

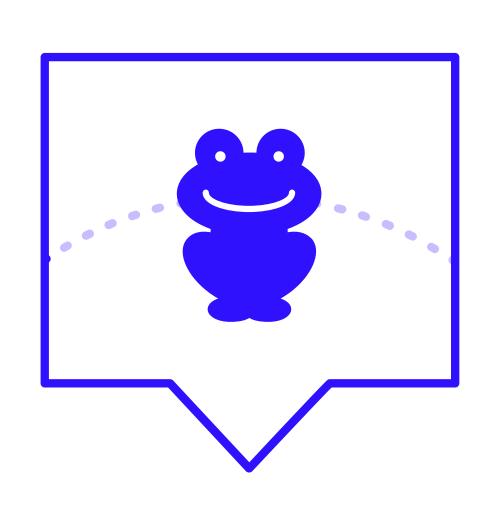


FOR THE LOVE OF IT.

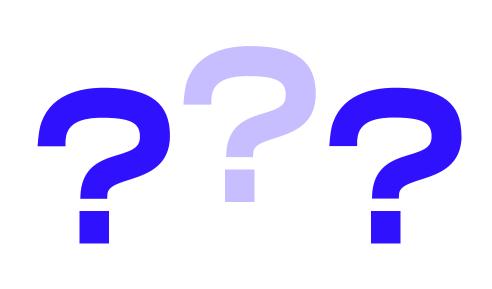
Explanations are an important part of the coaching process. There are some key factors to consider when using explanations with children. Here are our top tips:



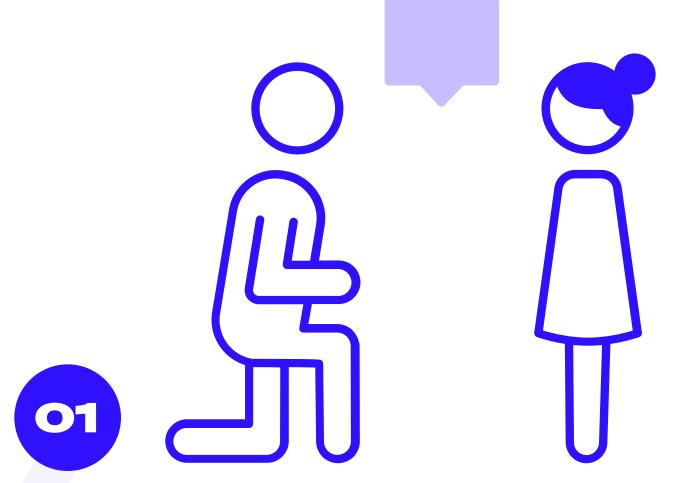
Make sure that your language is clear.



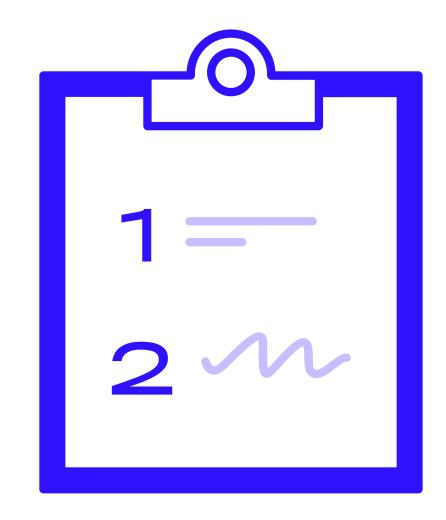
Use vivid language and images that children can remember easily.



Regularly check for understanding.

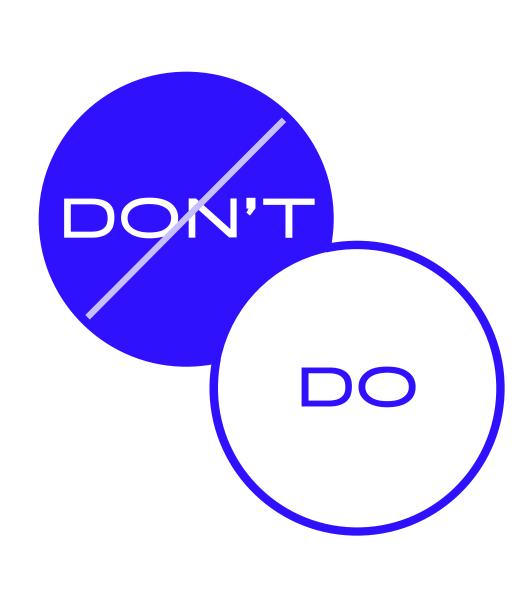


Kneel down to eye level to draw the players in.



03

Focus on a small number of specific points and make it short.



Concentrate on what they need to do, not what they need to 'not do'.