# MANAGING RISK IN TRAIL CONSTRUCTION ACTIVITIES

AMERICAN TRAILS WEBINAR - JANUARY 2024

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### KEVIN JOELL

- 29 years of trail building as both a volunteer and professional contractor
- 24 years in the fire service (Volunteer, Firefighter, Training Officer, Fire Inspector, Operator, Captain)
- 5 years in industry as a Machinist



### DISCLAIMER

- I'm not a lawyer and have no intention of providing legal advice
- I'm not an insurance agent and cannot explain accurately what will or won't be covered by a policy

• Good judgement comes from experience, experience comes from bad judgement. Learn from mistakes and don't repeat them.

### OBJECTIVES

We're going to talk about:

- Things that can hurt you
- Things that can kill you
- Things that can cost you money

# IMPACTS (PHYSICAL OR MONETARY INJURY)

- You
- Your crew
- Company/Organization/Agency
- Trail users
- Adjacent residents

## COMPONENTS FOR A LAWSUIT

- Standard or Duty
- Breach
- Injury
- Damages

• Anyone can sue anyone, for anything, at any time. Will it stand up in court?

### SUBJECTS

- Trail Work safety protocols
- Tailgate Safety Talk
- PPE Recommendations
- Respiratory Protection
- First Aid
- Tool Safety
- Hazard Trees

- Fire Safety
- Notification Signage
- Reducing risk to users
- Theft/Vandalism/Site Security
- Operating Vehicles
- Operating Equipment
- Environmental Protection

### TRAIL WORK SAFETY PROTOCOLS

### • Agency Specific

 My recommendation is to utilize the USFS Job Hazard Analysis if you don't have any others to reference

					FS-6700-7 (2/98)
U.S. Department of Agriculture Forest Service		1. WORK PROJECT/ACTIVITY		2. LOCATION	3. UNIT
		Trail Work		Forest Wide	0519 LTBMU
JOB HAZARD ANALYSIS (JHA) References-FSH 6709.11 and -12 (Instructions on Reverse)		4. NAME OF ANALYST		5. JOB TITLE	6. DATE PREPARED
		Paul Potts		Road manager	05/01/2013
7. TASKS/PROCEDURES	8. HA	ZARDS	Engineeri	9. ABATEMENT ACTIONS ng Controls * Substitution * Administrat	ive Controls * PPF
NOTE			Please remember what we discussed in the Safety Journey There is NO work worth		
				on't be driven by the pressure to de afe…SPEAK UP, and analyze the	
DRIVING TO THE JOBSITE			Review Driving JHA for complete hazard and abatement actions.		
WALKING IN THE FIELD	Falling down, twisted ankles and knees, poor footing		Always watch your footing. Slow down and use extra caution around logs, rocks, and animal holes. Extremely steep slopes (>50%) can be hazardous under wet or dry conditions; consider an alternate route. Wear sturdy laced boots with non-skid Vibram-type soles for ankle support and traction Field going personnel must wear appropriate PPE when working or traveling in the field (boots, heavy duty pants, hardhat, gloves, eye protection).		
	Falling objects		Wear an approved hardhat for protection from falling limbs and pinecones, and from tools and equipment carried by other crewmembers. Stay out of the woods during extremely high winds. ANSI Standard approved eye protection should be worn as par of normal field PPE. Complete R-5 Hazard Tree Awareness training.		
	Damage to eyes		Eye protection should be worn as part of field work PPE. Watch where you walk, especially around trees and brush with limbs sticking out. Exercise caution when clearing limbs and brush. Ultraviolet light from the sun can be damaging to the eyes; wear eye protection that offers significant protection from UV-A and UV-B radiation.		
	Bee and wasp stings		Be aware of likely places to find bees (downed logs, stumps, holes in the ground), kee watch for bees coming and going form a likely nest site. If stung, watch for respiratory problems. Notify dispatcher and get person to a doctor immediately if there is trouble breathing. Gently scrape stinger off if one is present. Apply analgesic swab and a col pack if possible, and watch for infection. Flag the location of any known nests and inform other crewmembers. Advise packing an inhaler and Benadryl or Epi-pen if you are prone to severe allergic reaction.		
PUBLIC CONTACT	Angry or violent individuals Random acts of violence			he woods and to your vehicle, looł °ark your vehicle where you can ta	
			speak with the person. the area and contact y make up an excuse to	s you and looks angry or threateni If you are uncomfortable for any our supervisor, Camino and/or La leave, i.e., you need to respond to situation, you can use your radio	reason with the situation, <u>lear</u> w Enforcement. (if you need a reported fire). If you are

Safe Briefing (should take about 10 min, skip items not applicable)

Consider warm-up stretching before, during, or after safety <u>briefing</u> Remind everyone to sign in, please notify your crew leader if you leave <u>early</u>

#### Environmental

-Weather - Wind / Heat / Cold / Snow / Rain -Sun - Sunscreen/ Heat stroke -Hydration and snacks - stay hydrated and fueled up, offer where it is available

#### Special Hazards

-Fire Danger / Project Activity Levels / Terrain traps / Escape Routes -Hazard Trees / <u>Pine-Cones</u> -Rolling objects on Steep slopes -Other Trail Users / Disgrantled Public -Things that Bite or Sting-Ticks, Mosquitos, Spiders, Bees/Wasps(allergies?), Snakes, Scorpions -Animula-Bears/Cougars/Coyotes/Dogs -Shooting (only mention if applicable)

#### PPE

-Helmets -Gloves -Eye Protection / Ear Protection (only mention if applicable) -Long Sleeves/Pants -Footwear -Share medical or physical limitations privately with your crew leader

#### Situational Awareness

-Communicate with crew -Fingers and Toes -Working around equipment (only mention if applicable)

#### Tool Safety

-Carry pointy end away on the downhill side -K sep your dinue (10') carrying or using -Storing tools at the jobsite: perpendicular to the trail, head uphill -Sharp edges, wear gloves at all times when handling -Right tool for the right job, if it's not a rock bar or pick, don't pry with it -Avoid overhead swinging, or callout first -Eye Injury from shrapnel -Switch tools often -Protect your back

#### Emergency Situation

-Notify Crew Leader of injury immediately -identify Medical Training among crew and location of first aid kit -Cell Phones - Confirm Service -Radio-Identify location and verify channel and who will use -Confirm descriptive location of worksite -Identify who will set up LZ or return to access point to lead in emergency responders

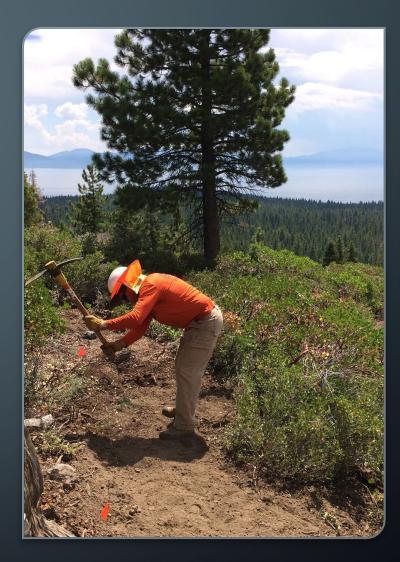
Today's Projects – Brief description of overall project and focus for the <u>day</u> Get a head count to confirm number of <u>volunteers</u>

### TAILGATE SAFETY TALK

- Keep it brief but comprehensive
- It may be the only training that a new volunteer receives before picking up tools and going to work
- Follow a checklist
- For continuing projects, brief returning volunteers/employees on new hazards, weather forecasts, decision points, rally locations.

## PERSONAL PROTECTIVE EQUIPMENT (PPE)

- My recommendation, and requirements on many USFS districts:
- Long sleeves
- Long pants
- Sturdy shoes (no crocs, sandals, flip flops)
- Gloves
- Hard hat or bike helmet
- Eye protection



### ADDITIONAL PPE

- Operating equipment or power tools Ear protection
- Operating chainsaws Chaps
- Rock Work/Armoring Knee pads
- Rock Drilling/Splitting/Grinding N95 respiratory protection
- Wood Preservatives/Sealer/Stain Chemical protective gloves



### RESPIRATORY PROTECTION

Provide for respiratory protection to protect airway from:

- Dust
- Smoke
- Work operations that produce airborne particulates:
  - Rock drilling/cutting/grinding
  - Airborne Silica standards
- Recommend wearing an N95 mask <u>with exhalation valve</u>

### Clear Day - No Mask

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Smoky Day – Wearing Mask

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### FIRST AID

### • Training

- When required, generally the minimum is CPR and a 4 hour First Aid class.
- Supplies
  - FAK
  - Bleeding Control
    - Tourniquet (C.A.T. is my preferred)
    - QuikClot



### TOOL SAFETY

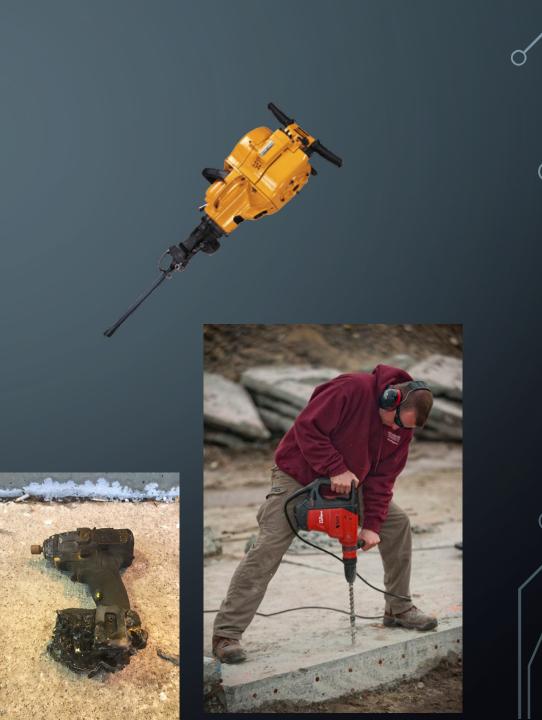
- Use the right tool, in the right way, for the right job
- CUSS
  - Carrying tools
  - Using tools
  - Storing tools
  - Safety with tools
- Inspect for damages and remove from site if necessary





### POWER TOOLS

- Follow directions
- Keep work area clear
- Stable stance/Good grip
- Manage and protect power cord
- Awareness of cordless tool batteries
  - Store out of the sun
  - Keep dry
  - Avoid counterfeits and knock-offs





### HAZARD TREES

- These can present a hazard anywhere you have trees:
- Dead/Dying/Storm Damaged/Insect
  Damage
- 'Tree Strikes and You're Out' training document
- Minimize time under suspect trees
- Maximize distance from suspect trees

Forest Health Protection Pacific Southwest Region



April 2012 (Report # RO-12-01) Hazard Tree Guidelines For Forest Service Facilities and Roads in the Pacific Southwest Region Peter A. Angwin, Daniel R. Cluck, Paul J. Zambino,

Brent W. Oblinger and William C. Woodruff These hazard tree guidelines provide a means to identify and abate hazard from trees that are likely fail and ease injury to either people or property on Forcet Service evetern mark or at Forcet Service evetern These hazard tree guidelines provide a means to identify and abate hazard from trees that are likely fail and cause injury to either people or property on Forest Service system roads or at Forest Sen farilities (i.e. comparison to be transferred trailboard nation summer home tracts administrative either the second second

tail and cause injury to either people or property on Forest Service system roads or at Forest Sen facilities (i.e. campgrounds, boat ramps, trailhead parking, summer home tracts, administrative s kinsks information centers etc \ in California They are intended to provide consistent direction facilities (i.e. campgrounds, boat ramps, trailhead parking, summer home tracts, administrative si kiosks, information centers, etc.) in California. They are intended to provide consistent direction hazard tree identification and abatement and their use is bindly encouraged and fully summaries. kiosks, information centers, etc.) in California. They are intended to provide consistent direction hazard tree identification and abatement and their use is highly encouraged and fully supported for the test Health Dedection (FHD) etcff. It must be recognized from the outset that even under the best of circumstances and with the h standard of care, our ability to predict tree failure is not infallible. Simply out, we are limited in our a It must be recognized from the outset that even under the best of circumstances and with the istandard of care, our ability to predict tree failure is not infallible. <u>Simply put, we are limited in our a</u>

standard of care, our ability to predict tree failure is not infallible. <u>Simply put, we are limited in our a</u> reasonably foresee all tree failures all the time. However, by exercising good professional judgm using a systematic approach such as the one suggested in these muidelines, it is nessible to simply the one suggest and the such as the one suggested in these muidelines. <u>reasonably foresee all free failures all the time</u>. However, by exercising good professional judgm using a systematic approach such as the one suggested in these guidelines, it is possible to sign reduce (but not totally eliminate) the risk of injury to people and damage to property (Figure 1) Disk Probability of Failure Low (Defect) Probability of Damage Probability Figure 1. Distribution of risk in a tree population before (left) and after (right) hazard tree inspe high-priority action (Dunster and Associates Environmental Consultants Ltd.) (Target) of Failure (Defect) Describe the need for hazard tree management and review current policy dir The specific objectives of these guidelines are to: Explain hazard tree evaluation procedures and describe a hazard tree ratin

appropriate for:

#### Tree Strikes You're Out

#### Introduction

Snags are dead or dying trees. Hazard trees can be dead, dying, or green trees that are unstable. Over the years many people who have worked in the wood have been killed or injured in accidents involving hazard trees. On the Plumas, and elsewhere in western forests, snags are becoming an ever-increasing hazard after years of draught, fire exclusion, and bug kill. Because of safety concerns, a committee has been formed to study this problem and develop ways to help employees become more aware of this issue. Results of a forest survey indicate that many people have had accidents or close calls due to snags and other hazard trees.

This pamphlet has been developed, with information from the National Snag Hazard Task Force and others. We hope to increase awareness and educate employees about the dangers of hazard trees and how to work safely in the woods. The information in this pamphlet will help employees to:

> 1. Recognize indicators that will identify hazard trees. 2. Identify what work situations could put employees in danger (Watch-Out Situations) 3. Apply appropriate safety guidelines.

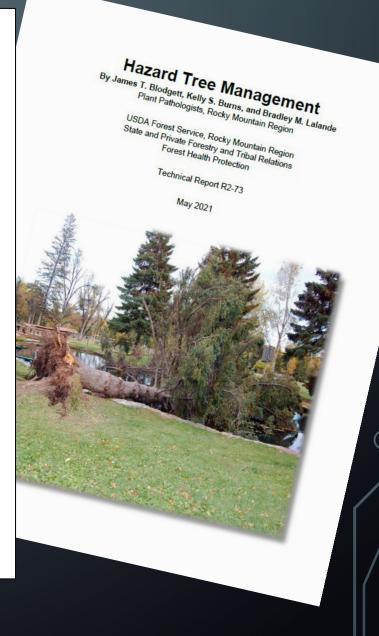
Fact: There are several million snags on the Plumas. Fact: All these snags will come down. Question: Will you be under one when it comes down?

#### Hazard Tree Indicators

- Numerous downed trees.
- Leaning trees.
- Dead or broken tops and/or limbs hanging in the trees.
- · Absences of needles, bark, or limbs.
- · Possible of rot indicated by conks, broken tops, basal scars, cat faces, numerous down limbs, ants, abundance of woodpecker holes.
- Stump holes burning in the area.
- · Smoke or fire burning in the base or tops of either dead or live trees may indicate rot and / or weakening of tree.

#### Watch Out Situations

Snags are falling or have fallen in work area.





base. The group decided that before they worked on the trail again, they would have to take the snag down.

On Thursday, August 25 there were seven different work groups (20 volunteers) assigned to the trail segment. They had a pre-work briefing, discussed work assignments, specific tasks, safety issues/concerns and identified the highest qualified medical person (Wilderness First Responder).

"I heard a crack and saw it falling -I yelled to John but it fell too fast."

The group from the previous day went back to the snag area. Because they are not allowed to cut standing trees and knowing that asking someone from the Forest Service to come cut it would halt their progress, they prepared to pull it down using the same equipment they use to move big rocks. As John was preparing the rigging another crew member was above the snag and heard it crack. He saw the snag begin to fall and yelled at John to warn him but the snag fell too fast. The snag hit John on the left rear side of his hard hat and shoulder. He was 35 feet away from the base of the snag.

Scuff marks on John's hard hat



"The hardhat probably saved his life. We put on our hardhats as soon as we leave the vehicle." Wilderness First Responder



### FIRE SAFETY

Ways you can start a fire on a trail project:

- Metal on rock swinging tools, pedal strike, equipment blade/bucket/tracks
- Fueling operations/Fuel leak/Hydraulic leak
- Equipment overheating/electrical/debris buildup in the belly pan
- Hot Work grinding/cutting/welding/blasting

## HYDRAULIC FLUID LEAK IGNITES

https://www.youtube.com/watch?v=1Kgv8gQYE58

### FIRE SAFETY

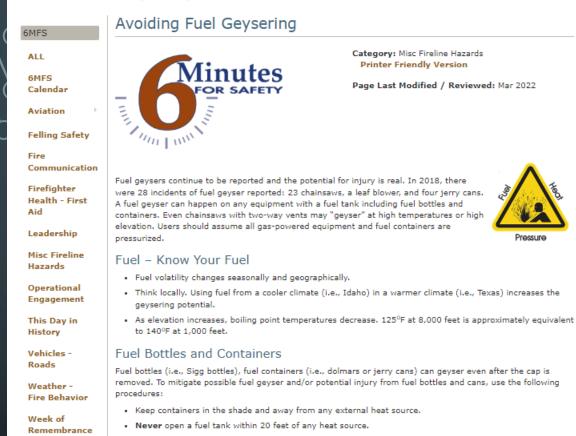
Ways to reduce the risk of starting a fire or stopping an incipient fire:

- Easy access fire extinguisher on or near any powered equipment
- Plan work around fire weather conditions
  - Do higher risk activities in the AM
- Stop work during Red Flag Warning or Industrial Fire Precaution Level Restrictions.
- Pre-wet areas around hot work, welding blankets as screens, choose better methods (Sawzall vs. grinder)
- Fire water on site or easily accessible
  - Backpack Pump/Portable tank + pump





#### Home / Committee / 6mfs / Avoiding Fuel Geysering



- Gently shake the container to release surface tension. Too much agitation will create pressure.
- Open container slowly, pointing opening away and cover the opening with a cloth and glove.

#### Engine Powered Equipment

- · Never use fuel that was stored in a fuel container for longer than one month. Older fuel may lead to poor engine performance and increased operating temperatures. Older fuel may also have higher volatility for the current conditions.
- · Always check the fuel level in the tank before taking any action. Fuel levels above 1/2 tank are more likely to geyser.
- Never open a fuel tank within 20 feet of any heat source.
- Only after the above mitigations are completed; put the equipment in a cleared area, cover the cap with a cloth or glove, and open slowly.

Example of a fuel geyser https://www.youtube.com/wat ch?v=Ja9t4PtJx Q

**STIHL SAFETY Video** https://www.youtube.com/wat ch?v=wjSczH0Yli8&t=458s

6MFS Committee Home Page

### NOTIFICATION SIGNAGE

- Much easier building new trail with minimal users present than doing maintenance along an existing trail
- Notification signage at trailhead/intersections/access points
  - Expected times and dates
  - Option for other routes
- Work area signage
  - Approaching the work site
  - Ensure good sight lines to signs



### TRAIL ACCESS NOTICE

Construction activities related to repair and culvert replacement occurring on the Keystone Canyol Trail with staging of equipment and materials at the East Keystone TH.

Temporary Trail Closures and/or access/parking restrictions may be in place MON - FRI 7 am to 5 pm

Expected dates are March 17-27

### **ADVANCED FLOW**

### **BICYCLES ONLY**

- Experienced Riders Only
- Jumps and Drops present
- Inspect features before riding
- Do not create go-around lines or modify features to suit your riding ability. Improve your riding ability to match the features.
- Use caution in windy conditions
- Downhill travel only
- No walking on berms or jumps
- No Dogs on sculpted dirt trails
- Stay off when wet or muddy

### USER SAFETY

- Introduced hazard vs. naturally occurring hazard
  - Tools left on trail
  - Borrow pit left open
  - Items placed in the fall zone (decorative rocks, sign posts, etc...)
  - Rebar





## SITE SECURITY -BACKCOUNTRY

- Theft and vandalism is fortunately pretty rare on remote projects but not unheard of.
  - Animals causing damage is more likely
- My preferred method of site security is camouflage
  - Make your worksite minimally noticeable
- Trail cameras
- Cables and locks when needed
- Tool caches hidden









## SITE SECURITY – FRONT COUNTRY

### • Deterrents

- Keeps the honest people honest
- Temporary fencing, Cargo containers, Jobox, Cables/Chains/Locks
- Surveillance trailers





### **OPERATING VEHICLES - OHV**

- ATV or UTV safety training courses online or in-person
- Hands-on orientation (OJT)
- Use PPE
- Online Course Example:

https://safetraining.com/course/atv-utvtraining-online-course/



### **OPERATING VEHICLES - STREET**

- Probably the highest risk activity you have as a business/agency/organization
- Ways to reduce that risk:
  - Defensive driver training
  - CDL training
  - Cone course spatial awareness
- Online Defensive Driver Training Example: <u>https://www.nsc.org/safety-training/defensive-</u> <u>driving/courses/online</u>



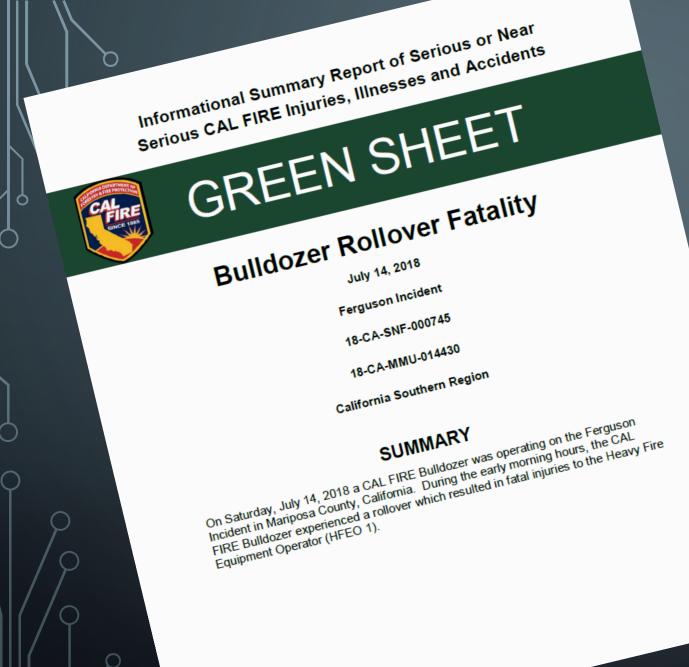
### OPERATING EQUIPMENT

- Keep uninvolved people away
- Be aware of your blind spots
- Training progression
- PPE
- Restraints
- Rollover prevention
  - understand your center of gravity



## OPERATOR GETS LESSON IN SEATBELT USE

https://www.youtube.com/shorts/0yyCmOB7tb8



Ferguson Incident Green Sheet Page 16 of 18



View looking at the fall line and Dozer 1 final resting place



View looking north along the trail at the fall site

California Department of Forestry and Fire Protection Serious Accident Investigation Report

Sau



San Benito-Monterey Unit Bulldozer Rollover Fatality

October 8, 2007

Colorado Incident 07-CA-BEU004103 07-CA-CSR000098

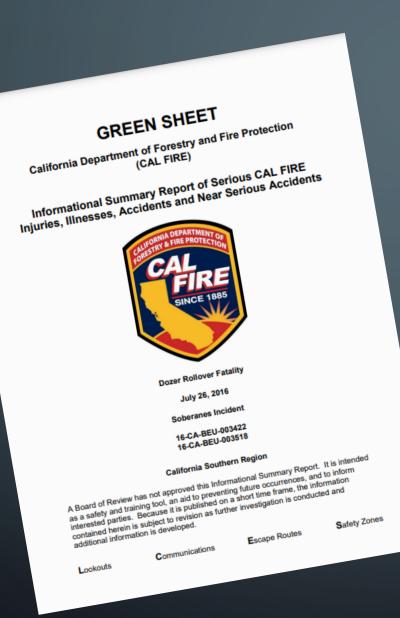
California Southern Region



Simulated movement within cab of CAL FIRE D4641 during rollover (Note single lap belt)



Simulated movement within cab of CAL FIRE D4641 during rollover







Soberanes Incident - Green Sheet Page 9 of 9



## ENVIRONMENTAL PROTECTION

- BMP's
  - Sediment reduction precautions
- Spill kit on site

## THANK YOU!

• Questions?

• Resources folder:



