and deep -Complete a rally of 20 minimum -Play in a competitive game 	<p>Net and Barrier Games Unit: Boundball/ Volleyball</p> <p>All students will be able to:</p> <ul style="list-style-type: none"> -Demonstrate and use a serve, dig, volley and set <p>Some students will be able to:</p> <ul style="list-style-type: none"> -Serve low, short, high and deep -Complete a rally of 20 minimum -Compete in a competitive game 	<p>Net and Barrier Games Unit: Badminton</p> <p>All students will be able to:</p> <ul style="list-style-type: none"> - Serve - Return a serve -Demonstrate a smash -Demonstrate forehand and backhand -Understand the rules of the game <p>Some students will be able to:</p> <ul style="list-style-type: none"> -Serve low, short, high and deep -Complete a rally of 20 minimum -Compete in a competitive game -Demonstrate effective movement on the court 	<p>Movement Composition Unit: Gymnastics/ Dance- Contemporary/ Folk</p> <p>All students will be able to:</p> <ul style="list-style-type: none"> -Demonstrate travelling with balance and control -Demonstrate jumping and landing safely and under control -Create a routine that includes balance, flexibility, strength and movement in a group -Follow a different dance choreography in rhythm -Learn at least one dance routine <p>Some students will be able to:</p> <ul style="list-style-type: none"> -Demonstrate travelling in different directions with balance and control aesthetically -Jump and land with control while also keeping all parts of the body inline -Create a combination routine as an individual for 60-90 seconds 	<p>International Games Unit: European Handball/ End Zone Sports</p> <p>All students will be able to:</p> <ul style="list-style-type: none"> -Understand the rules of European handball -Grip the ball correctly -Pass and shoot -Aim -Goal keep -Defend -Attack <p>Some students will be able to:</p> <ul style="list-style-type: none"> -Dribble and outwit the opponent -Understand specific rules -Understand and use tactics in a game -Counterattack -Intercept the ball
Assessment	<ul style="list-style-type: none"> - Observation - Q&A - End of block physical assessment of skills 	<ul style="list-style-type: none"> Observation - Q&A - End of block physical assessment of skills 	<ul style="list-style-type: none"> Observation - Q&A - End of block physical assessment of skills 	<ul style="list-style-type: none"> Observation - Q&A - End of block physical assessment of skills 	<ul style="list-style-type: none"> Observation - Q&A - End of block physical assessment of skills