



CARE HOME SECTOR

Contract furniture specialists for the hotel, leisure & restaurant industry

what we can offer...

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about our company...



lisa cluer
managing director

Over the course of more than 20 years we have built up our reputation as one of UK's leading manufacturers and suppliers of contract furniture. Working alongside designers, architects and end users, our dedicated team are able to bring your designs to life.

We have supplied furniture for a range of healthcare projects, from retirement-living villages to care homes and cancer-care wards. With this expertise, our team will help you to create a comfortable and competent concept whilst retaining a stylish, high-quality finish.

We understand the importance of furniture within healthcare as a helpful aid to the daily life of both residents and staff and will take everything into consideration when offering advice and choosing pieces for your design.

a snap shot of our diverse clients...





Choosing the right furniture...

We supply a wide variety of stylish and comfortable furniture suitable for all areas inside and out of the care home environment. Each space has different requirements which can be catered for by us with a mixture of furniture from elegant high backed lounge chairs to robust coffee tables.



receptions

Seating, table and accessories elegantly designed for comfort and first impressions.



communal areas

Multi-purpose seating with stacking options, chairs and sofas with wipe-able fabrics and surfaces for infection management.



dining & café

Seating for dining, café, bistro and staff areas. Dining side chairs, armchairs, stools and bench seating.



bedrooms

Handmade in our UK workshop, headboards and case goods are designed and made exactly to the needs of the user.



outdoor areas

Stylish, robust solid wood or easy to maintain 'poly' wood exterior seating and tables for guests, visitors and staff.



Fabrics...

Healthcare interiors are challenging environments that are susceptible to damage and vulnerable to bacteria, so they require the best in hygiene and care. Innovation in fabric and the invention of smart materials enables us to supply high-end designs with practical features to create an altogether more pleasurable atmosphere. Our collection of fabrics harness the following properties to make them suitable for healthcare interiors:

anti-microbial/fungal

Fresh hygienic finish, no skin irritation, effective against 99.8% of micro-organisms.

soil resistant

Includes soil and stain protection, PFOS and PFOA free

waterproof

As well as urea resistant, BS3424 BS3546 8.8pH Urea soak.

Design & Materials...

Those who live in healthcare environments invariably have more specialised requirements than the younger or more able-bodied; the furniture chosen and designed for healthcare interiors must adapt to these needs and aid both the staff and residents as much as possible to make daily life that bit easier and hazard free. There are various features that furniture can provide to offer practical solutions for comfort, support, and safety.

soft corners

Choose from a range of furniture all with upholstered or smooth solid wooden radius armrests.

memory foams

We use memory foam or CMHR foam for all upholstered seating.

increased seat height

Most of our upholstered chairs benefit from a bespoke seat height option to meet the needs of different seating areas and table heights.

If you would like to benefit from our free sample service then get in touch with one of our account managers; we will send you examples of materials that you are interested in directly to your home/office. Email us on: mail@insideoutcontracts.com



portfolio

Here is a snapshot of the high-end healthcare projects that we have furnished. From bespoke-designed pieces to pre-made items the locations have been fitted out to accomplish their full potential and create a home-from-home environment for residents using our design services.



project | One Bayhill



project | Clarence Gardens

A homely atmosphere is created with chairs featuring natural wooden details. Harold lounge chairs and Igloo tub chairs provide oodles of comfort and style and the Coco high back chair works as a centrepiece in a neutral creamy fabric. Bespoke boutique armchairs and sofas have also been designed by the Inside Out team Designers to offer the Moor's Nook residents their very own cosy chair design.



project | One Bayshill Road

Inside Out supplied contemporary furnishings to the apartment's designers for all areas from Emilia side chairs and bar stools in the dining areas to fiberglass Granada armchairs and woven Tibidabo high back chairs to the spa and gardens.









project | Charters Village Retirement Living

An exclusive retirement village in leafy landscaped grounds; individual properties and a main clubhouse are decorated comfortably and grandly with consideration of the buildings traditional style. Lounge chairs in varying green tones reflect the outdoors and lots of bespoke tables have been created exclusively for this project by our in-house team.





project | Elmsbridge Manor Retirement

Inside Out supplied a selection of furniture to meet the specific needs of the project whilst fulfilling the classic and elegant brief. With comfort and longevity key requirements for this project, Inside Out supplied a combination of elegant bespoke sofas and armchairs including the Bellissimo, Columbia and Banbury.





project | Pegasus Life - Moor's Nook

A high-end range of retirement apartments and communal spaces beautifully designed by Park Grove; Together we have achieved a fresh and cosy scheme using a range of bespoke boutique furniture designed by our in-house team combined with carefully selected pieces from our standard range.





A dining room featuring a dark wood table set with white dishes, wine glasses, and gold candlesticks. The chairs are upholstered in vibrant red velvet with white piping. The background includes a large gold-framed mirror and a potted plant on the left.

project | Binswood Hall Care Home

Binswood Hall is located in the town of Royal Leamington Spa; it is a Grade II listed Victorian Gothic Hall and features products solely from our bespoke range. The pieces designed and manufactured by us were created to retain all the character and majesty of this Grade II listed building.



project | ASRA Housing

Offering a friendly and comfortable space for residents to enjoy, ASRA Care Homes feature plush lounges and living areas elegantly designed to a chic and stylish brief. Hand-made, elegant furniture has been created by the Inside Out team to suit the social and private areas within the sophisticated establishment.





product snapshot

There are certain pieces of furniture that will always work really well in a healthcare environment, and here we have put together a snapshot of the items we have to offer. They each come in many variations to suit the desired aesthetic, but all are carefully chosen with the particular requirements necessary within a healthcare environment.



project | ASRA Housing

Highback Chairs...

High back chairs are a perfect option for healthcare interiors as they provide great lumbar support which prevents residents having to support themselves and cause unnecessary strains. The backrest takes weight off of the body when relaxing and seats users in a neutral position.

Prince
wing back chair

-
W730mm
D780mm
H1120mm
SH480mm



Mano
high back chair

-
W710mm
D900mm
H1100mm
SH450mm



Gothenburg
wing back chair

-
W770mm
D960mm
H1020mm
SH450mm





Holmes
wing back chair

-
W840mm
D840mm
H1135mm



Coco
high back chair

-
W680mm
D870mm
H1070mm
SH450mm



Tibidabo
high back chair

-
W1030mm
D890mm
H1280mm
SH294mm



Grosvenor
high back chair

-
W790mm
D800mm
H1190mm
SH500mm

Armchairs...

Armrests are an important feature of healthcare chairs as they provide a means of moving in and out of the chair without aid. This makes the life of residents and staff easier. They also increase general comfort when seated and create a barrier from falls.

Albert
special armchair

-
W540mm
D550mm
H790mm
SH480mm



Pudding
armchair

-
W650mm
D600mm
H830mm
SH475mm



Savoy
armchair

-
W660mm
D600mm
H800mm
SH460mm





Columbia
armchair

-
W630mm
D650mm
H830mm
SH480mm



Lobby
armchair

-
W755mm
D900mm
H805mm
SH440mm



Kew
armchair

-
W530mm
D440/570mm
H770mm
SH480mm



Granada
armchair

-
W570mm
D560mm
H820mm

Dining Chairs...

Areas involving food have a tendency to become messy, so it is important for dining chairs to have hygienic qualities and easy-clean methods. They must be sturdy and stable, not flimsy and lightweight.

Fergie
armchair

-
W550mm
D550mm
H830mm
SH470mm



Lourdes
tub chair

-
W650mm
D610mm
H820mm
SH490mm



Emilia
side chair

-
W510mm
D540mm
H840mm
SH480mm





Brompton
armchair

-
W690mm
D730mm
H1000mm
SH450mm



Belgrade
chair

-
W630mm
D660mm
H890mm
SH480mm



Adele
metal armchair

-
W540mm
D610mm
H800mm
SH490mm



Seville
armchair

-
W440mm
D425mm
H805mm
SH465mm

Lounge Chairs...

Residents of retirement and care homes will spend a lot of their time in lounge areas; therefore comfort and cushioning is of extreme importance. Lounge chairs provide the ultimate width for lounging without restriction. Height is also an important consideration when choosing a lounge chair.

Angle
lounge chair

-
W730mm
D840mm
H790wmm



Bellissimo
lounge chair

-
W740mm
D740mm
H800mm
SH430mm



Harold
lounge chair

-
W850mm
D850mm
H850mm
SH470mm





Constantine
lounge chair

-
W700mm
D750mm
H810mm
SH430mm



Hallie
lounge chair

-
W600mm
D600mm
H TBC
SH475mm



Knightsbridge
lounge chair

-
W880mm
D800mm
H950mm
SH500mm



366
rocking chair

-
W610 - 640 mm
D680 - 720mm
H720 - 750mm
SH420mm

Tables...

Tables of all sorts and sizes will be a necessary addition to healthcare interiors. From coffee tables, to dining tables, to consoles, and gaming tables, we have a range of appropriate types to suit all needs. We recommend avoiding sharp edges and choosing curves and soft corners to avoid any possible hazards.

Cooper
coffee table

-
Ø800
H350



Linden
coffee table base

-
various sizes available



Coffee
table

-
Ø800
H450mm





Communal
dining table

-
various sizing available



Liberty
table base

-
Table Top - Ø400 - Ø600
H730



Games
table

-
Ø800
H750mm

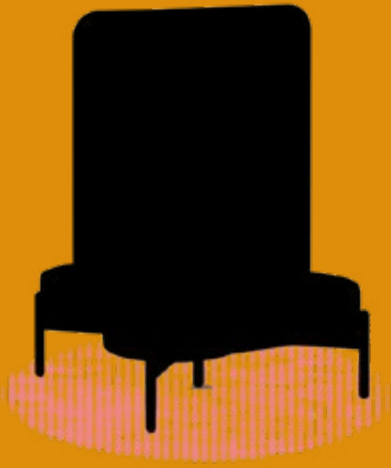


Console
table

-
W1200mm
D350mm
H780mm

social distancing range

Visits to care-homes look a little different now; floor-to-ceiling screens in special pods have become government guidance to create a covid-secure environment. Visitors and residents are separated by these screens and this allows the visitors to stay outside of the care home, increasing the safety of their loved-ones.



social distancing // **bespoke range**

Social Distancing Glass Screen Floor Standing Version

Designed to protect customers and staff this social distancing screen helps adherence to social distancing measures. Sizes available on request, customisable options available.



- *Made in the UK*
- *Fully bespoke and made to order*
- *Glides - felt pads*
- *Steel frame with antibacterial powder-coating*
- *4mm thick clear toughened glass*

available options...

- *Bespoke sizing*
- *Artwork or logos*
- *Floor fixable bases*
- *Additional anti-bacterial coating treatment for the glass lasting up to 10 years*
- *Choice of powder-coated RAL colours for steel frame*
- *Wheels/Castor bases*
- *Zinc coating can be added for exterior use*
- *Linking systems*



social distancing // **bespoke range**

Social Distancing Glass Screen Floor Stand with Castors Version

Designed to protect customers and staff, this castor screen has wheels to offer an easily portable solution for spaces that require a more versatile method of social distancing. Additional extensions can be added to reach ceiling height to keep with government guidelines.



- *Made in the UK*
- *Fully bespoke and made to order*
- *Castors - 50mm Dia, 360 swivel, with or without brake*
- *Steel frame with antibacterial powder-coating*
- *4mm thick clear toughened glass*

available options...

- *Additional anti-bacterial coating treatment for the glass lasting up to 10 years*
- *Choice of powder-coated RAL colours for steel frame*
- *Bespoke sizing*
- *Artwork or logos*
- *Zinc coating can be added for exterior use*

different options available...



social distancing // additional options

Hand Sanitiser Stations...

These hand sanitiser stations are designed to offer an effective and efficient method for adhering to social cleanliness measures for staff and customers.

Premium Pedal Hand sanitiser station

-
A luxury steel and brass hand
sanitiser station that helps staff
and customers adhere to social
cleanliness measures.

It has antimicrobial properties
and a foot pedal to dispense so
can be used hands-free.

-
ø220mm
H1000mm





Black Pedal Hand sanitiser station

-
A black powder-coated hand sanitiser station that helps staff and customers adhere to social cleanliness measures.

It has antimicrobial properties and a foot pedal to dispense so can be used hands-free.

-
ø320mm
H1000mm



Hand sanitiser station - Floor standing

-
Designed to protect customers and staff this floor standing sanitiser unit helps adhere to social cleanliness measures.

-
W210mm
D210mm
H1204mm

Other Social Distancing Screens...

We offer a range of additional screens that are suitable for a variety of environments as we are aware that one size does not fit all. These additional screens have different qualities that may suit different aesthetics, practicalities and space options.

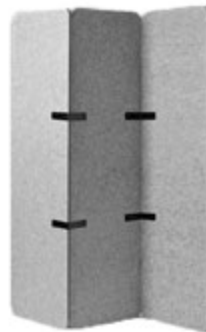
Abelio Screen

-
W1400mm
H1500mm



Paula Tall Screen

-
W550 x D24 x H1800
(per panel)



Hallam Table Screen

-
W500mm
D80mm
H460/560mm





Cosmo Floor Screen

-
Various sizes available



Sneeze Screen

-
Various sizes available



Maso Indoor/Outdoor Glass Screen

-
Various sizes available



Hyde Floor Screen

-
W2000mm
H2000mm

bespoke options

A selection of our manufacturing drawings and the end results delivered to the client.

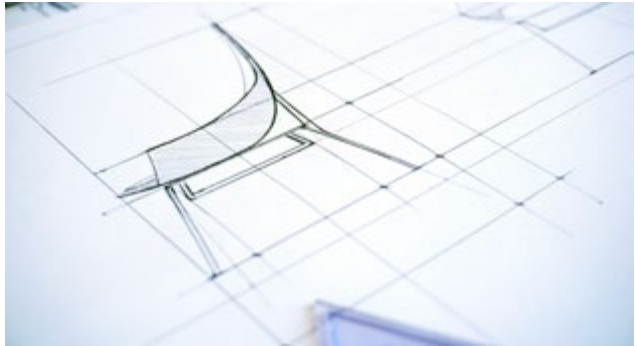


bespoke // what we do

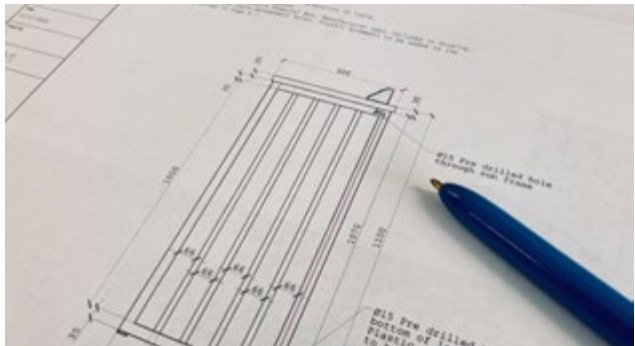
our everyday...

Our hands-on approach means each project gets the individual attention it deserves and we work closely with clients to agree a brief to supply products that reflect the individual style and use of their space. From making your existing drawings ready for manufacture to designing a brand new product we are here to assist to any level necessary.

furniture
development



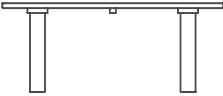
bespoke
manufacturing
drawings



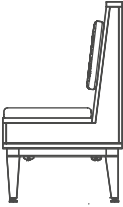
space planning



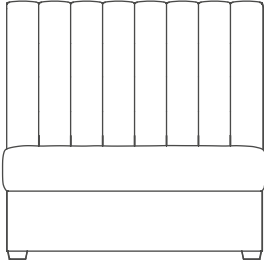
types of furniture development...



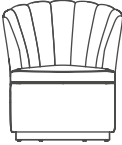
bench



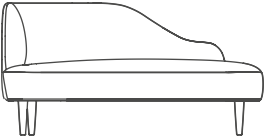
banquette



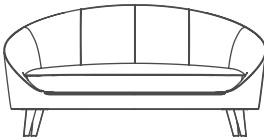
headboard + bed



chair



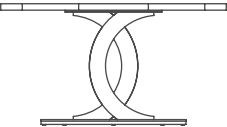
chaise



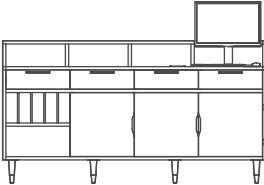
sofa



stools



tables



units

Can't see what you are after? Let us know and we can make it happen.

bespoke // **bespoke range**

Scroll Armchair

The Scroll lounge chair is designed true to its name following the open style and curved wooden legs; vast upholstery options create a unique finish. The Scroll lounge chair's arms extend into circular ends as does their namesake. The front legs are carved elegantly for opulence and sophistication. A buttoned backrest adds an extra dimension of style making the chair ultra smart.



- *Made in the UK*
- *Fully bespoke and made to order*
- *Glides - nylon/felt*
- *Pressure relieving foam.*
- *Adjusted ergonomically to suit the older user.*

available options...

- *Bespoke sizing*
- *Leg options*
- *Range of fabrics available*
- *Woodstains options*



bespoke // **bespoke range**

Porter Sofa

The Porter sofa is robust and square in shape with a simplistic design; its wooden tapered legs and staggered arms offer poise and elegance whilst plush wide seat cushions give comfort. It can be upholstered in a choice of fabrics and layered with cushions for different dynamics.



- *Made in the UK*
- *Fully bespoke and made to order*
- *Glides - nylon/felt*
- *Pressure relieving foam.*
- *Adjusted ergonomically to suit the older user.*

available options...

- *Bespoke sizing*
- *Leg options*
- *Range of fabrics available*
- *Woodstains options*



Headboards

We have a vast selection of headboards designed and manufactured here in the UK by our in-house team. Being bespoke, they can be made to measure, and our website hosts a clever tool enabling you to customise the headboards and test out different variations until you are happy.

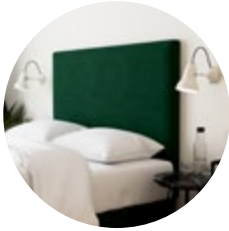


- *Made in the UK*
- *Fully bespoke and made to order*
- *Bed base/Bed stead also available*
- *Complementing divan*
- *Range of mattress types*

available options...

- *Bespoke sizing*
- *Range of fabrics available*
- *Fixing options*
- *Woodstains options*
- *Range of finishes*
- *Range of mattress types*
- *Ziplock mattress options*
- *Full installation available*

different options available...



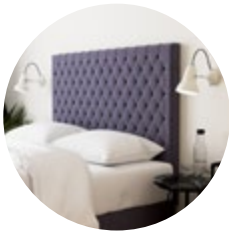
Plain



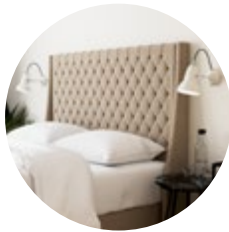
Buttoned Small



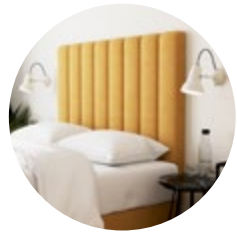
Square Large



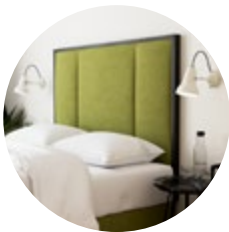
Deep Buttoned



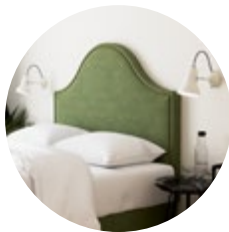
Winged Deep Buttoned



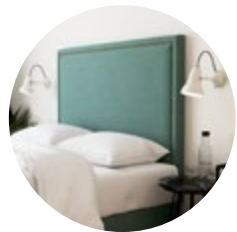
Fluted



Trinity



Curved with
inset strip studding



Plain with
inset strip studding

Can't see what you are after? Let us know and we can make it happen.

care home // **contact**

thank you for viewing...

Hopefully after seeing what we can offer and what we have done, your mind is racing with different ideas for your present or up and coming projects. We would love to hear from you for anything from little queries to a full brief of your next project. See below who best to contact regarding your next project or query:



how to contact us...

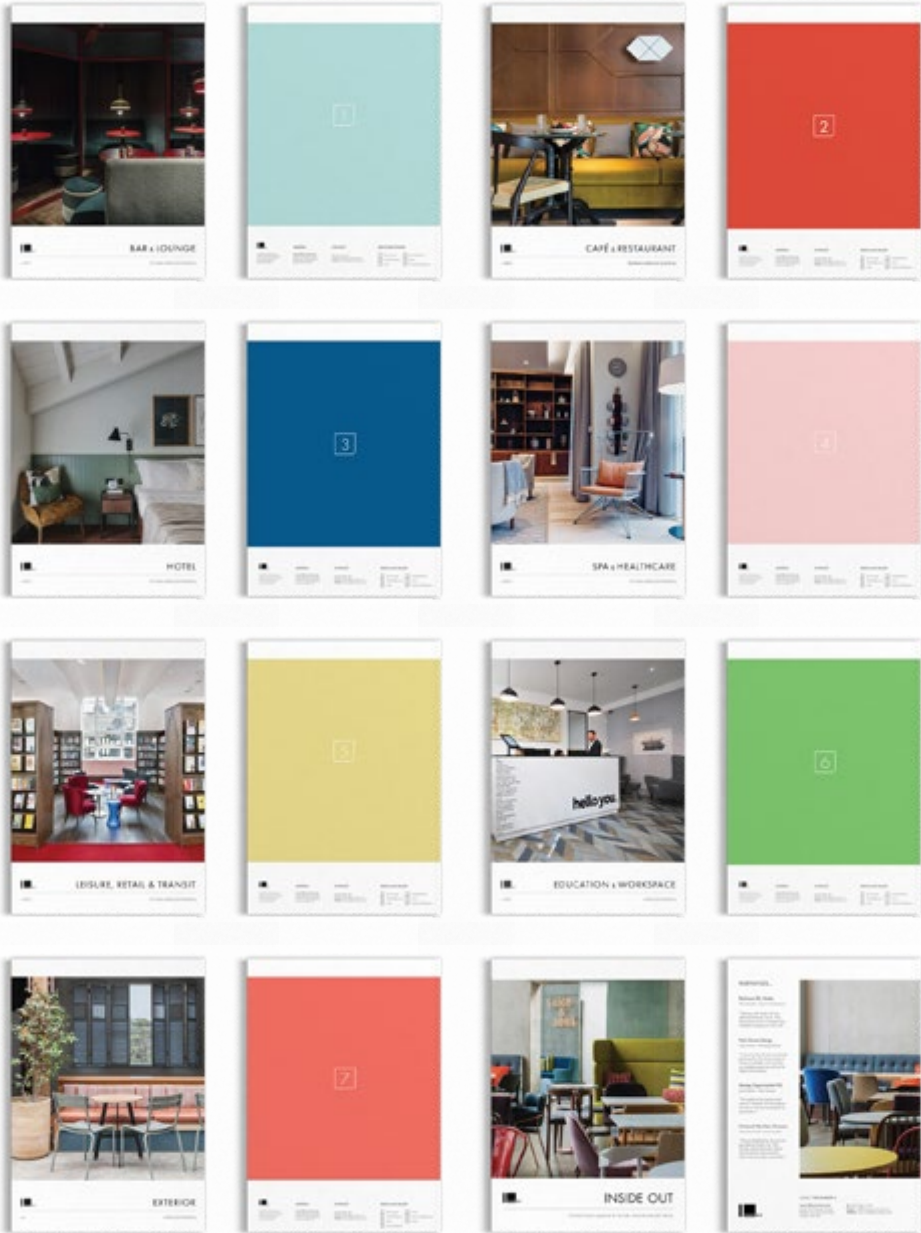
email: mail@insideoutcontracts.com

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design: +44 (0)208 305 3139

care home // our brochure collection



To see our full range of products and projects please enquire about our brochure collection ready for download via our website www.insideoutcontracts.com.

testimonials...

Radisson Blu Hotels

Alan Marshall – Director of Operations

“Working with Inside Out has delivered fantastic results. They have proven to be a creative and intelligent company to work with.”

Park Grove Design

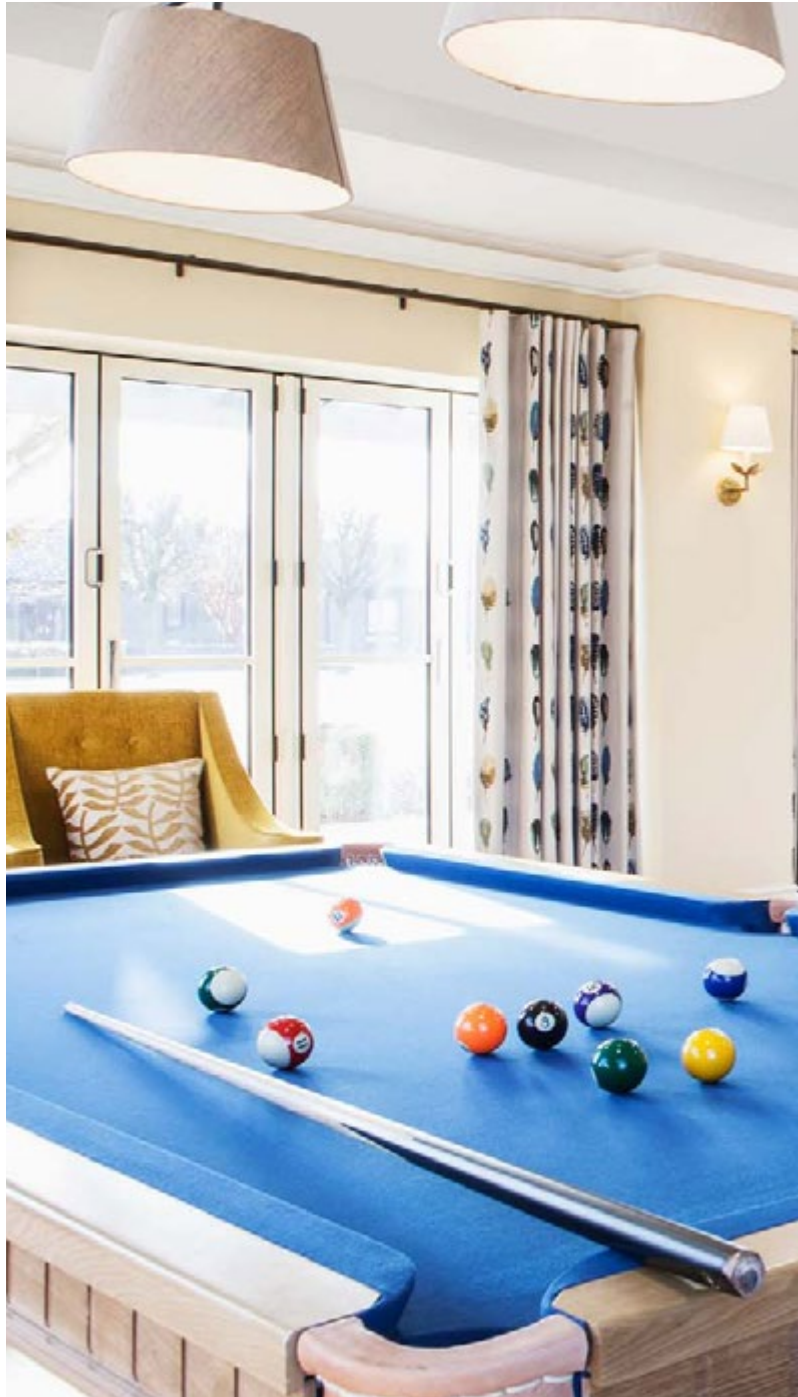
Carly Gordon - Managing Director

“A joy to work with and consistently good quality. The broad range of furniture available works for both our budget projects as well as the higher end schemes.”

Sarah Cox Interiors

Sarah Cox - Owner

“I have worked with Inside Out for many years. They are always extremely helpful, professional and deliver quality commercial furniture. I would not hesitate to recommend them.”



contact | how to reach us

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