



Heads Up Therapies

Curriculum Vitae – Alex Murphy

Occupational Therapist

PERSONAL PROFILE

I qualified as an occupational therapist in 2015 after spending two years working as a support worker and team leader for case management companies Neuro Partners and A Chance for Life. I had the opportunity to work with children and adults who had sustained spinal cord injuries and acquired brain injuries.

I am a highly organised, proactive and experienced occupational therapist who is skilled in managing clients' journeys and passionate about improving quality of life for those who have sustained catastrophic injuries. I am an experienced leader, who is confident in setting up care teams and providing recommendations for clients with complex needs to live as independent and fulfilling lives as possible. Through my professional and charitable work, my focus is always on maximising outcomes for those who face some form of disadvantage through disability.

Alongside my role at Heads Up Therapies, I provide occupational therapy services to a specialist Transitional Rehab Unit (TRU) in the North West and as an Associate Case Manager in personal injury.

EDUCATION & QUALIFICATIONS

University Of Cumbria

2015

MSc Occupational Therapy

Edge Hill University

2013

BA (Hons) Sociology

PROFESSIONAL MEMBERSHIPS

Health and Care Professions Council

OT72545

British Association of Occupational Therapists

BT0254959

British Association of Brain Injury and Complex Case Management (BABICM)

7207



 alex@headsuptherapies.co.uk

 07340 866 476

Heads Up Therapies Limited is registered in England and Wales. Company Registration Number: 10321279



Heads Up Therapies

Curriculum Vitae – Alex Murphy

EMPLOYMENT

Heads Up Therapies

Associate Occupational Therapist

August 2021 -Present

Specialist occupational therapy assessment and intervention for clients who have sustained brain injuries.

Formulating goal focused rehabilitation plans.

Use of standardised assessment and outcome measures.

Produce detailed immediate needs and progress reports for case managers.

Collaborative working with MDT, families, and other professionals.

Support and training of junior staff e.g. OT assistants/ support workers

Beacon Case Management

Associate Case Manager

August 2021 -Present

Experienced in single/ joint instruction for clients who have sustained catastrophic injuries e.g. acquired/ traumatic brain injury, complex orthopedic and polytrauma.

Provide detailed immediate rehabilitation needs assessment and update reports.

Co-ordinating services, building appropriate rehab teams around the client and facilitating MDTs.

Recruitment and set up of care and support packages.

Care and Rehab at Home

Director/ Occupational Therapist

2019-2021

During my time at CARAH Care I successfully built, scaled and sold the first therapy-led home care provider in the Northwest. I also initially held the position of CQC registered manager prior to embedding a full management team. Rated 'Good' by CQC we successfully scaled to delivering 700 hours per week of bespoke, quality domiciliary care with an emphasis on empowering clients to live as independently as possible. Our ethos was supporting people to 'live their best life' and we quickly gained a reputation as a high quality, reliable and consistent provider and secured a number of tenders with Sefton and Liverpool Local Authorities, the CCG and private clients.

Summary of duties included:

Recruitment and training of support workers, staff supervision and appraisal.



 alex@headsuptherapies.co.uk

 07340 866 476

Heads Up Therapies Limited is registered in England and Wales. Company Registration Number: 10321279



Heads Up Therapies

Curriculum Vitae – Alex Murphy

Qualified Moving and Handling Trainer.

Delivered bespoke rehabilitation training programs for support workers.

Producing person centered support plans and risk assessments.

Responsible for quality assurance reviews and CQC compliance.

Strategic business development, writing bids for tenders, attending local strategy meetings to ensure a coordinated approach to care provision.

Locum Occupational Therapist

2015-2019

After qualifying I spent my time rotating between a variety of settings to develop my clinical skills. This included: general medical wards, acute and rehabilitation stroke wards, orthopedics, community neuro rehabilitation, reablement, social services, equipment and adaptations, minor/major adaptations, moving and handling and care act assessments.

During this time, I gained extensive experience of community practice in rehabilitation and reablement which led to developing a special interest in neurorehabilitation.

VOLUNTEERING

In my spare time, I have been involved with The Good Gym, a community of runners that combine keeping fit with community deeds. This involves stopping off during runs to do physical tasks for community organisations and to support isolated older people with social visits and one-off tasks they can't do on their own.

I also have links with The Girls Network where I am an approved mentor. The Girls Network is a charity, which connects teenage girls at risk of disadvantage with a mentor who is a member of a professional network. The Girls Network partner with local schools and I have delivered presentations and round table events, sharing my professional journey. I always aim to empower and inspire individuals to achieve their full potential and I am passionate about helping people develop tangible and practical skill sets.



 alex@headsuptherapies.co.uk

 07340 866 476

Heads Up Therapies Limited is registered in England and Wales. Company Registration Number: 10321279