

## Inviting the Community Back Into the Woods

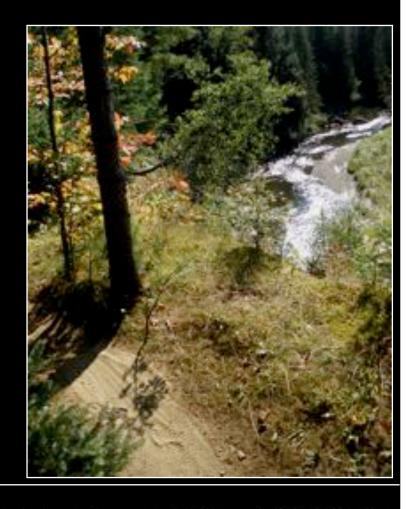


Natural Trails in Urban Landscapes



## How Do We Invite the Community Back Into the Woods?

- Accessibility
- Low Barriers to Entry
- Connectivity
- Community
- Fun



#### **IMBA Gateway Trails**



## What is a Gateway Trail?

- An accessible introduction to trail sports
- Starting point for a new generation of riders and outdoor enthusiasts



#### Gateway Trails Provide a Place to Start

- Novice riders will have a fun, safe place to start out together
- In turn, newcomers will build:
  - Fitness
  - Confidence
  - Skills



## Gateway Trails Will Foster Progression

- From Beginner To Intermediate
- Then From Intermediate to Advanced (and Beyond...)



#### How Much Space Do We Need?

Not much - Can fit almost anywhere

Different property sizes can yield different

experiences

Small

Medium

Large



## Gateway Trails Are Visible and Accessible



# Gateway Trails Are Planned and Built to Connect With Communities

- Lower Barrier to Entry for Trail Sports
- Bringing Trails to the People



#### Community and the Environment

- Natural Resource Protection
- Building a Constituency for Outdoor Recreation



#### Community

### Great Trails Build Communities Great Communities Build Great Trails



## Gateway Trails - Putting Kids on Trails

 Let Kids Be Kids -The Benefits of Unstructured Play

 Explore the Natural World in a Safe Environment



## Gateway Trails - Putting Kids on Trails

- Positive Associations With Exercise
- Major Impact on National Health Crisis



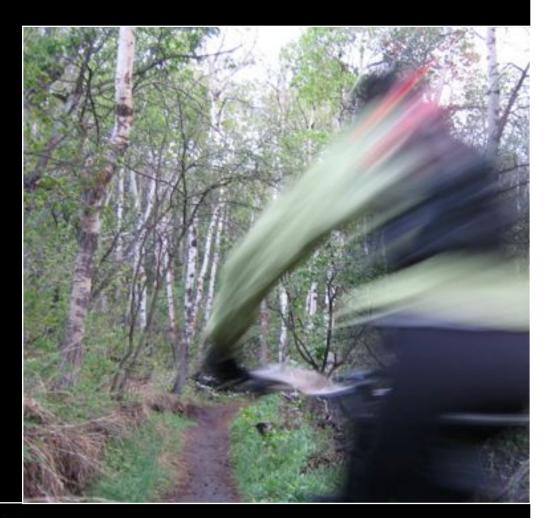
### Gateway Trails - Cross Generational Fun

- Parents, grandparents and children
- Mountain biking is accessible for all ages - on the same trail



#### Skills for Trails and Roads

- A skilled cyclist has control over their bike
- Skills learned on a mountain bike are invaluable for biking on the road



#### Enabling Cycling as Transportation

 As the country invests resources toward creating a safe environment for cycling as transportation, Gateway Trails will help create riders who are safe in all conditions

