

# WEIDP STUDENT RESOURCE GUIDE

ASSEMBLED BY ADAM KLAGER aklagereumd.edu





### **TABLE OF CONTENTS**

Emergency Food/Money

National Hotlines Page 7 Someone to Talk To Page 3

## WHAT DO YOU NEED?

Other UMD Info/Offices

> Legal Information

> > Page 5

Identity-Specific Support Page 4



PAGE 02

### EMERGENCY FOOD/MONEY

### **UMD Student Crisis Fund**

The UMD Student Crisis Fund is a resource for students who have an unexpected critical situation and need immediate financial support.

· Click here to apply to the crisis fund via Google Form

### Student Success Emergency Scholarship

The SSES Fund is for student with unforeseen financial difficulties who cannot pay their past or current semester's tuition bill. Applicants must have already exhausted other avenues and reached out to the Office of Student Financial Aid to be eligible for the SSES Fund.

• For more information, contact Tony Randall at 301-405-8963 or jrandall@umd.edu

### **Divine Nine Emergency Tuition Assistance Fund**

The Divine Nine Emergency Tuition Assistance Fund provides tuition and textbooks for undergraduate students at UMD who are also members of NPHC-affiliated organizations and experience unexpected financial need. Eligibility requires students have at least a 2.5 cumulative GPA at time of application and are able to demonstrate that other sources of funding are unavailable due to unforeseen circumstances or extraordinary hardship.

• Click here to view the application for Divine Nine assistance

### **UMD Campus Pantry**

The UMD Campus Pantry aims to alleviate food insecurity by providing emergency food to UMD students, faculty, and staff in need.

- The Campus Pantry is open Fridays from Noon 6 PM at the South Campus Dining Hall Loading Dock. Please bring your UMD ID with you.
- Individual appointments available: call 301-314-8054 or email campuspantry@umd.edu

### Mutual Aid Networks (PG County and Other)

PG County Mutual Aid is a mutual aid network operating in Prince George's County, MD that can provide free grocery delivery, baby supplies, hot meals and water, hygiene products, \$5 metro cards, warm clothes, and more.

- Call their hotline at 301-485-9033 for assistance
- Or check out their <u>Facebook</u> and <u>Twitter</u> for more information

Not in Prince George's County? Click here to find a mutual aid network near you.

#### NJNP DMV Area Sex Worker Relief Fund

This relief fund run by No Justice No Pride, a DC-based collective for Trans Justice, offers funds to help sex workers, especially Black and Brown Trans women, during COVID-19.

- · Click here to access their application for emergency funds
- Or check out their Facebook and Twitter for more information

## SOMEONE TO TALK TO

### **UMD Counseling Center**

The Counseling Service in the Counseling Center is the primary campus provider of free and confidential therapy to help UMD students manage personal, social, and academic challenges.

- Call 301-314-7651 for help if in a crisis or to schedule an intake appointment (crisis line is 24/7, appointments can only be made Monday thru Friday, 8:30 AM 4:30 PM EST)
- Click here for a list of COVID-19 coping strategies and online resources

### Office of Civil Rights and Sexual Misconduct

The Office of Civil Rights and Sexual Misconduct (OCRSM) works to foster a learning and working environment free from all forms of sexual misconduct.

- Click here to view OCRSM's list of confidential resources with which you can process sexual assault, sexual harassment, and domestic abuse
- To speak with OCRSM's Intake Coordinator (not confidential), call 301-405-9732 or email rsherm28@umd.edu

### **UMD CLIN Psychology Clinic**

The Psychology Clinic offers sliding-fee scale therapy and consultation for people in the DMV metro area. The clinic is staffed by Licensed Clinical Psychologists, Clinical Program Faculty Members, and graduate students from the Doctoral Program in Clinical Psychology.

To learn more and see if you qualify, call 301-405-4808 or email psycclinc@umd.edu

### **UMD CARE**

Campus Advocates Respond and Educate (CARE) to Stop Violence provides free, confidential advocacy and therapy services to primary and secondary survivors of sexual assault, relationship violence, stalking, and sexual harassment.

- For urgent advocacy services, call 301-741-3442 (available 24/7, call only)
- For non-urgent advocacy services, email uhc-care@umd.edu

Click here for information on how to help survivors of sexual violence

### **UMD HELP Center**

Help Center is University of Maryland's student-run peer counseling and crisis intervention hotline that provides free, anonymous, and confidential help to the UMD community.

- Call their hotline at 301-314-4357 (available Monday thru Friday, 4 PM Midnight EST)
- The Help Center also has free pregnancy tests and other sexual wellness items available for pick-up if you call first and let them know

PAGE 04

## IDENTITY-SPECIFIC SUPPORT

### **UMD Black Book**

The UMD Black Book is intended to be an in-depth guide to the Black experience at UMD, informing Black students of their resources on campus.

Click here to view the Black Book (2019-2020 edition)

#### **UMD Latinx Student Handbook**

The Latinx Student Handbook has information about academic resources, student organizations, scholarships, and much more for Latinx students at UMD.

· Click here to view the Latinx Student Handbook

### Native American Indian Student Handbook

The Native American Indian Student Handbook has information about academic resources, the American Indian Student Union, scholarships, off campus resources, and much more for Native American Indian students at UMD.

Click here to view the Native American Indian Student Handbook

### <u> Asian American & Pacific Islander Organizations</u>

This webpage on the AAPI Student Involvement website has information on over 30 organizations for AAPI students at UMD.

Click here to view the webpage

### **International Student & Scholar Services**

ISSS assists international students in transitioning to the US, advising on immigration questions, and making the most of their academic experience at UMD.

- · Click here to check hours and chat with an ISSS advisor
- Click here for page of links to information about various forms for international students

### **UMD Accessibility and Disability Service**

The Accessibility and Disability Service provides accommodations to students to ensure equal access to services, programs, and activities at UMD.

- Click here to learn about accommodation request procedures
- Call 301-314-7682 to schedule an appointment

### **LGBT Equity Center**

The LGBT Equity Center works to make UMD a fully equitable community that empowers innovators and agents of social justice for LGBTQ+ people.

- Click here to view their main webpage with links to information
- Click here to view a page of information specific to trans identity

### LEGAL INFORMATION

### **Undergraduate Student Legal Aid**

The Student Legal Aid Office (SLAO) provides legal aid to undergraduate students at UMD, including legal advice, assistance with university charges, and notary services.

- Click here and then select "Book Now" to schedule an appointment with SLAO
- Click here for a FAQ about the services that SLAO provides

### **Graduate Student Legal Aid**

Graduate Student Legal Aid (GLAO) provides free consulation to UMD grad students for general legal issues, immigration-related issues, and university charges.

- Click here for information on how to schedule an appointment with GLAO
- Click here for a list of additional legal resources that GLAO has compiled

### Office of Civil Rights and Sexual Misconduct

The Office of Civil Rights and Sexual Misconduct (OCRSM) administers UMD's nondiscrimination policies and works to foster a learning and working environment free from all forms of discrimination and harassment, including sexual misconduct.

- Click here to view a PDF of resources about discrimination at UMD
- Click here to access OCRSM's online sexual misconduct reporting form
- Click here to view OCRSM's discrimination complaint form
- Call 301-405-1142 or email titleixcoordinator@umd.edu for questions or additional help

### **Maryland Legal Aid**

Maryland Legal Aid (MLA) provides free civil legal assistance to low-income people across the state of Maryland. They do not handle criminal, personal injury, traffic court, or immigration matters.

- Click here for information on eligibility for their services
- Click here to access Maryland Legal Aid's online intake form
- Click here for MLA's contact info (the Metropolitan office serves PG County)

### **Maryland ACLU**

The ACLU of Maryland works to ensure that the people of Maryland know their rights, can lead their lives free from discrimination, and aren't subjected to unwarranted government intrusion.

- <u>Click here for information about your rights in various situations</u> (free speech as a student, your voting rights, encounters with ICE and/or the police, etc.)
- Call the Civil Rights Complaint Line at 667-219-2595 x1000 (Tues. & Thurs. 1 PM 3 PM EST)

PAGE 06

## OTHER UMD INFO/OFFICES

### **UMD COVID-19 Testing Information**

This webpage has information about how COVID-19 testing works at UMD, a testing schedule, and multiple FAQs.

· Click here to view the testing information

#### **UMD Disorientation Guide**

The UMD Disorientation Guide contains a diverse collection of perspectives on UMD to give students information that would be omitted from traditional orientations to the university, including a history of student organizing at UMD, information for safer sex and drug use, etc.

• Click here to view the Disorientation Guide

### **Memorial Chapel**

The Memorial Chapel is a center for religious life for the UMD Campus, providing a non-denominational space for worship, interfaith initiatives, and other activities.

• Click here for information on the chaplains representing different faiths at UMD, whom you can contact for information faith-specific programs and opportunities

### Off-Campus Housing

The Off-Campus Housing Services office provides resources to students to educate them on off-campus housing topics and assist them in finding off-campus housing.

- · Click here to view and search the UMD Off-Campus Housing Database
- Click here to view a PDF with advice and checklists for finding an apartment

### Office of Student Conduct

The Office of Student Conduct works to encourage safety, learning, and character development by promoting and enforcing the standards of the UMD community.

• <u>Click here for links to information about various topics, including academic integrity, the code of student conduct, student sanctions, and conduct hearings.</u>

### Office of Student Financial Aid

The Office of Student Financial Aid works to make sure students can recieve the aid they need to be able to attend UMD.

• Click here for a webpage with a FAQ, resources, and policies for UMD financial aid

### NATIONAL HOTLINES

#### **National Suicide Prevention Lifeline**

The National Suicide Prevention Lifeline provides 24/7, free, confidential support over the phone for people in distress and their loved ones. <u>Online chat is also available here.</u>

- Call 1-800-273-8255 for help in English or 1-888-628-9454 for Spanish (200 other languages are also available through interpreters)
- If you are deaf or hard of hearing and a TTY user, dial 711 then 1-800-273-8255
- · Click here for identity-specific resources and information on self-care and coping

#### **National Domestic Violence Hotline**

The National Domestic Violence Hotline works to provide 24/7, free, confidential support to survivors of domestic abuse and violence. Over 200 languages are available.

- Call 1-800-799-7233 for help, or text "LOVEIS" to 1-866-331-9474
- · Click here for information about domestic abuse and violence

### **National Sexual Assault Hotline**

The National Sexual Assault Hotline provides 24/7, free, confidential support, including someone to talk with, local resources for next steps, and basic medical and legal information.

- Call 800-656-4673 for help
- Click here to access the hotline's online chat (available in English and Spanish)

### **National Parent Helpline**

The National Parent Helpline supports parents and caregivers of children and youth by listening, helping them problem-solve and create solutions, and providing resources.

- Call 1-855-427-2736 for help (Monday thru Friday, 1 PM 10 PM EST)
- Click here for a webpage with lists of various parenting resources

### **Trans Lifeline**

The Trans Lifeline is a peer support hotline run by and for trans people, providing both crisis and community support to trans and questioning callers.

- Call 877-565-8860 for help (available in English and Spanish, 10 AM 4 AM EST)
- Click here for information on their microgrant program for name and ID changes

### **National Human Trafficking Hotline**

The National Human Trafficking Hotline connects victims and survivors of sex and labor trafficking with services and support to get help and stay safe. Support is available 24/7 in English and Spanish, with 200 more languages available through interpreters.

Call 1-888-373-7888 for help or text "HELP" or "INFO" to 233733



John T. Consoli Title Page, Pages 2, 3, 6, 8

> Stephanie S. Cordle Pages 1, 5, 7

Emma J. Howells Page 4

### This guide was made possible with help from:

Allison Dickinson
Carlton Green
Ed Kenny
Emmanuel Massalee
Jazmin Pichardo
Miya Walker
Sika Wheeler

Questions, comments, or suggestions?

Contact aklager@umd.edu