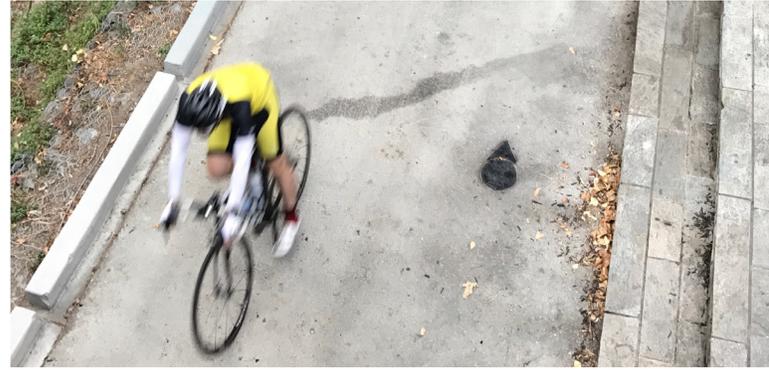




2,375,000

Annual number of trail users at six busiest sites



SAN JOSÉ TRAILS

By the Numbers

REVENUE

Over \$40,000,000 in grant funding secured over past decade of Trail Network expansion





Popular with Residents and Visitors.

The Guadalupe River Trail extends from Downtown to the Bay, and draws over 850,000 visits annually. San José's largest work of art, "Hands", is seen along the trail at San José Norman Y. Mineta International Airport as well as San José's "Lupe" the Mammoth. Downtown, North San José, and Alviso restaurants add to the destinations along the 9-mile trail. The quality of San José's Trail Network continues to set a high standard that attracts trail users, supports recreation and active transportation, and reinforces the City's sense of place.



Fun!

The majority of users have always used trails for fun, joy and exercise. But it's catching on...trails are more and more about fun!

In 2009, **46%** of respondents reported "fun" as their motivator. In 2015, that percentage grew to **70%**.

San José is developing a

100 mile trail network,

one the nation's largest urban trail networks. Today, 60 miles are already built and ready to explore!

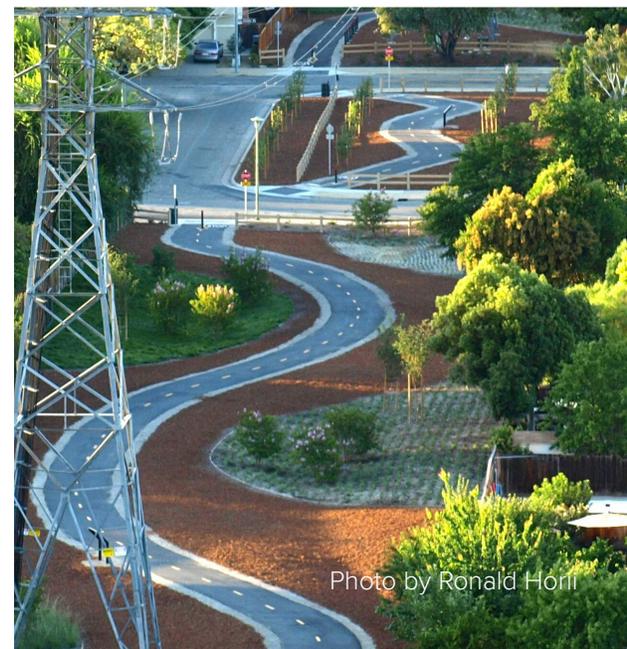


Photo by Ronald Horii



Health and Wellness

San José Trails help in making users happier and healthier. Parks and trails offer a venue for increased physical activity, improved mental health, and provide opportunities for community interaction. A 2016 study prepared by the Minnesota Department of Transportation found that commuting by bicycle three times per week is linked to 46% lower risk of metabolic illness (including high blood pressure, high blood sugar, abnormal cholesterol or triglyceride levels), 32% lower odds of obesity, and 28% lower odds of hypertension, all of which decrease medical costs and improve quality of life.



History and Place

San José's Alum Rock Park offers 13 miles of trails for mountain biking and hiking through California's oldest civic park, established in 1872.



The City of San José conducts a

Trail Count

every year to measure the volume of use and gain insights from trail users.

Over the years, Trail Count data shows an increased level of observed use. Over the last decade, trail usage has increased 9 of the last 10 years as the size and quality of the Trail Network improves.

Trails are a way of life in San José,

with 75% of respondents reporting weekly use of trails in both 2008 and 2015. The counts also reveal a 422% increase in Guadalupe River Trail usage since 2007 as the trail system has been extended and more housing and jobs are available along its 9-mile length.



The City of San José is committed to creating a world-class trail network that provides:

- Off-street trails for recreation and/or active transportation
- Variety of experiences via short- and long-distance trails
- Interconnected trails to destinations throughout the City
- Sustainable trails through high-quality design within sensitive sites
- Signature elements like art and gateways with outstanding views



San José's trails, parks, and community centers make the city an attractive place to live and work. Skilled and creative workers are attracted to places like San José for its open space, clean air, and ample opportunities for outdoor recreation and healthy lifestyles.

Each year residents of San José receive a benefit of

\$51.2 million

for access to reduced or no cost recreational opportunities at park facilities.

-Trust for Public Land, 2016

