

City

BREAKFAST CLUB MK

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Agenda

7.30am Networking

7:55am Welcome to MK City Breakfast Club, Liz Newell

8.00am Breakfast is served

8.25am Guest Speaker: Ranjit Singh, MK Community Foundation

8.50am Guest Speaker: Jo Faulkner-Harvey, Retina UK

9.00am Event Close



Good Morning, MK City Breakfast Club

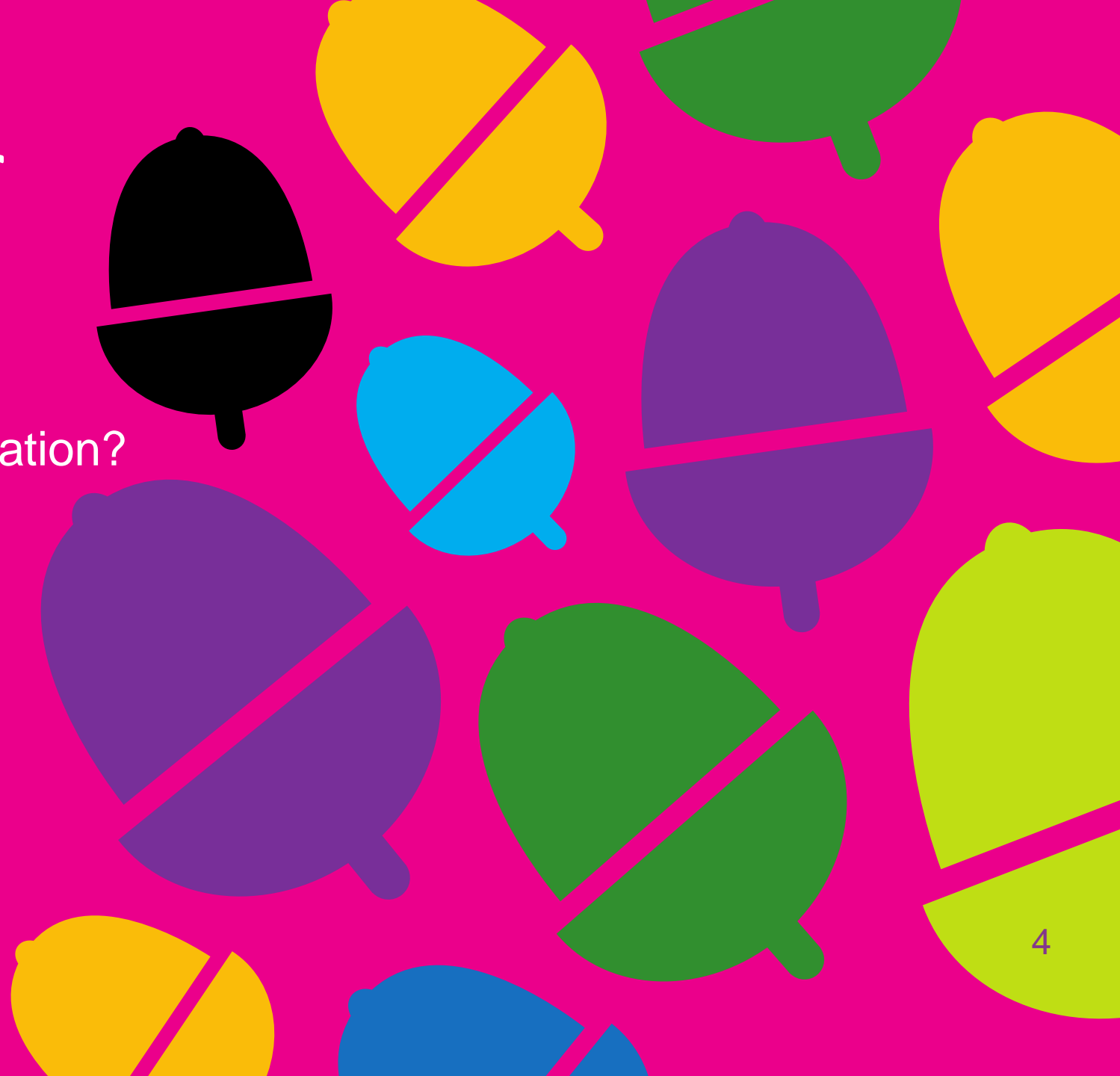


Sending Funding Where it's Needed Most in Milton Keynes

www.mkcommunityfoundation.co.uk

What we'll cover today:

- Who is MK Community Foundation?
- The City's Key Issues
- What's Causing This?
- What Can Be Done?



The City's Key Issues



'30% of Children Living in Poverty' *

- *“Unable to afford the minimum needs [...] i.e. Shelter, Warmth, Food, Clothing and Social Activities.” **
- Ethnically Diverse Communities Disproportionately Affected.
- Mental & Physical Health, Single Parents and Low Paid Incomes are Major Factors.
- Schools requiring food support has doubled since 2022. (Dreamsai)

* England's average is **30.8%**

* [\(UK Poverty 2024 , Joseph Rowntree Foundation\)](#)

'26% of Secondary School Pupils in MK Missed 10% of School Sessions'

- Pandemic has scarred the emotional and academic development of young people across MK.
- % of pupils missing school is **double** pre-pandemic levels.
 - Pupils living in the most deprived areas of MK and those with disabilities missed the most days.
- Anxiety was the biggest driver of missed school days.

'20% of Adults Using Mental Health Services are in Paid Employment' *

** England's average is 6%*

- Mental health and wellbeing have worsened over the last year, exacerbated by cost-of-living crisis.
- Flexible working can aid mental health.
- Job autonomy relates to lower rates of anxiety and depression.
- Healthwatch MK report residents feel mental health treatment is done to them and not with them.

What's Causing this?



What's Causing this?

- Pandemic, Cost-of-Living Crisis, Quality of Jobs.
- Pandemic caused severe mental health issues in young people, coupled with the loss of vital school time.
- Causes of in-work mental health issues

What Can Be Done?



Public expect Businesses to do the right thing

- Edelman Trust Barometer suggests **50%** of the UK public expect business to do societal good.
- Public expects genuine support for causes they care about in their local community.

Giving Experts to Direct Funding Where it is Needed Most

- MK Community Foundation are the giving experts of our city.
- We understand the needs of the city through our research.
- We have an in-depth knowledge of the sector.
- 1500 charities in MK.
- 37% have turnover less than £10,000 per annum.

Many Ways to Support the Causes you Care About

- Business Membership
- Flow through funds
- Endowment Funds
- Skills Sharing Programme



Giving is Good for Your Business and the Community



Giving For Growth | Thursday, 16th May

Join us to find out how your business can make the most of its charitable giving and have the biggest impact across Milton Keynes.



Scan Here



Book a complimentary one-hour consultation with us to explore how your company can give with purpose.



ranjit.singh@mkcommunityfoundation.co.uk



Ranjit Singh
Philanthropy Director

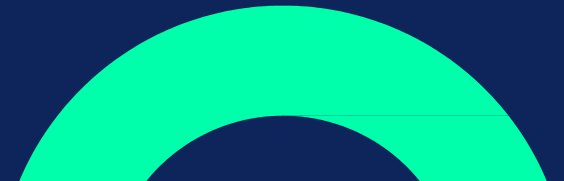


www.retinauk.org.uk

#SmallbutMighty



May 2024





£1M

CIO

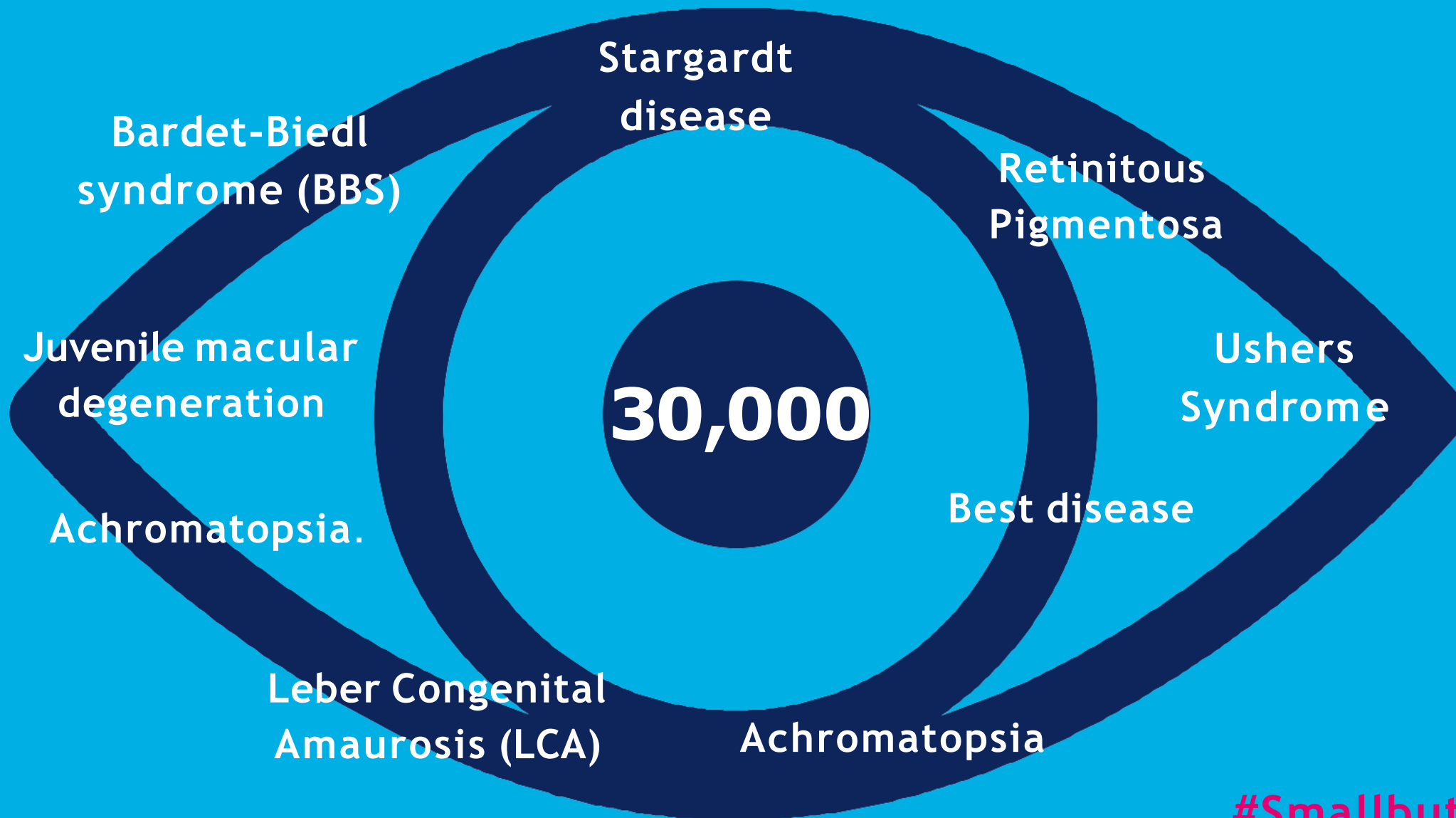
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Inherited retinal dystrophies (IRDs)



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What we do



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The difference we make



£1,562,632



£624,853

Invested in medical research



£615,141

Invested in Information & Support



1090

Helpline calls and emails
responded to



6,148

Online support group
members



50,752

Copies of Look Forward
shared

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WIN **£25,000** AND HELP PEOPLE LIVING WITH INHERITED SIGHT LOSS

PLAY FROM
JUST £1 PER
WEEK

50P IN EVERY
£1 GOES TO
OUR CAUSE



#SmallbutMighty



Norma, **Morale Officer**

Norma's human is Angie. Angie is currently working for Retina UK via an internship in partnership with the support of TPT to help get people back into employment.

"I was diagnosed with RP approximately 25 years ago, just after my beautiful daughter, Kirsten was born. I started struggling in the dark, after having a few falls I realised there was a problem. I went to the opticians and they referred me to the eye hospital. After long tests, I was diagnosed with RP. The actual diagnosis wasn't particularly good. It was just "you've got RP". I asked all the questions like everybody does. Am I going to go blind? When is it going to happen? How is it going to happen? And they couldn't tell me. It was just in and out within 5 minutes and I was just left to my own devices. "

#SmallbutMighty



HM Government

Access to Work

could provide financial support to help you stay in work if you have a health condition or disability.



**1 in 5 people
will live with
sight loss in
their lifetime**

**75% of people of
working age with
sight loss are not
in work**

Get Set
Progress
internship programme

**WHY SHOULD YOUR
ORGANISATION
HIRE A VISUALLY
IMPAIRED INTERN?**

internships@pocklington-trust.org.uk

“We are more positive about what’s ahead. We feel less isolated and alone.”



“Over time, with support from the Helpline, I have found that there are many ways to live life to the full with a diagnosis of inherited sight loss.”

“I don’t feel so alone having met, face to face other people who actually understand my condition”



THANK YOU

www.retinauk.org.uk