

2021/2022 National Recreation Trails Calendar



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What is an NRT?

A National Recreation Trail (NRT) is a designated part of America's National Trails System. Each NRT must demonstrate that it represents its region, supports a diverse community, and is among America's best trails. NRTs can be nominated by anyone, but must be supported by the landowner(s) whose property the trail passes through and be endorsed by the state's State Trail Administrator.



On the Cover - Trinity River Paddling Trail

The Trinity River Paddling Trail is located in the middle of America's fourth largest metro area, Dallas/Forth Worth, Texas, with a population of 7.5 million people. Traversing peaceful countryside and the bustle of world-class cities, this Texas-sized paddling trail covers 130 river miles, spanning nine cities and three counties. Twenty-one official launch sites along its length allow access to three major river tributaries, the Clear Fork, West Fork, and Elm Fork, as well as 40 miles of the main stem of the Trinity River.

Mohave Water Trail

January 2021

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The 76-mile long Mohave Water Trail stretches along the Arizona and Nevada shoreline of Lake Mohave and the Colorado River below Davis Dam to Laughlin/Bullhead City. The water trail provides access to sandy beaches, scenic desert areas, and unique historic sites, including submerged cultural resources. Boat rentals, shuttles, and guide services for paddle craft, scuba diving, fishing, camping, and overnight accommodation and restaurants are available at two marinas and in Laughlin and Bullhead City.



Located in Nevada and Arizona

Doug Ghee Accessible Trail

February 2021

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Located in Cheaha State Park, the Doug Ghee Accessible Trail (Bald Rock Boardwalk) is a 0.3-mile boardwalk trail that allows users of all abilities to journey through the enchanted hardwood forested foothills of the Appalachian Mountains. Interpretive signs along the accessible boardwalk unfold the history, culture, and natural history of Cheaha Mountain. This unique boardwalk invites and enables all guests to embrace the natural wonder and beauty of the Bald Rock Overlook located at the end of the boardwalk.



Amboy Crater Trail

The 1.5-mile long Amboy Crater Trail takes hikers through a sprawling lava field to the top of the iconic Amboy cinder cone volcano. The view from the 984-foot rim will awe those who take in the vastness of the Mojave Desert, where faraway cars on the desert highway appear to be miniature toys against this epic landscape.

March 2021

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Located in California

Scenic Loop Trail System at Staunton State Park

April 2021

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The Staunton State Park Loop Trail System is an 18.8-mile loop that gives visitors a glimpse of everything that Colorado has to offer. From expansive views of sprawling meadows to mountain vistas to diverse wildlife, the Staunton State Park Scenic Loop Trail System is a true gem of Colorado.



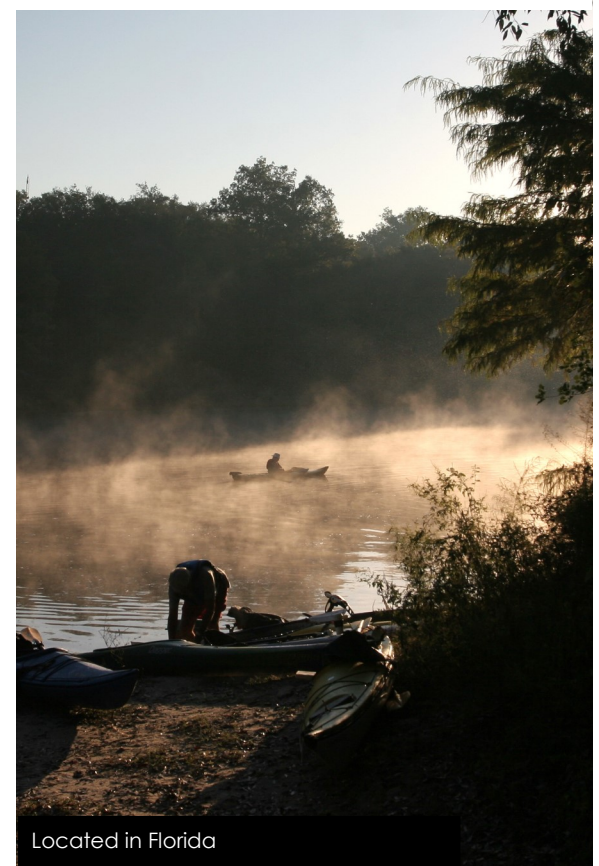
Located in Colorado

Suwannee River Wilderness Trail

The majestic 235-mile Suwannee River begins just below the Okefenokee National Wildlife Refuge in southeast Georgia. The meandering waterway then coils through the heart of north central Florida, ending in the Lower Suwannee National Wildlife Refuge on the Gulf Coast. Steeped in rich culture and history, this beloved river remains a wild natural wonder with endless delights for adventurous explorers.

May 2021

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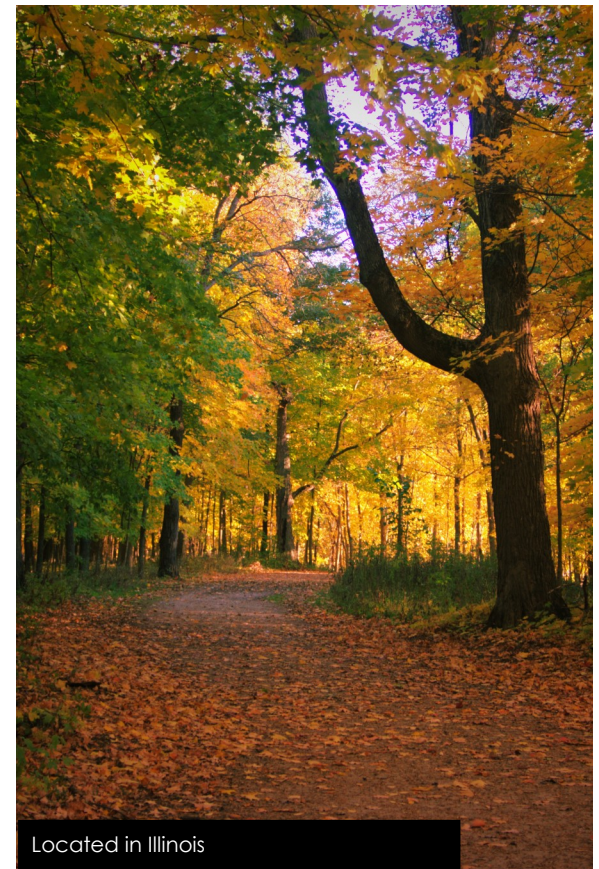
Located in Florida

Des Plaines River Trail - Lake County

The Des Plaines River Trail – Lake County is a 31.4-mile, scenic multi-use trail that spans nearly the entire length of Lake County, Illinois. Meandering along the Des Plaines River, the regional gravel trail is open for hiking, biking, and horseback riding, as well as cross-country skiing and snowmobiling on some sections in the winter. The trail follows the Des Plaines River's edge from Wadsworth, Illinois south to where it connects to the Cook County Forest Preserve Trail.

June 2021

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Located in Illinois

Panhandle Pathway

The Panhandle Pathway is a 22-mile rail-trail corridor running through Pulaski and Cass Counties, Indiana. The trail follows the historic rail path of the Pennsylvania Railroad Line through farmland, shady wooded areas, the beginning of the Wabash Valley, and across the Tippecanoe River. The trail provides wide views of farmland and a dedicated prairie preserve. The Panhandle Pathway is ideal for walking, hiking, running, biking, and skating.

July 2021

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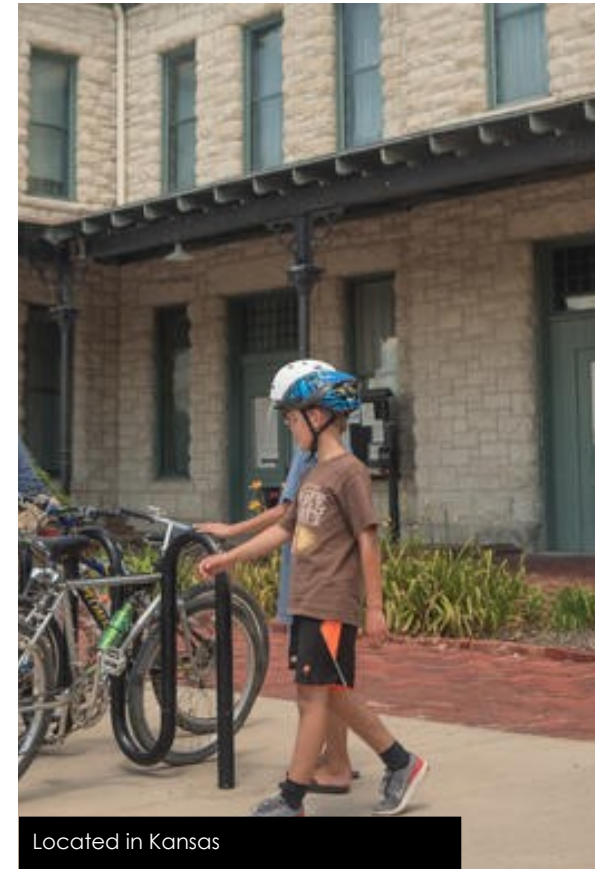
Located in Indiana

Flint Hills State Park Trail

As the seventh longest rail-trail in the nation, the 95-mile Flint Hills State Park Trail runs from Osawatomie, Kansas in the east to Herington, Kansas in the west. The trail passes through river bluffs, riparian zones, agricultural fields, and the last remaining remnant of the tall grass prairie. The trail roughly follows the route of the Santa Fe National Historic Trail and forms a component of the American Discovery Trail.

August 2021

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Located in Kansas

Migrants Mile Trail

Migrants Mile Trail is a self-guided nature and fitness trail that offers wildlife viewing throughout the year. It traverses a variety of habitats, including freshwater marsh, woodland, and sand prairie. Waterfowl, herons, egrets, and shorebirds frequent area wetlands. Eleven markers along the trail highlight both fitness information and natural features to explore.

September 2021

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Located in Kansas

Outlet Campground Trail System

The Outlet Campground Trail System is composed of three individual trails intertwined to provide a little over three miles of outdoor recreational experiences for campers, as well as the community of Osage County, Kansas. The trail system provides a half-mile of paved surface accessible to people with disabilities in addition to another 2.5 miles of compacted soil and gravel trail.

October 2021

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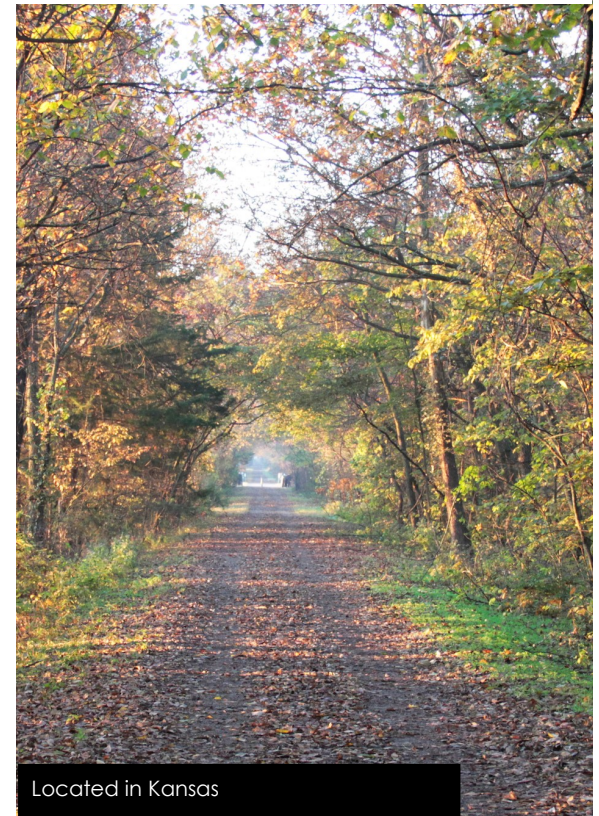
Located in Kansas

Prairie Spirit Rail-Trail

As Kansas' first State-managed rail-trail, the Prairie Spirit Rail-Trail gives users a 51-mile tour through tallgrass prairie, woodlands, agricultural fields, and eight small rural communities combined with country hospitality. The trail connects with a system of trails including the Flint Hills State Park Trail and the Southwind Trail, creating a network of recreational opportunities.

November 2021

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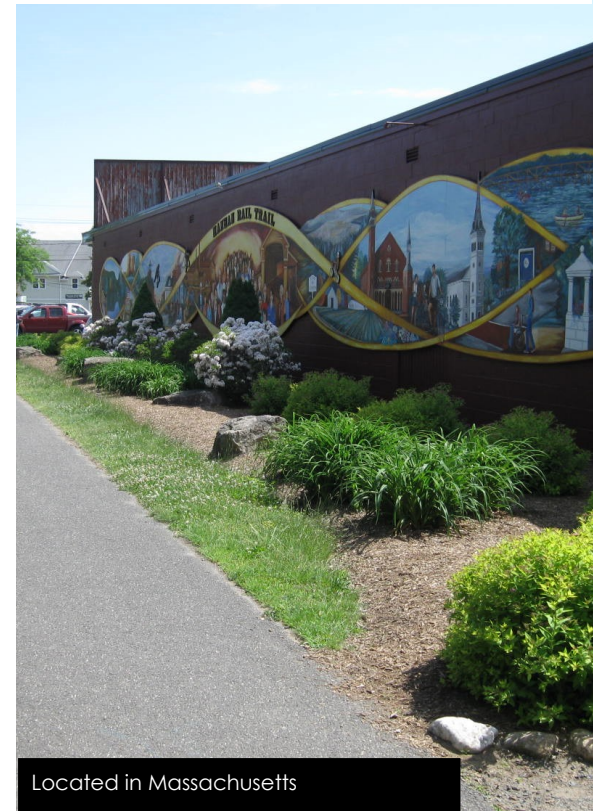
Located in Kansas

Manhan Rail-Trail

The Manhan Rail-Trail is a 6-mile, paved multi-use path that traverses Easthampton, Massachusetts. The trail provides spectacular views of Mount Tom, the Oxbow, and several flourishing ponds. The trail provides easy access to a vibrant downtown and restored mill housing studios, restaurants, shops, Pascommuck Trust Conservation Areas, Arcadia Wildlife Sanctuary, city parks, and the Manhan Rail-Trail Millennium Mural.

December 2021

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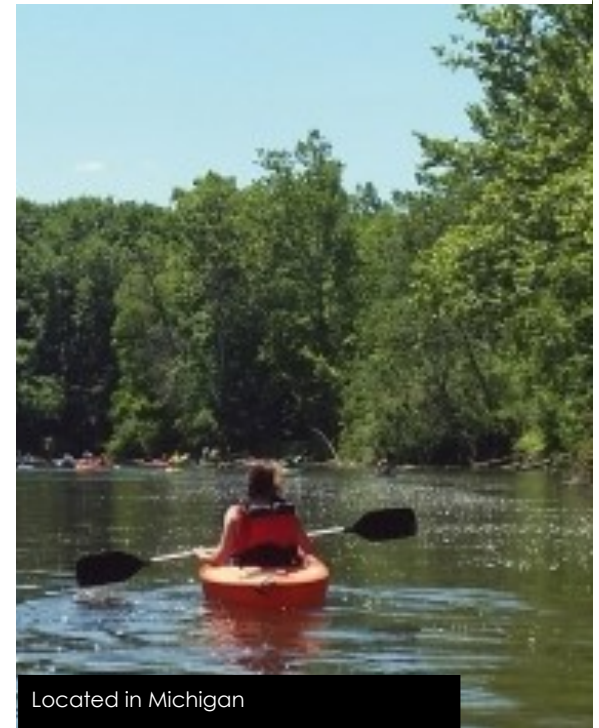
Located in Massachusetts

Flint River Water Trail

The Flint River Water Trail is a 73-mile water trail that provides a variety of recreational experiences and opportunities by connecting users to natural, cultural, and historic features along a safe and accessible river trail. It brings about awareness for stewardship of the Flint River and surrounding lands. The water trail crosses through two counties, natural areas, and an urban core, and is available to the hundreds of thousands of residents within an hour's drive.

January 2022

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Located in Michigan

Shiawassee River Water Trail

The Shiawassee River Water Trail is an 88-mile long navigable waterway of Central Michigan. This trail provides paddlers with a multitude of natural, historical, and cultural experiences. The trail's proximity to the million-plus population within a half-day's drive to any trail segment enables close-to-home outdoor recreation and readily accessible communion with nature for everyone.

February 2022

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Located in Michigan

St. Louis River Estuary Water Trail

March 2022

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The St. Louis River Estuary Water Trail provides a unique opportunity to explore one of the world's largest freshwater estuaries. A major tributary to Lake Superior, the trail covers 16.5 miles of the St. Louis River shoreline and over 12,000 acres. It also sports eleven distinct routes that cover 73 miles. Visitors can immerse themselves in the river's varied landscapes ranging from the working port of Duluth and Superior to complex, diverse, and wild ecosystems.



Spyglass Hill Trail

The Spyglass Hill Trail is a 22-mile, multi-purpose trail that winds along the U.S. Army Corps of Engineers Enid Lake shoreline. The Spyglass Hill Trail provides moderately hilly terrain with rock out crops and scenic views of Enid Lake. The trail runs through Ford's Well Campground, which serves as the trail's center point. Ford's Well Campground offers trail users a spot to rest and camp and enjoy the history and scenery of the trail.

April 2022

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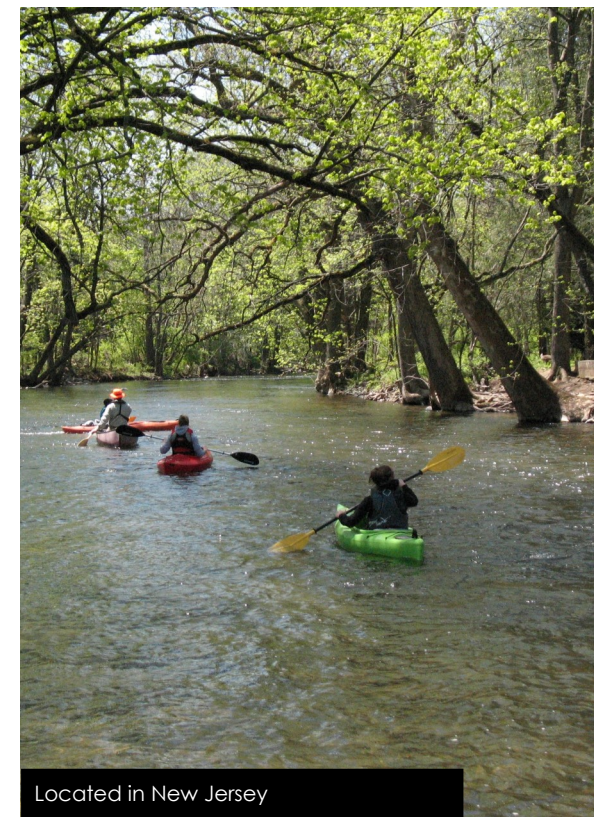
Located in Mississippi

Musconetcong Watershed National Water Trail

May 2022

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The Musconetcong Watershed National Water Trail promotes recreational access in the Musconetcong watershed. The Musconetcong River begins at Lake Hopatcong and runs 42 miles down to the Delaware River. Surrounded by rugged Highland ridges, the river flows by state and county parks, historic hamlets, nature preserves, and one of the region's most scenic agricultural valleys. Located in Northwestern New Jersey, the Musconetcong watershed provides a much-needed opportunity for recreating.



Located in New Jersey

North Carolina Smoky Mountain Blueways

June 2022

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The Smoky Mountain Blueways Trail is 167 miles of waterways in the Little Tennessee River Basin. The natural landscape of the Little Tennessee River Basin has unparalleled beauty, diverse outdoor recreation opportunities, and a string of private and public infrastructure in place for outdoor recreationist. The 1,800 square mile basin contains 2,500 miles of streams and rivers and 18,000 acres of lakes. These waters, used by residents as well as millions of visitors, provide both economic viability and a natural, healthy environment for physical and mental revitalization.



Located in North Carolina

The Great Guernsey Trail

July 2022

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The Great Guernsey Trail is a 7-mile, paved rail-trail that occupies a former CSX Railroad corridor through rural wooded countryside. Because it parallels Leatherwood Creek for much of its route, the trail provides a great opportunity for viewing waterfowl and bald eagles. Rabbits and other local wildlife have been known to make appearances along the trail, which is open to walkers, joggers, bicyclists, rollerbladers, and cross-country skiers.



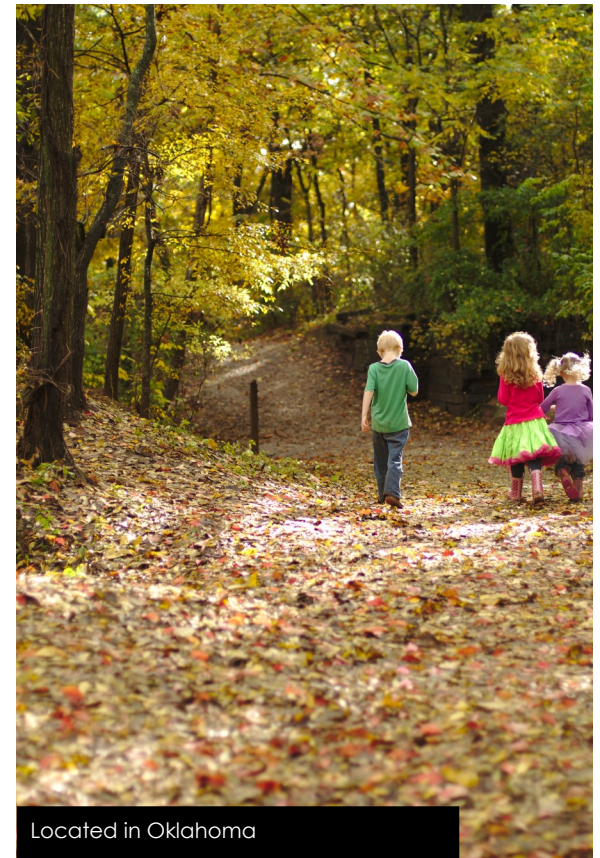
Located in Ohio

Ray Harral Nature Park Trail System

August 2022

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The 3 miles of trails at the Ray Harral Nature Park offer a wonderful opportunity for the whole family to get out of the house and explore. The trail system provides a great chance to hike, walk pets, trail run, mountain bike, and view wildlife.



Tualatin River Water Trail

The Tualatin River is a relatively slow, meandering river that is ideal for beginner paddlers and families. The water trail flows from west to east, starting in the coastal mountains and ending at the confluence with the Willamette River with public facilities providing services along the trail.

September 2022

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Located in Oregon

Window Cliffs Trail

Window Cliffs Trail provides a unique showcase of rare geological features and plant populations placed throughout a challenging but rewarding 2.7-mile roundtrip hike. The trail traverses through the Cane Creek Gorge to reach some of the most unique rock formations in Tennessee. Trail users ascend to the top of the cliffs, where they are greeted with a 360-degree view of the surrounding landscape.

October 2022

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Located in Tennessee

Knobby Knees Trail

The Knobby Knees Trail is located in Liberty Municipal Park in Liberty, Texas. It is a gateway into the bottomland hardwood forests of the Trinity River National Wildlife Refuge. From this trail, visitors can explore nine miles of trail network. Several scenic areas await, including Palmer Bayou Boardwalk, Josie Lake, Sycamore Swales, and the sandbars of the Trinity River.

November 2022

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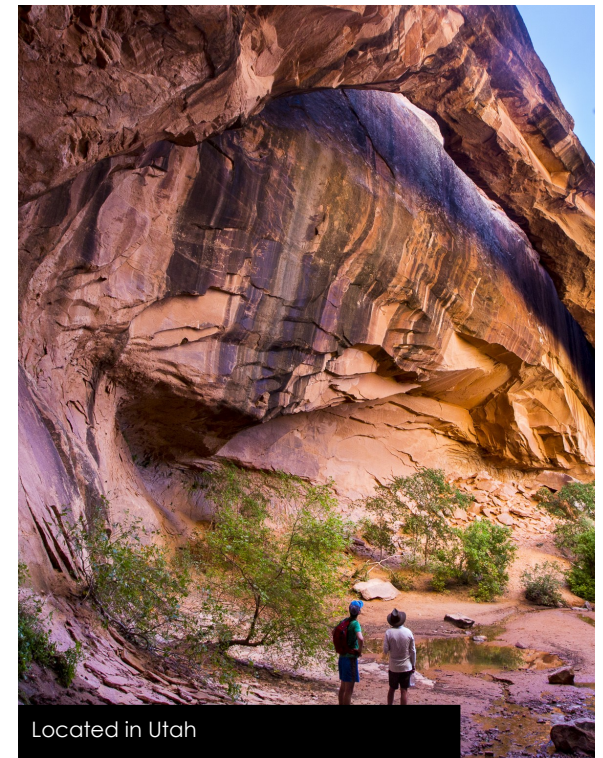
Located in Texas

Grandstaff Canyon

December 2022

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This trail follows a perennial clear stream for two miles along the Grandstaff Canyon bottom. The trail is in a classic riparian setting, rare in the desert region of Moab. The canyon itself empties into the Colorado River and is directly across from Arches National Park. The trail is surrounded by high sandstone cliffs along its entire length. It ends at Morning Glory Natural Bridge, which at 243 feet long, has the sixth longest natural rock span in the United States. The canyon is a popular destination for outdoor enthusiasts and school groups from Moab as part of the area's environmental education programs.



Located in Utah

Thank you for supporting NRTs!



American Trails is seeking motivated volunteer Trail Ambassadors that are willing to visit as many of the National Recreation Trails in their region as possible, gather data, speak to trail managers, research NRT questions, and identify issues on these great trails.

For more information visit www.americantrails.org.



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Chippewa River Water Trail

The immensely popular Chippewa River Water Trail courses through historic downtown Eau Claire, Wisconsin. The 4.2-mile water trail flows through an urban landscape endowed with natural beauty including clean water, strong fisheries, native grasses and trees, sandstone cliffs, and cave formations. The Chippewa River Water Trail provides a conduit for paddlers to retrace the former logging paths of the mid-1800s and understand the river's role as an economic and cultural driver.



Located in Wisconsin