



Occupational Therapist

PERSONAL PROFILE

I am a reliable, caring, self-motivated and enthusiastic individual. I am an advanced communicator with creative problem-solving skills, leadership qualities and the ability to work effectively in a team or independently. I am passionate about Occupational Therapy, promoting the profession and utilizing the knowledge and skills gained throughout my studies and career to enable people to live an independent and meaningful life.

Throughout my experience, I have consistently demonstrated a strong ability to communicate effectively and collaboratively within multidisciplinary teams (MDTs), leveraging advanced communication techniques to successfully build rapport and significantly increase service user engagement. My problem-solving skills have been put to the test as I displayed initiative in creatively adapting Occupational Therapy interventions to suit diverse organizational settings and varied service user groups, ensuring appropriate and effective care planning. Furthermore, I have a proven track record of teamwork, having worked closely with physiotherapists, social workers, case managers, doctors, and nurses on shared goals, and I proactively sought to understand the unique contribution of each role within the MDT. This professional experience is underpinned by exceptional time and self-management skills, developed through balancing part-time study, work, and placement experience, allowing me to consistently complete tasks to the highest standard and within specified deadlines.

I am technically proficient with MS Word, Excel, PowerPoint, Email, Internet, and MS Teams, and hold a full UK Driving License. On a personal level, my interests include triathlon training and competing, playing the guitar, watching football/sports and hiking in the Lake District.

Finally, a variety of roles held between 2004 and 2019, including positions as a Senior Therapy Assistant, Cover Supervisor, and various service and manual roles, have established a strong work ethic and cultivated essential transferable skills that complement my professional capabilities, particularly in communication, time management, and prioritization.

EDUCATION & QUALIFICATIONS

University of Salford

2015-2019

BSc (Hons) Occupational Therapy

University of Central Lancashire

2007-2010

BSc (Hons) Sports Science

Winstanley College

2004-2006

A Levels: PE, ICT and English Language



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Hindley High School

2004-2006

9 GCSE's grade A-C (inc. Maths, English and Science)

PROFESSIONAL MEMBERSHIPS

Annual Practicing Certificate (Occupational Therapy Board of New Zealand)

Registration Number: 50-08734

Currently in the process of reapplying for my UK HCPC registration.

EMPLOYMENT

Proactive4health (New Zealand)

Occupational Therapist

October 2024-May 2026

- Conduct assessments under contracts held with ACC, private insurers or corporate clients.
- Assess and plan individualised programs, interventions and deliver education for private or ACC based clients.
- Produce clear, accurate and timely medical/legal reports for legal and insurance purposes.
- Liaise with Case Management from ACC and other private insurers to develop client focused solutions.
- Liaise with employers to engage, educate and develop client focused solutions to help clients achieve goals.
- Liaise with local GPs and local communities to engage, educate and develop client focused solutions to help clients achieve goals.
- Recognise how culture may impact on recovery in return to work and return to independence services.
- Maintain professional standards for continued practice and registration.

Sue Ryder Neurological Care Centre

Senior Neuro Rehab Occupational Therapist

June 2023-September 2024

- Completing comprehensive initial assessments, outcome measures (e.g. FIM/FAMs), goal setting and referring/signposting onto external services (e.g. MS Society, Driving Assessment and Wheelchair Services).
- Taking responsibility for a large caseload of patients and delivering a wide range of specialist treatments/interventions and assessments (e.g. personal care assessments, cognitive assessments, cognitive rehab and upper limb/grasp rehab programs).



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Heads Up Therapies

Curriculum Vitae – Simon Blakemore

- Providing an active role in (local) MDT meetings to discuss patients progress, evaluate goals, delegate tasks (e.g. to Rehab Assistants) and planning to cover staff absences to make sure patients are getting the rehab they need to progress.
- Providing an active role in (complex) MDT meetings (e.g. with Social Workers) to plan for a patient returning home after a stay at the rehab unit, and being responsible for completing the home environmental assessment and equipment provision.
- Providing support and mentorship for Rehab Assistants going through the OT Apprenticeship Program.
- Providing support and leadership for students coming to work on University Placements.

Community Neuro Rehab Team

Band 6 Specialist Occupational Therapist

August 2022-May 2023

(Working in the community with complex stroke and brain injury service users to help increase their independence, safety and community engagement).

Lancashire Teaching Hospital

B6 Specialist Neuro Rehab Occupational Therapist

Feb 2022 - May 2022

(3 month secondment)

(Working on the Specialist Neuro Rehab Unit at Royal Preston Hospital with complex brain and neurological injuries).

Lancashire Teaching Hospital

B5 Rotational Occupational Therapist


August 2019 - February 2022

(Rotations included: Stroke Rehab, Avondale Rehab Unit, Neurology, Medicals, Orthotics and Oncology).

FURTHER TRAINING/CPD

- | | | |
|---------------------------------|---------------------|------|
| • CPR/First Aid | Proactive Rehab Ltd | 2025 |
| • Understanding Sexual Violence | Tautoko Mai | 2025 |
| • Te Rito o Te Harakeke | OTBNZ | 2025 |
| • VOC Rehab Provider Roadshow | ACC | 2025 |

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Curriculum Vitae – Simon Blakemore

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|---|-----------------------------------------------|--------------------------|------|
| • | īAko Māori Cultural E-Learning | īAko Māori Ako Ahurea | 2025 |
| • | Consumer Rights | HDC | 2025 |
| • | Intro to MRES & the Clinical Advisory Service | Enable NZ Ltd | 2025 |
| • | Gensolve Induction – Clinicians | Proactive/E-Learning | 2024 |
| • | Orientation to ACC | Proactive/E-Learning | 2024 |
| • | Basic Life Support (Adult and Paeds) | Lancs South Cumbria | 2024 |
| • | Therapeutic Moving & Handling (Level 3) | Lancs Teaching Hospitals | 2024 |
| • | Clinical Educators Training | UCLAN | 2021 |
| • | Introductory Bo Bath | Lancs Teaching Hospitals | 2021 |



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