

Panamá
Por Naturaleza

Panama's Path to Sustainable Adventure Tourism through Outdoor Recreation: 1,000 Km of Trails Project

International Trails Summit

April 18th, 2023

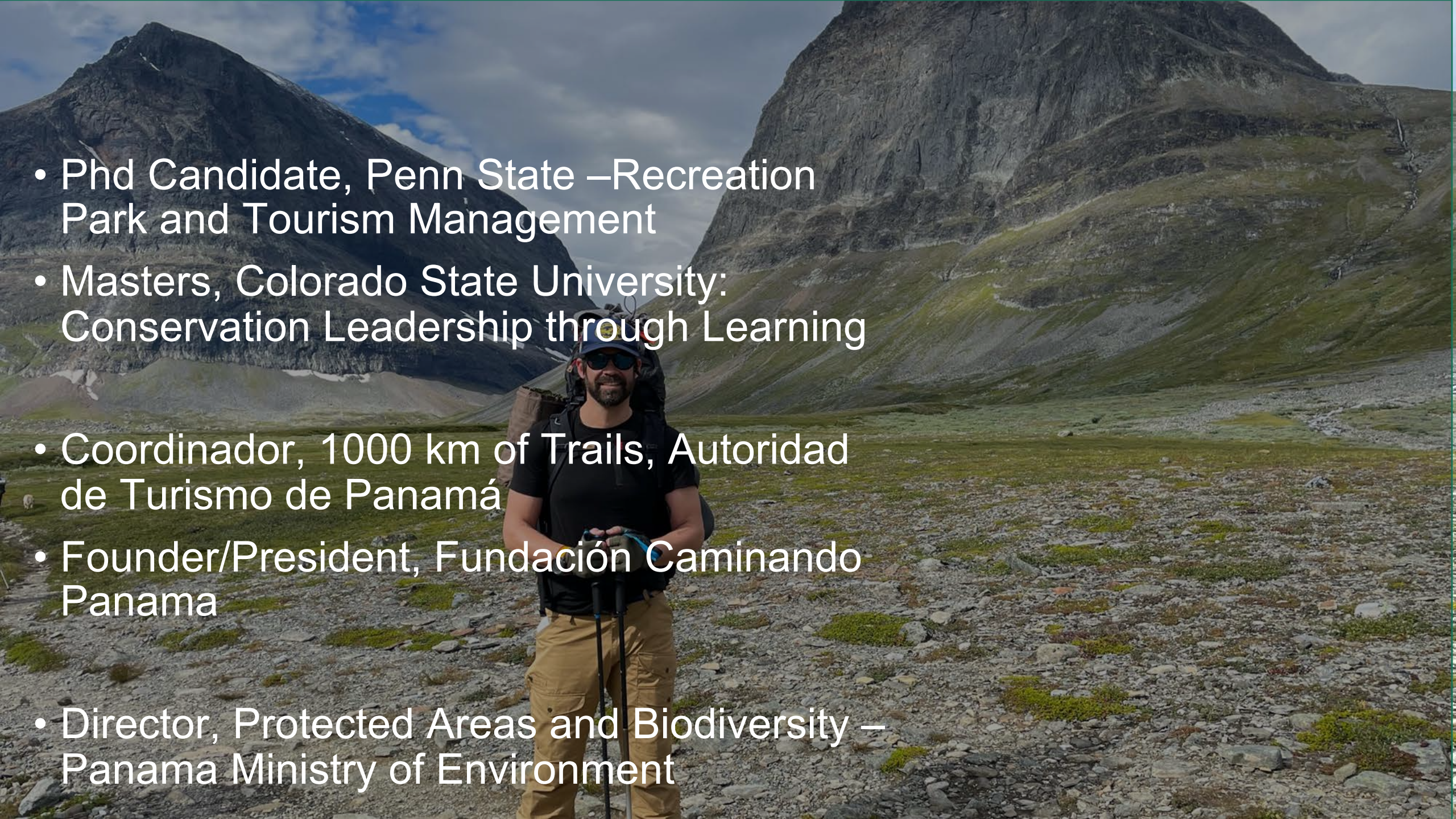
Reno, Nevada



REPÚBLICA DE PANAMÁ
— GOBIERNO NACIONAL —

AUTORIDAD DE
TURISMO DE PANAMÁ

MINISTERIO DE
AMBIENTE

- 
- Phd Candidate, Penn State –Recreation Park and Tourism Management
 - Masters, Colorado State University: Conservation Leadership through Learning
 - Coordinador, 1000 km of Trails, Autoridad de Turismo de Panamá
 - Founder/President, Fundación Caminando Panama
 - Director, Protected Areas and Biodiversity – Panama Ministry of Environment

US: Lantix recreation on Public Lands



How do you invite a country to recreate in their parks?

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30 x 30

TERRITORY PROTECTED

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Por Naturaleza



Mar Caribe

Ciudad de Panamá

Océano Pacífico

David



1732

Inicio | Quiénes Somos | Reservas | Sitios Web



INFORMACIÓN DEL SENDERO

Tip de Sendero: Urbano
Distancia: 1.500 mts.
Altura: 1.100 mts.
Actividad: Sendero turístico, urbano y urbano
Equipamiento: Zapatillas, sombrero de sol, agua
Mapa: Ver mapa
Reserva: Reservar aquí
Descripción: Este sendero urbano y urbano que recorre el valle de Antón y sus alrededores, ofrece una gran variedad de paisajes y actividades para disfrutar de la naturaleza y el patrimonio cultural de la zona.

Reservar

¿DÓNDE LLEVA?

DESCRIPCIÓN DEL SENDERO

EXOTOS HISTÓRICOS



Sendero:	Sendero El Valle de Antón
Información:	1.500 mts. 1.100 mts. 1.100 mts.
Actividad:	Urbano
Actividad:	Urbano
Equipamiento:	Zapatillas, sombrero de sol, agua
Reservar:	Reservar aquí



Sendero:	Sendero El Valle de Antón
Información:	1.500 mts. 1.100 mts. 1.100 mts.
Actividad:	Urbano
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Equipamiento:	Zapatillas, sombrero de sol, agua
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2015

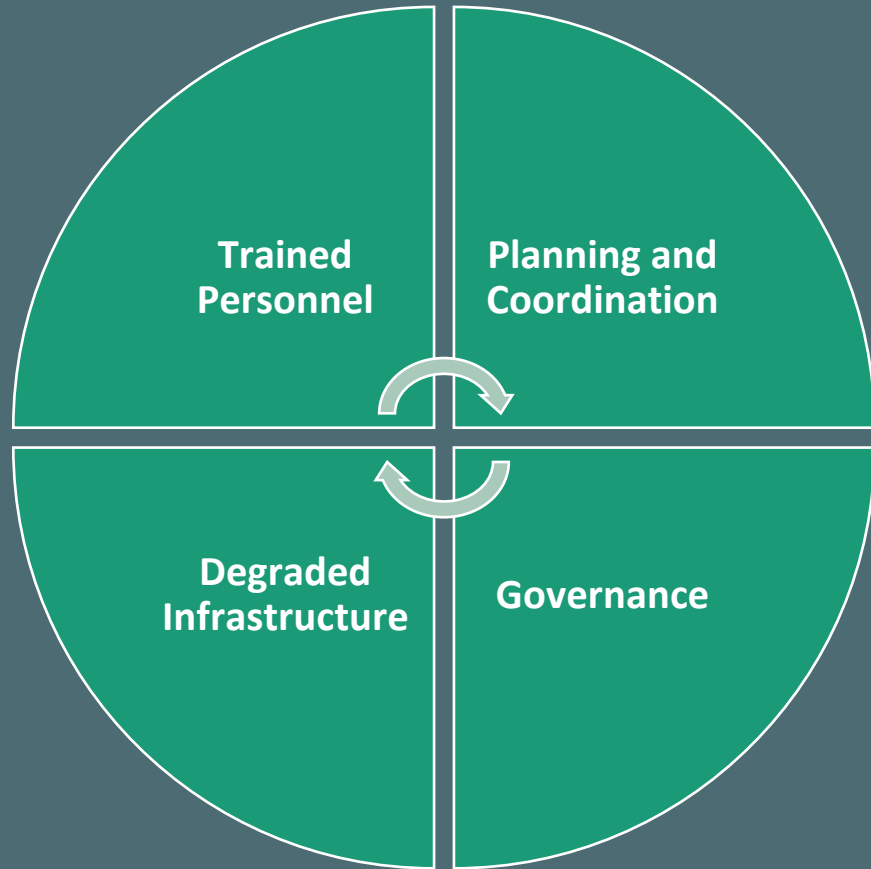


DANGER

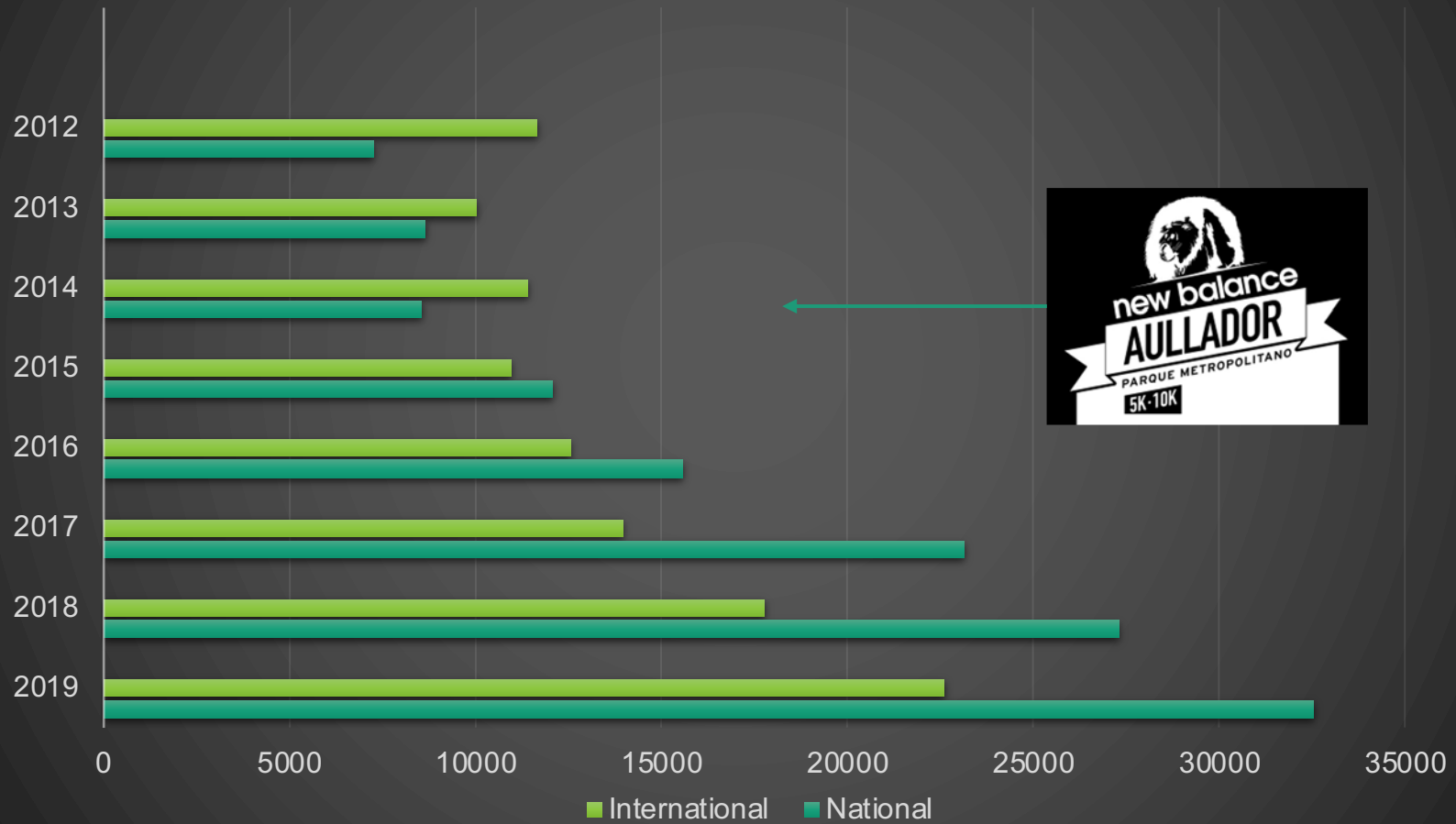
THE AREA BEYOND THIS SIGN
IS OFF LIMITS, RIVER WATER
IS CONTAMINATED, AND HARBORS
DANGEROUS ANIMALS.

NO FISHING, SWIMMING OR WADING
IS ALLOWED

Panama: Institutional Challenges



Parque Natural Metropolitano Visitation 2012 - 2109





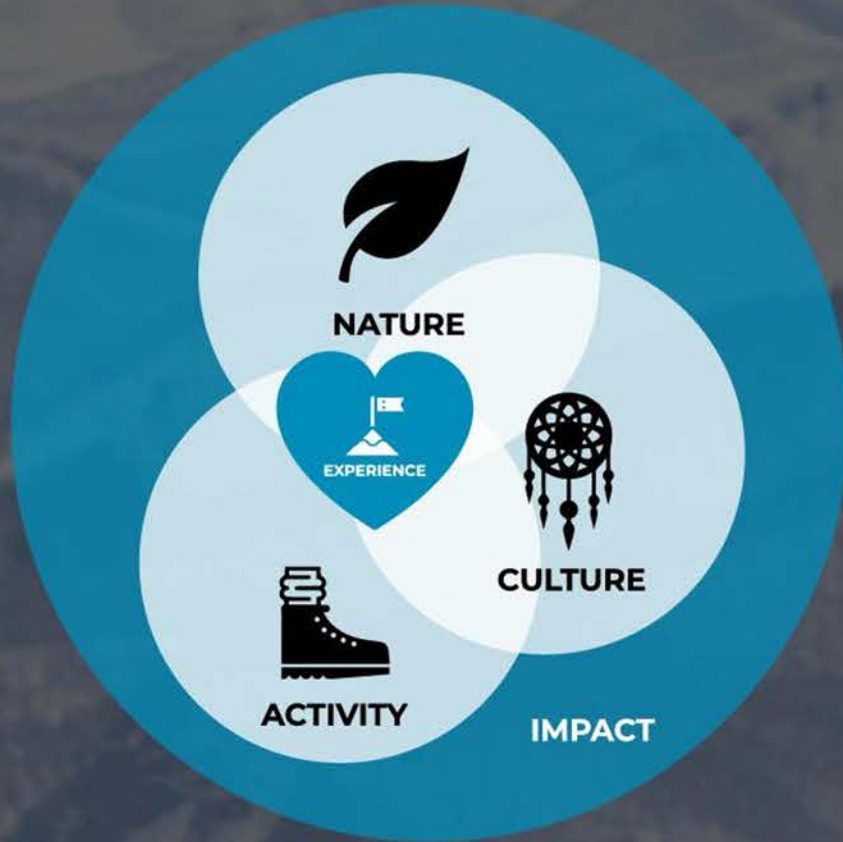
Vision 2025: Panamá

“To be recognized as a sustainable tourism destination, due to our extraordinary cultural and natural heritage and the quality of our services”



2019 - Adventure Tourism

Components of an effective adventure trip



Focus: Community and Nature

1000 KM of Trails
Infrastructure



PACTO

Community-based Services



Rehab/Build 1,000 km of trails (aquatic, terrestrial) in Panama.

“Rehab/Build” - Infrastructure - Maintenance

- Co-determine infrastructure needs and storytelling/interpretive opportunities with local communities
- Create multisectoral collaborative spaces to secure the long term management and maintenance of trail circuits
- Foster national outdoor recreationist and stewards



IMPLEMENTATION: 1000km of Trails

1. Trail Diagnostic (infraestructure, potential)

2. ID Local Stakeholders/Partners

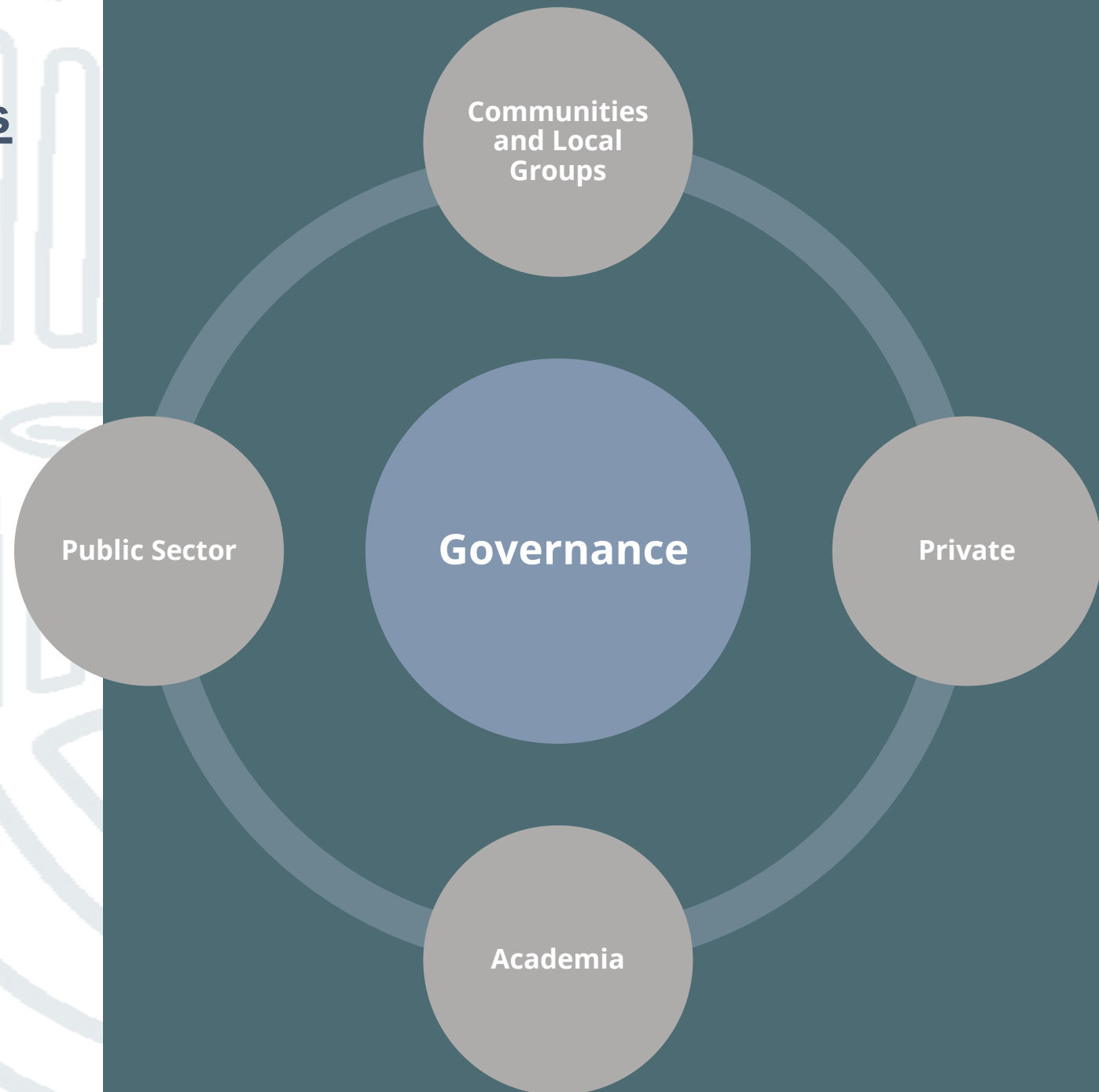
3. Governance

4. Work Plan / Local Vision (Phases, Budget Maintenance)

5. Funding

6. Implement

7. Monitor & Maintenance





Tourism Authority



Local Groups
Private Sector



MINISTERIO DE AMBIENTE

Ministry of Environment



Municipalities



PIPELINE ROAD,
SOBERANÍA NP

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Pipeline Road, Soberanía National Park



PANAMA CITY
BAY

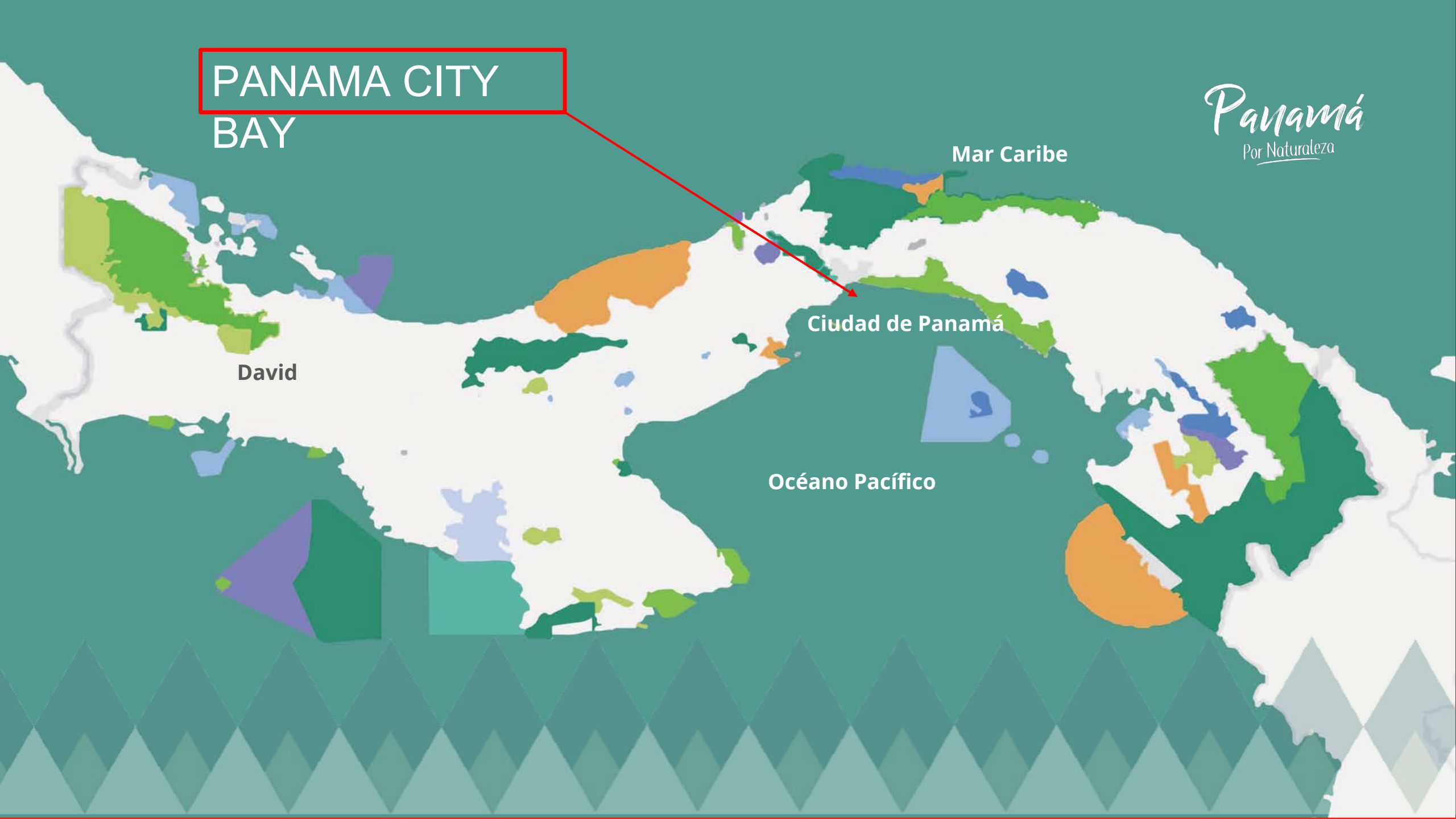
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Recreational Access to Panama City

Bay



THE CALDERA ROUTE, EL VALLE DE ANTÓN

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The Caldera Route - El Valle de Antón (30K)

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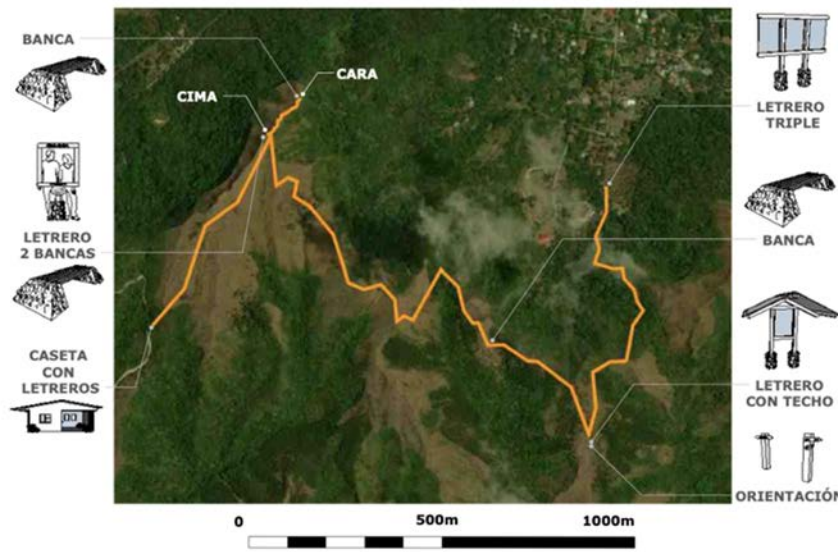


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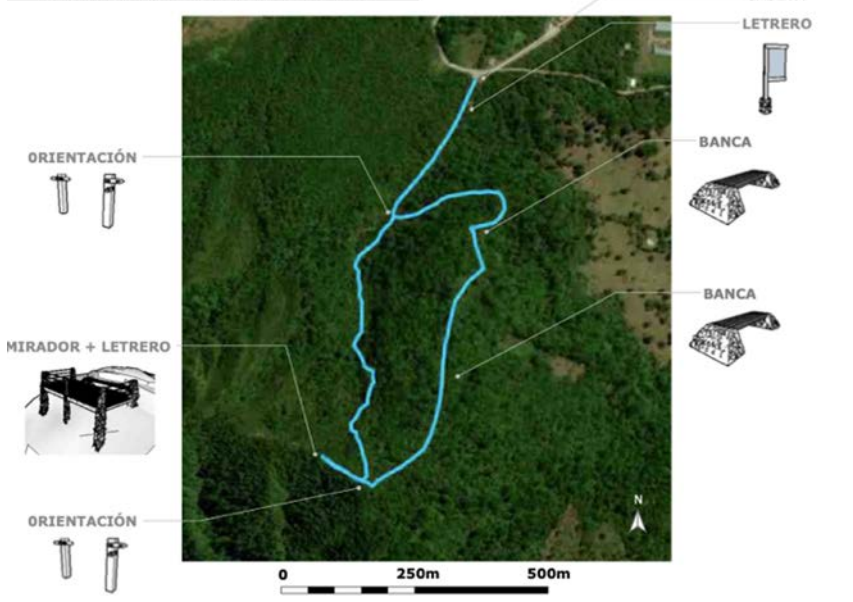
MINISTERIO DE
AMBIENTE

The Caldera Route

Distancia: 3.3km

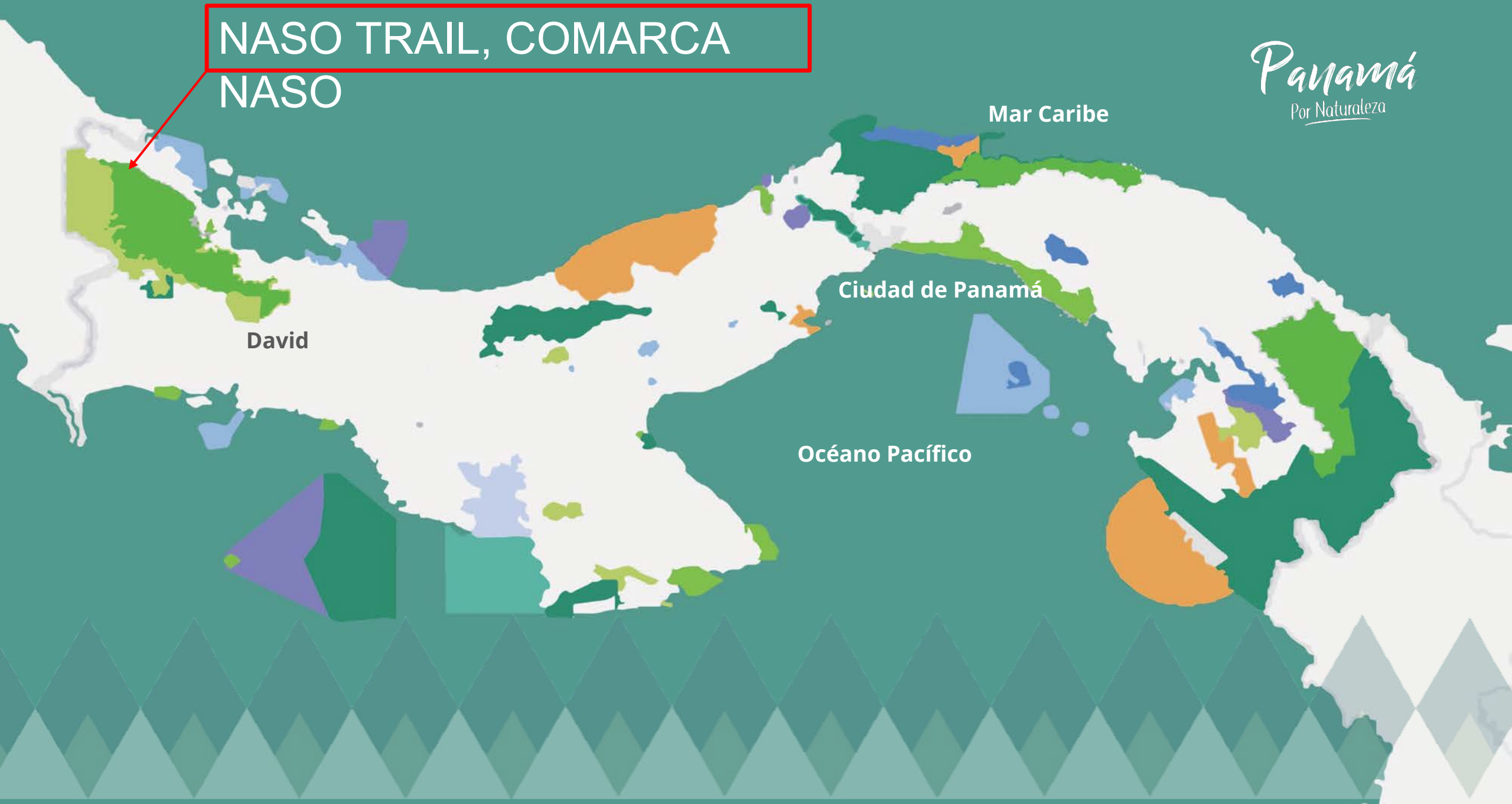


UBICACIONES DE ESTRUCTURAS



NASO TRAIL, COMARCA
NASO

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The Naso Trail

Teribe River – 10 km (Hike & Raft)

Three Experiences

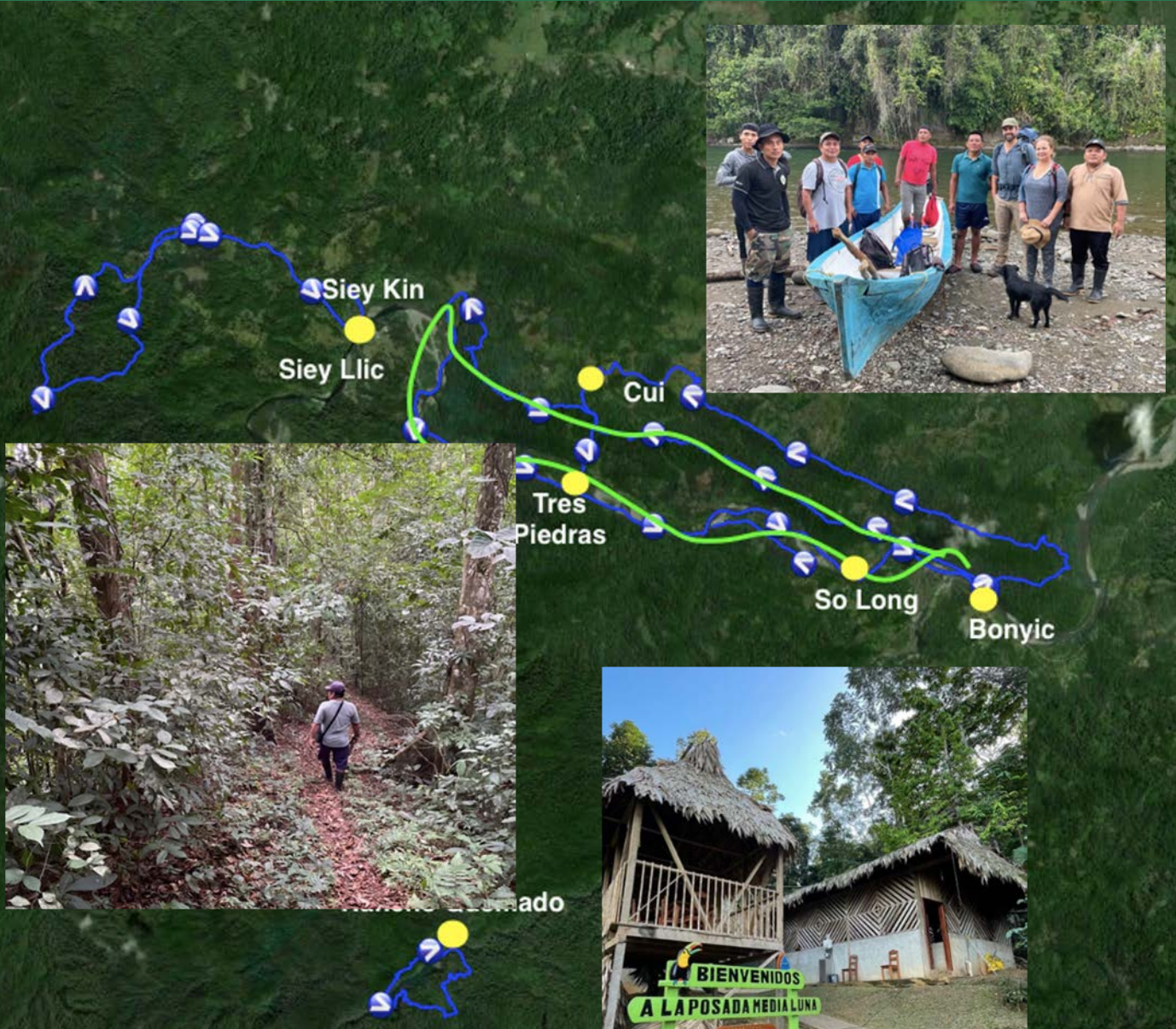
1. Piragüa



2. Local Raft



3. Pack Raft



THE SUMMIT TRAIL, VOLCÁN

BARÚ NP

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VOLCAN BARU

SUMMIT TRAIL

11,398



Rehabbed Trails

2022	
El Valle, Coclé	30 Km
Parque Natural Metropolitano	10 km
BPPP San Lorenzo, Colón	32 Km
Wizard, Bocas del Toro	1 km
Trillo Titi (MTB)	9 km
PN Coiba	6 km
Causeway	12 km
Sub Total	100 km

2023	
Soberanía NP	30 Km
PN Camino de Cruces	31 km
PN Volcán Barú	14 km
Isla Bastimentos	5 km
Taboga	9 km
PN Portobelo	6 km
PN Campana	5 km
Santa Catalina	4 km
Sub Total	104 km

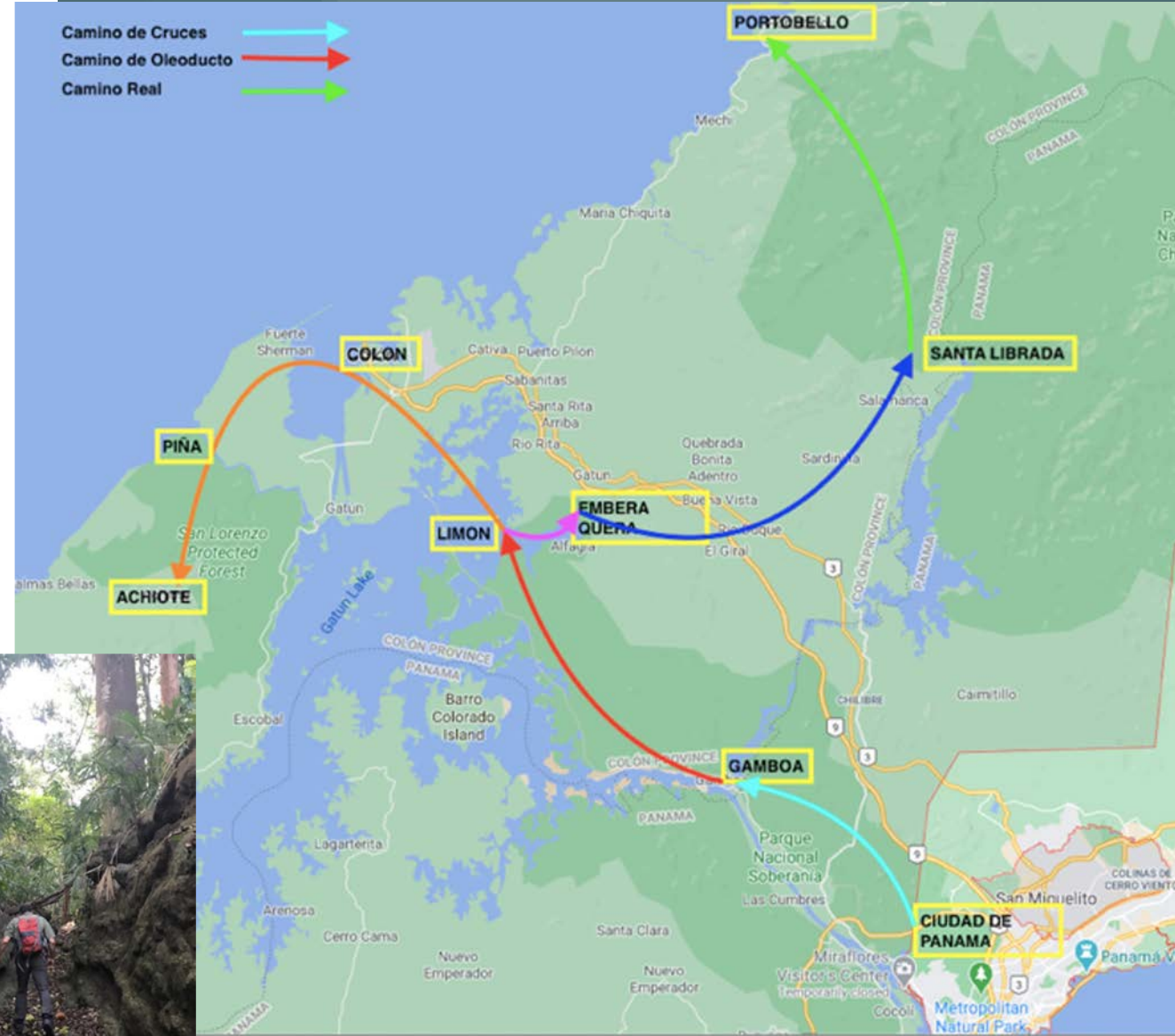
TOTAL 2022- 2023

204 km

The Panama Canal

Trail

- Soberanía National Park
- Camino de Cruces National Park
- Portobello National Park
- Chagres National Park
- San Lorenzo National Park
- Barro Colorado National Monument (Smithsonian)
- The Panama Canal
- Indigenous / Afro Panamanian Communities
- Ruins of Spanish Forts
- World Famous Birding
- Beaches
- Jungle
- Colonial Trails



National Trail Inventory

CAF



Washington State Trails - 2017 Update

(1 of 2)

Federal Trail

Name	Duckabush River Trail
Alternate Name	
Number	
System	NATIONAL PARK SERVICE SYSTEM TRAIL
Status	EXISTING

Zoom to

Washington State Trails - 2017 Update

(1 of 2)

Federal Trail

Name	Duckabush River Trail
Alternate Name	
Number	
System	NATIONAL PARK SERVICE SYSTEM TRAIL
Status	EXISTING
Segment Length (miles)	3.38
Hike	Yes
Bike	No
Pack & Saddle	No
ATV	No
4WD	No
Motorbike	No
Snowmobile	No
Cross Country Ski	Yes
Snowshoe	Yes
Dog Sled	No
Surface	NATIVE MATERIAL
ADA	NOT ACCESSIBLE

National Designation

National Trails Law

- Multisector National Trails Council
- National Trails Plan
- National Trails Week
- Secure Funding

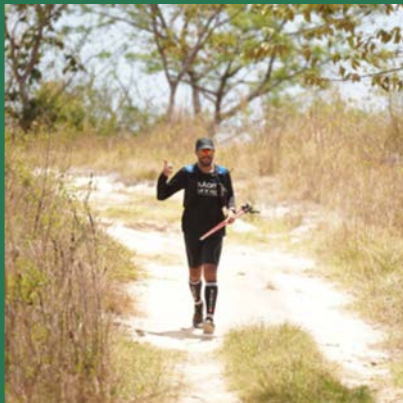
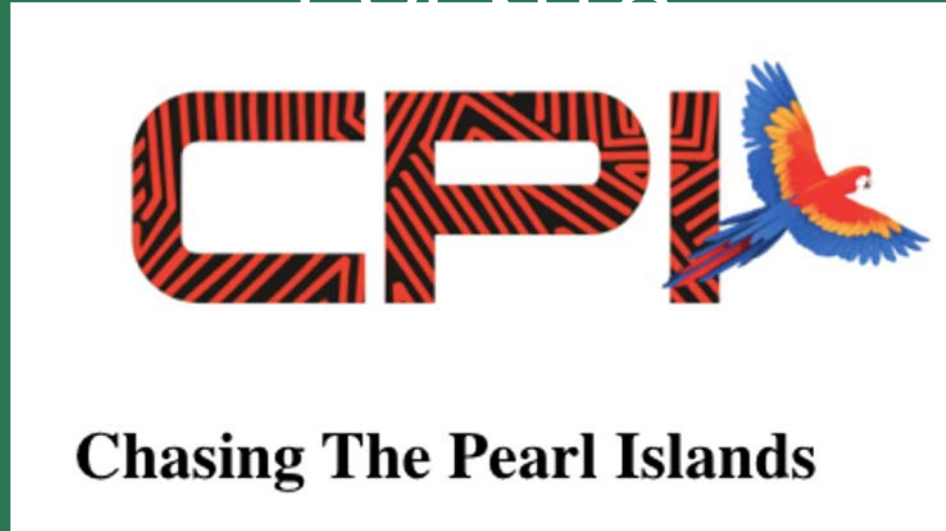


Leave No Trace - Panama



SIGNATURE ADVENTURE

EVENTOS



Adventure Tourism Summit - 2024



One Step at a Time...

- Designing and building infrastructure focused on facilitating access and local recreational needs
- Creating a Panamanian focused outdoor ethics program
- Creating legislation that will promote recreation and protection
- Promoting Signature Adventure Events
- Fostering the creation of multisector foundations / associations that will help maintain trail systems and lobby for continued support
- Stimulate Exchanges between academic/technical sector (mountain & aquatic)
- Develop more online / mobile platforms for visitors



Gracias!



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AUTORIDAD DE
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1,000km of Trails Project

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