

Rehab Coach

PERSONAL PROFILE

I am a motivated and compassionate Support Worker with over four years of experience providing care, particularly in acquired brain injury (ABI) support. I am skilled at building positive relationships, promoting independence, and creating a supportive environment. I am recognised for a caring nature, sense of humour, and ability to connect with individuals from diverse backgrounds. Fully trained in ABI support and experienced working with a wide range of clients. I am able to motivate clients and resolve and de-escalate conflict by adapting to a client's needs.

EDUCATION & QUALIFICATIONS

Harrytown Catholic High Schol 2014-2019

GCSE's in maths & English

Rochdale EDS & Hyde United 2019-2021

Sports & Coaching Development

Level 2 Fitness Instructor

Level 2 Football Coaching Badge

EMPLOYMENT

Heads Up Therapies June 2025-present

Rehab Coach

Duties include supporting clients to attend activities, accessing the community, attending appointments and activities of daily living. I am also responsible for keeping accurate records of sessions and communicating with the MDT.

CB NeuroFitness

I am currently pursuing a personal trainer qualification specifically for ABI clients. I support many gym and fitness groups within CB Neuro fitness and recognise the importance of physical and mental wellbeing in the rehabilitation of clients.



cameron@headsuptherapies.co.uk



Heads Up Therapies

Curriculum Vitae – Cameron Gresty

ABI Case Management

2022-present

Support Worker

Duties include supporting clients to attend activities, accessing the community, attending appointments and activities of daily living. I am also responsible for keeping accurate records of sessions and communicating with the MDT.

Rehab Without Walls

2021-2023

Support Worker

Duties include supporting clients to attend activities, accessing the community, attending appointments and activities of daily living. I am also responsible for keeping accurate records of sessions and communicating with the MDT.

FURTHER TRAINING/CPD

- Health & Safety
- Full Enhanced DBS

