



Curriculum Plans – EYFS, Primary School PSHE

Please find below a detailed outline of the curriculum covered in PSHE for Early Years and Years 1-6 in Primary School.

| | Block 1 | Block 2 | Block 3 | Block 4 | Block 5 | Block 6 | Block 7 |
|--------------------|---|---|--|--|--|---|---|
| EY / Year 1 | Health and Wellbeing- School Values: Respect, Empathy, Excellence and Challenge | Health and Wellbeing - Physical: Keeping myself Safe and healthy | Health and Wellbeing - Relationships: Growing and caring for ourselves | Relationships - Social: Beginning to understand me and others | Relationships - Emotional: Tools to make better decisions | Living in the Wider World - Economic Wellbeing Learning about money | Living in the Wider World- Being a Responsible Citizen: Taking part and belonging |
| Year 2 | Health and Wellbeing- School Values: Respect, Empathy, Excellence and Challenge | Health and Wellbeing - Physical: Keeping myself healthy | Health and Wellbeing - Relationships: Differences | Relationships - Social: Others and myself in class | Relationships - Emotional: Developing confidence | Living in the Wider World - Economic Wellbeing Keeping money safe | Living in the Wider World- Being a Responsible Citizen: Rights and responsibilities |
| Year 3 | Health and Wellbeing- School Values: Respect, Empathy, Excellence and Challenge | Health and Wellbeing - Physical: Safe and Healthy at home, school and locally | Health and Wellbeing - Relationships: Valuing differences | Relationships - Social: Supporting friends and other people | Relationships - Emotional: Understanding more about myself | Living in the Wider World - Economic Wellbeing Smart shopping choices | Living in the Wider World- Being a Responsible Citizen: Diversity and society |
| Year 4 | Health and Wellbeing- School Values: Respect, Empathy, Excellence and Challenge | Health and Wellbeing - Physical: Helping others to keep safe | Health and Wellbeing - Relationships: Evaluating friendships | Relationships - Social: Understanding others | Relationships - Emotional: Taking on more responsibility | Living in the Wider World - Economic Wellbeing Work and money | Living in the Wider World- Being a Responsible Citizen: Environmental impact |
| Year 5 | Health and Wellbeing- School Values: Respect, Empathy, Excellence and Challenge | Health and Wellbeing - Physical: Drug education | Health and Wellbeing - Relationships: Different types of relationships | Relationships - Social: Navigating uncomfortable social situations | Relationships - Emotional: Making decisions with confidence and clarity | Living in the Wider World - Economic Wellbeing Money and earning | Living in the Wider World- Being a Responsible Citizen: Understanding the media |
| Year 6 | Health and Wellbeing- School Values: Respect, Empathy, Excellence and Challenge | Health and Wellbeing - Physical: Safe and healthy in the future | Health and Wellbeing - Relationships: Healthy relationships | Relationships - Social: Understanding my place in the world | Relationships - Emotional: Celebrating the past and welcoming the future | Living in the Wider World - Economic Wellbeing Money in my future | Living in the Wider World- Being a Responsible Citizen: Democracy and government |