



Heads Up Therapies

Curriculum Vitae – Carrie Sant

Occupational Therapist

PERSONAL PROFILE

I have a strong belief in the value of meaningful and purposeful occupation in contributing to a person's health and wellbeing, seeking to support people to identify and engage in occupations which will enable them to develop their skills, confidence and identity. I have specialised in assistive technology, as it offers further opportunities to enhance a person's ability to successfully participate in self-care, productive and leisure occupations.

With a friendly and approachable nature, I can establish therapeutic relationships with clients which enable effective assessments and interventions, with client led goals which lead to positive outcomes. I am a passionate advocate for client centered practice, engaging with and involving people in all aspects of the therapeutic process.

My previous work experiences have included supporting people with complex physical and cognitive disabilities across the lifespan including adults with acquired brain injuries, sight loss, learning disabilities and autism; utilising standardised or bespoke assessments and interventions, with occupation as the therapeutic framework, to increase independence and support people to achieve their goals. I am an active member of the RCOT Specialist Sections ensuring my knowledge and practice is based on current evidence and guidelines.

In my spare time I enjoy exploring the local area with my two dogs on foot, by bike or kayak. I love to travel and seek opportunities to experience and learn from different cultures.

EDUCATION & QUALIFICATIONS

University of Salford **2020**

MSc Advanced Occupational Therapy (Distinction)

University of Salford **2016**


BSc (Hons) Occupational Therapy (1st)

Manchester Metropolitan University **2010**

BA (Hons) Early Childhood Studies (1st)



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PROFESSIONAL MEMBERSHIPS

Health and Care Professions Council

OT73098

RCOT Specialist Section

Neurological Practice

RCOT Specialist Section

Independent Practice

EMPLOYMENT

Heads Up Therapies

Associate Occupational Therapist

April '21- Present

Providing specialist assessment and intervention for adults with acquired brain injury to enable increased independence and participation in meaningful occupation which improves quality of life.

FitzRoy

Active Support and Assistive Technology Lead

Jan '19 - Oct '21

Promoting the integration of active support and assistive technology into service provision for adults with learning disabilities, autism and acquired brain injury across supported living, registered care and day services.

NHS Professionals

Clinical Contact Tracer

May '20 – Dec '20

Carrying out contact tracing for individuals who had tested positive for COVID-19, delivering self-isolation advice and ensuring the fast identification of any potential close contacts.

Aintree University Hospital

Locum Occupational Therapist

Oct '18 – Nov '18

Working as part of the multidisciplinary team to assess and prepare for the discharge of medically fit patients, including provision of equipment to enable safe mobility and completion of ADLs. Carrying out contact tracing for individuals who had tested positive for COVID-19, delivering self-isolation advice and ensuring the fast identification of any potential close contacts.



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Henshaws Society for the Blind

Specialist OT in Low Vision Assistive Technology

Nov '16 – Nov '18

Delivering holistic assessments and bespoke training in low vision assistive technology to individuals with a visual impairment, this role involved the development of an innovative service, creating assessment tools, systems, resources and outcome measures.

Stockport Wheelchair Service

Band 5 Occupational Therapist

Jul '16 – Nov '16

Working alongside a multidisciplinary team to assess for and prescribe standard and specialist seating, considering both the needs of the client, their environment and their occupational goals.

Royal Manchester Children's Hospital

Therapy Support Worker

June '15 – July '16

Working alongside the Orthopaedic, Rheumatology and Burns teams providing administrative and therapeutic support and the delivery of outpatient clinics.

Direct Payments

Personal Carer

March '14 – Dec '16

In home care and support to a young boy with complex health needs including promoting play, independence, and communication.

Trafford Sensory Impairment Support Service

Special Support Assistant

Jan '12 – Sep '13

Supporting children and young people with severe visual impairments, providing 1:1 or in-class assistance in schools, grading and adapting lessons and resources to their needs and delivering bespoke skills training.

Stockport CP Society

Support Worker

July '09 - July '16

Enabling children and young people with a range of disabilities to access leisure activities, I managed play sessions, holiday clubs, youth groups and outdoor activity groups, promoting social inclusion.



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PLACEMENT EXPERIENCE

Wythenshawe Hospital

Acute Discharge Planning

April - July '16

Greater Manchester Fire & Rescue

Community Support Team

Nov - Dec '15

Royal Manchester Children's Hospital

Children & Adolescent Mental Health

May - June '15

Salford NHS Foundation Trust

Community Rehabilitation & Falls

Nov - Dec '14

Stockport NHS Foundation Trust

Wheelchair Services

June '14

Pennine Acute Hospitals Trust

Community Mental Health Services

Nov '13

VOLUNTARY ROLES

Secretary for RCOT NW Committee

Oct '20 – Oct '21

Supporting and promoting activity in the region including roadshows and networking events.

Committee Member for RCOT Specialist Section for People with Learning Disabilities Clinical Forum for Profound and Multiple Learning Disabilities

Jan '21 – Oct '21

Participating in the development of clinical guidelines for occupational therapists working with this client group.

Vietnam

June '16

Two weeks at a centre for children with autism and other learning disabilities in Vietnam sharing best practice ideas.

Henshaws Society for the Blind

Oct '14 – Aug '15



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Co-ordinating a weekly afternoon social group for older adults with visual impairments, supervising a team of other volunteers to deliver adapted activities.

Brazil

Sep '15


Two weeks observing and sharing occupational therapy practice in both physical and mental health services.

FURTHER TRAINING

- Assistive Technology Assessment and Implementation
- Alternative and Augmentative Communication Assessment and Implementation
- Active Support
- British Sign Language (Level One)
- Talking Mats



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