



Primary PE

Yearly Overview

	<u>Autumn 1</u>	<u>Autumn 2</u>	<u>Spring 1</u>	<u>Spring 2</u>	<u>Summer 1</u>	<u>Summer 2</u>
EY	Movement development/ Tennis ball Fall and stand correctly *Change direction safely *control large and fine motor movements	Ball skills *develop ball skills *understand the function of a team * understand how to perform a relay *aim at a target *change direction *Problem-solving skills	Dance Gymnastics sticks Develop balance, overall body strength, coordination *follow a different dance choreography in rhythm *combine different movements with easy of fluency	Throwing and catching *develop ball skills *understand the function of a team * understand how to perform a relay *aim at a target *change direction *Problem-solving skills	Working with others Ball *develop ball skills *understand the function of a team * understand how to perform a relay *aim at a target *change direction *Problem-solving skills	Fun and games *Teamwork *understand the function of a team
Year 1	Swimming *Breathing *Confidents *control coordination movements	Ball skills *develop ball skills *understand the function of a team * understand how to perform a relay *aim at a target	Football Students will know and demonstrate the appropriate	PARACHUTE Teamwork	Dodgeball 1. Students will understand the basic rules of the game.	Athletics Fun and games 1. Students will understand the basic rules of the game.



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	*perform safe self-rescue in different water-based situations	*change direction *Problem-solving skills	technique for dribbling, passing and receiving and shooting and goalie skills. 2. Students will be able to use those skills in modified games. 3. Students will develop appropriate sportsmanship, cooperation and respect for other participants.		2. Students will develop a basic understanding of the team play. 3. Students will develop the appropriate sportsmanship, cooperation and respect for other participants	2. Students will develop a basic understanding of the team play. 3. Students will develop the appropriate sportsmanship, cooperation and respect for other participants
Year 2	Swimming *Breathing *Confidents *control coordination movements *perform safe self-rescue in different	Ball skills *develop ball skills *understand the function of a team * understand how to perform a relay *aim at a target *change direction	Football Students will know and demonstrate the appropriate technique for dribbling, passing and receiving and shooting and	PARACHUTE Teamwork	Dodgeball 1. Students will understand the basic rules of the game. 2. Students will develop a	Athletics Fun and games 1. Students will understand the basic rules of the game. 2. Students will develop a



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	water-based situations	*Problem-solving skills	goalie skills. 2. Students will be able to use those skills in modified games. 3. Students will develop appropriate sportsmanship, cooperation and respect for other participants.		basic understanding of the team play. 3. Students will develop the appropriate sportsmanship, cooperation and respect for other participants	basic understanding of the team play. 3. Students will develop the appropriate sportsmanship, cooperation and respect for other participants
Year 3	Swimming *Breathing *Confidents *control coordination movements *perform safe self-rescue in different water-based situations	Handball *play competitive games, modified where appropriate, and apply basic principles suitable for attacking and defending *develop flexibility, strength, technique, control and balance *compare their performances with	Football Students will know and demonstrate the appropriate technique for dribbling, passing and receiving and shooting and goalie skills. 2. Students will be able to use	Badminton 1. Students will understand the basic rules 2. Students will demonstrate the appropriate techniques for smash, drop, clear, and serve. 3. Students will develop a basic	Dodgeball 1. Students will understand the basic rules of the game. 2. Students will develop a basic understanding of the team play.	Athletics Fun and games 1. Students will understand the basic rules of the game. 2. Students will develop a basic understanding of the team play.

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		previous ones and demonstrate improvement to achieve their personal best.	those skills in modified games. 3. Students will develop appropriate sportsmanship, cooperation and respect for other participants.	understanding of basic single strategies. 4. Students will develop the appropriate sportsmanship, cooperation and respect for other participants	3. Students will develop the appropriate sportsmanship, cooperation and respect for other participants	3. Students will develop the appropriate sportsmanship, cooperation and respect for other participants
Year 4	<p>Swimming</p> <ul style="list-style-type: none"> * swim competently, confidently and proficiently over a distance of at least 25 metres * use a range of strokes effectively *perform safe self-rescue in different water-based situations 	<p>Handball</p> <ul style="list-style-type: none"> *play competitive games, modified where appropriate, and apply basic principles suitable for attacking and defending *develop flexibility, strength, technique, control and balance *compare their performances with previous ones and demonstrate 	<p>Football</p> <p>Students will know and demonstrate the appropriate technique for dribbling, passing and receiving and shooting and goalie skills.</p> <p>2. Students will be able to use those skills in modified games.</p>	<p>Badminton</p> <ol style="list-style-type: none"> 1. Students will understand the basic rules 2. Students will demonstrate the appropriate techniques for smash, drop, clear, and serve. 3. Students will develop a basic understanding of basic single 	<p>Dodgeball</p> <ol style="list-style-type: none"> 1. Students will understand the basic rules of the game. 2. Students will develop a basic understanding of the team play. 3. Students will develop the appropriate 	<p>Athletics</p> <p>Fun and games</p> <ol style="list-style-type: none"> 1. Students will understand the basic rules of the game. 2. Students will develop a basic understanding of the team play. 3. Students will develop the



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		improvement to achieve their personal best.	3. Students will develop appropriate sportsmanship, cooperation and respect for other participants.	strategies. 4. Students will develop the appropriate sportsmanship, cooperation and respect for other participants	sportsmanship, cooperation and respect for other participants	appropriate sportsmanship, cooperation and respect for other participants
Year 5	<p>Swimming</p> <ul style="list-style-type: none"> * swim competently, confidently and proficiently over a distance of at least 25 metres * use a range of strokes effectively *perform safe self-rescue in different water-based situations 	<p>Handball</p> <ul style="list-style-type: none"> *play competitive games, modified where appropriate, and apply basic principles suitable for attacking and defending *develop flexibility, strength, technique, control and balance *compare their performances with previous ones and demonstrate improvement to 	<p>Football</p> <p>Students will know and demonstrate the appropriate technique for dribbling, passing and receiving and shooting and goalie skills.</p> <ol style="list-style-type: none"> 2. Students will be able to use those skills in modified games. 3. Students will develop 	<p>Badminton</p> <ol style="list-style-type: none"> 1. Students will understand the basic rules and history of the game. 2. Students will demonstrate the appropriate techniques for smash, drop, clear, and serve. 3. Students will develop a basic understanding of basic single 	<p>Dodgeball</p> <ol style="list-style-type: none"> 1. Students will understand the basic rules of the game. 2. Students will develop a basic understanding of the team play. 3. Students will develop the appropriate sportsmanship, 	<p>Athletics</p> <p>Fun and games</p> <ol style="list-style-type: none"> 1. Students will understand the basic rules of the game. 2. Students will develop a basic understanding of the team play. 3. Students will develop the appropriate sportsmanship,

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		achieve their personal best.	appropriate sportsmanship, cooperation and respect for other participants.	and double team strategies. 4. Students will develop the appropriate sportsmanship, cooperation and respect for other participants	cooperation and respect for other participants	cooperation and respect for other participants
Year 6	<p>Swimming</p> <ul style="list-style-type: none"> * swim competently, confidently and proficiently over a distance of at least 25 metres * use a range of strokes effectively *perform safe self-rescue in different water-based situations 	<p>Handball</p> <ul style="list-style-type: none"> *play competitive games, modified where appropriate, and apply basic principles suitable for attacking and defending *develop flexibility, strength, technique, control and balance *compare their performances with previous ones and demonstrate improvement to 	<p>Football</p> <p>Students will know and demonstrate the appropriate technique for dribbling, passing and receiving and shooting and goalie skills.</p> <ol style="list-style-type: none"> 2. Students will be able to use those skills in modified games. 3. Students will develop 	<p>Badminton</p> <ol style="list-style-type: none"> 1. Students will understand the basic rules and history of the game. 2. Students will demonstrate the appropriate techniques for smash, drop, clear, and serve. 3. Students will develop a basic 	<p>Dodgeball</p> <ol style="list-style-type: none"> 1. Students will understand the basic rules of the game. 2. Students will develop a basic understanding of the team play. 3. Students will develop the appropriate sportsmanship, 	<p>Athletics</p> <p>Fun and games</p> <ol style="list-style-type: none"> 1. Students will understand the basic rules of the game. 2. Students will develop a basic understanding of the team play. 3. Students will develop the appropriate

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		achieve their personal best.	appropriate sportsmanship, cooperation and respect for other participants.	understanding of basic single and double team strategies. 4. Students will develop the appropriate sportsmanship, cooperation and respect for other participants	cooperation and respect for other participants	sportsmanship, cooperation and respect for other participants
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