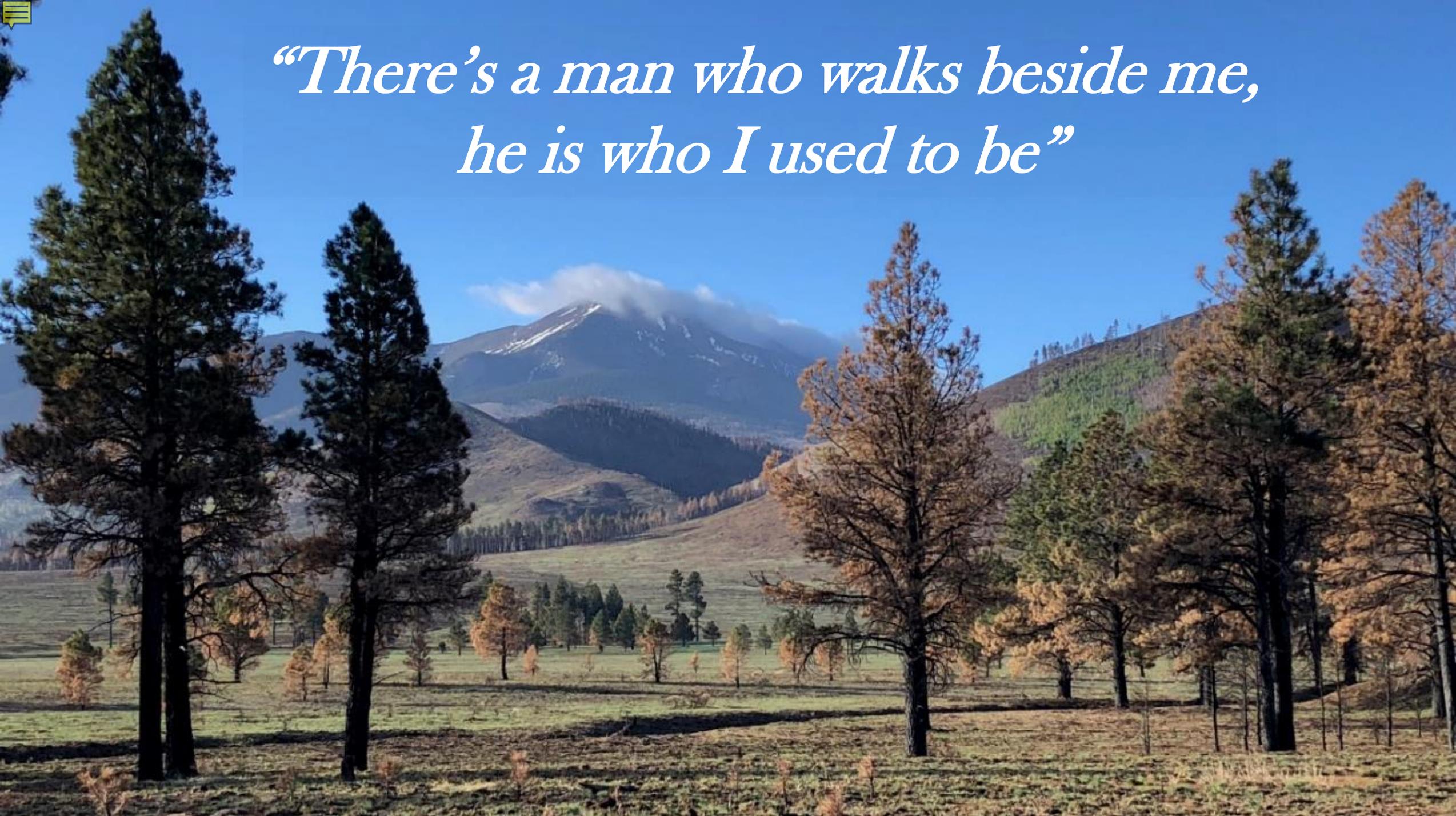


# Walk easy, Hike strong

## A Veteran's journey on the Arizona Trail

Mike "Bloody Feet" Buckley  
2019

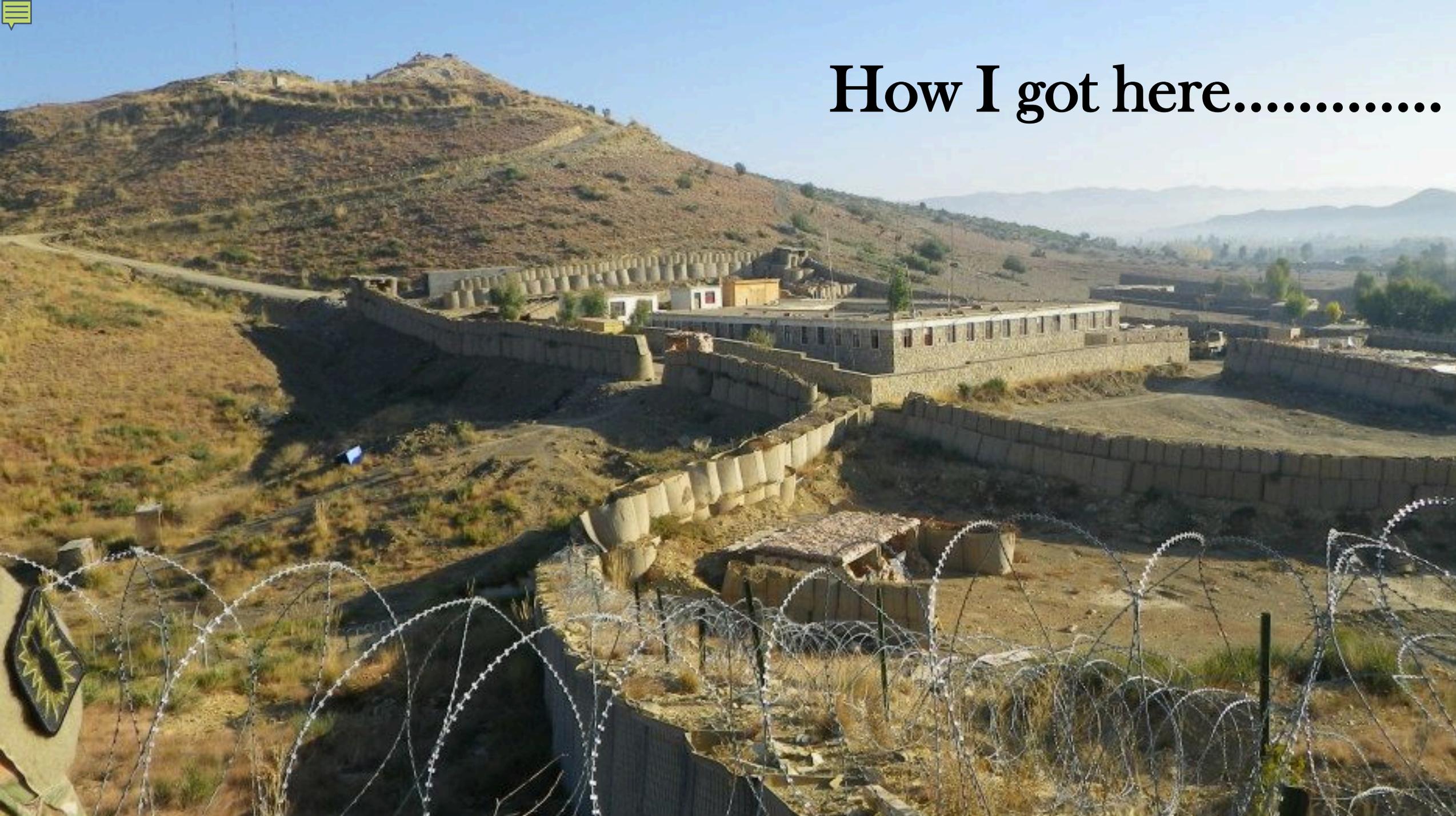




*“There’s a man who walks beside me,  
he is who I used to be”*

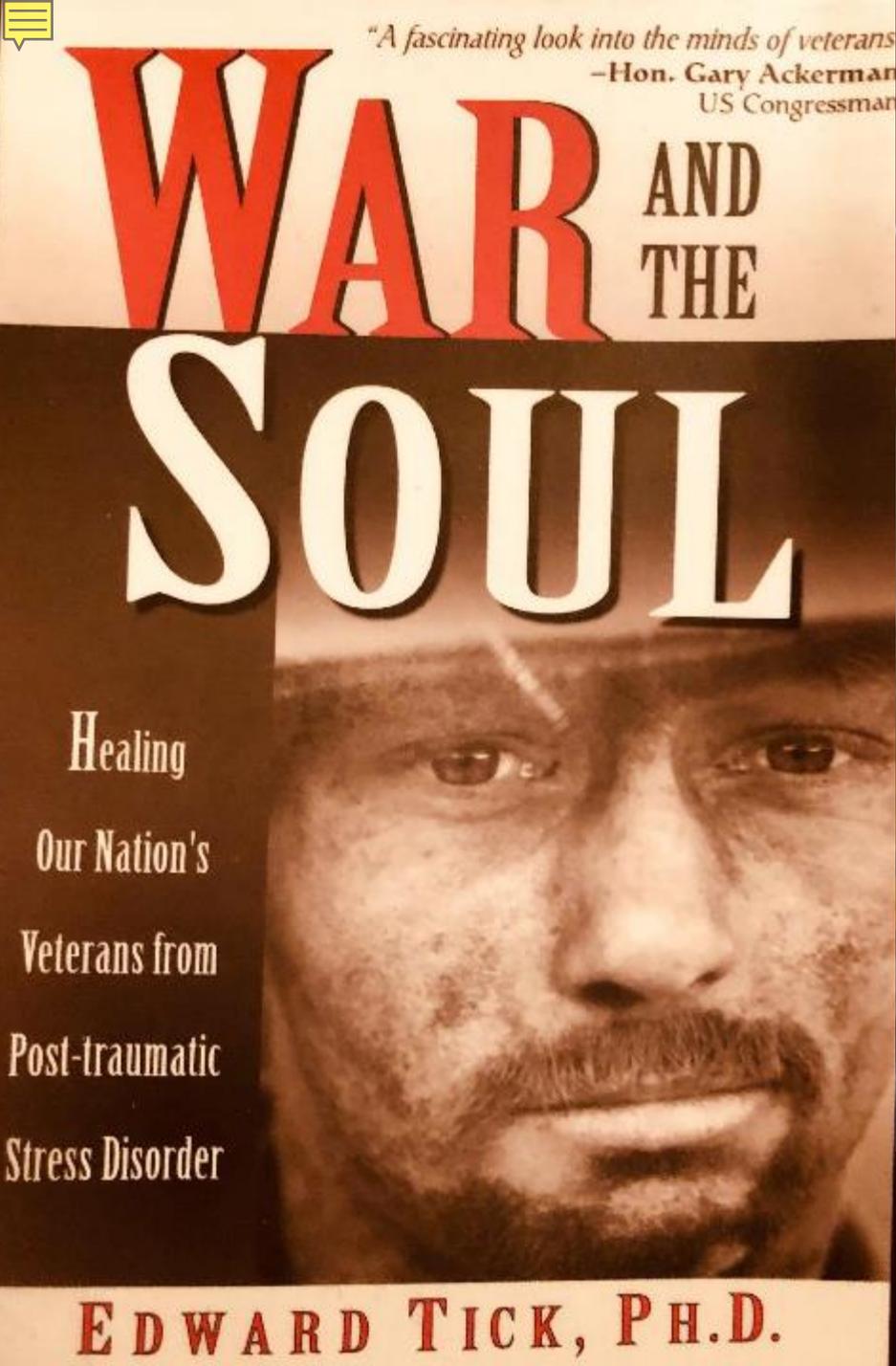


How I got here.....









Social Identity Theory (SIT) / Moral Injury



**“Will you take medication?”**

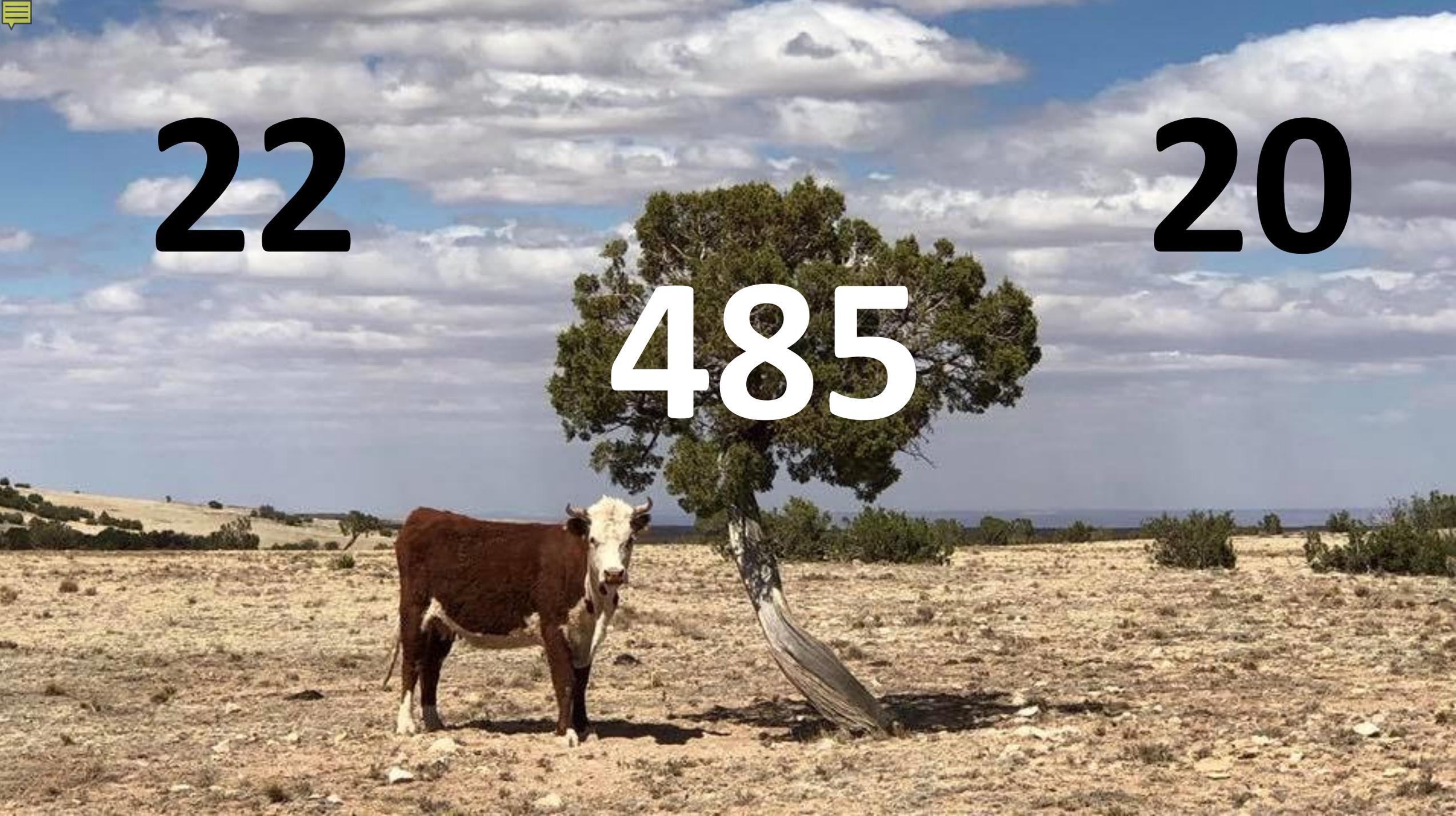




22

20

485





# BACKGROUND





March 28  
May 22













A person wearing a light-colored long-sleeved shirt, dark shorts, and a hat is sitting on a large, flat rock by a stream. The person is looking down at the water. The stream is calm, and the surrounding forest is dense with tall trees. The ground is rocky and uneven. The overall scene is peaceful and natural.

*“And so it was that it was, that I came to travel  
Upon a road that was thorned and narrow  
Another place, another grace  
Would save me”*

