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| **Day** | **Breakfast** | **Dinner** | **Snack** | **Tea** |
| **MONDAY** | Cereals / Toast  Fresh Fruit | Roast chicken, mashed potato, carrots, broccoli, Yorkshire pudding and gravy  G,E,D  Fruit Salad | Fresh Fruit/Veg sticks  Milk | Homemade tomato soup  Small bread roll  C,G,S  Yoghurt  D |
| **TUESDAY** | Cereals / Toast  Fresh Fruit | Cheese & onion pie, peas and mash  G,E,D,S  Water Melon Fans | Fresh Fruit/Veg sticks  Milk | Tuna sweetcorn wraps with vegetable sticks  G,E,F  Homemade banana muffins  G,E,S |
| **WEDNESDAY** | Cereals / Toast  Fresh Fruit | Tomato and vegetable pasta with garlic bread  G,D,S  Home made rice pudding  D | Fresh Fruit/Veg sticks  Milk | Jacket potatoes with cheese and beans  D  Peaches |
| **THURSDAY** | Cereals / Toast  Fresh Fruit | Sweet potato curry and rice served with Naan Bread  C,G,D,M  Yoghurt  D | Fresh Fruit/Veg sticks  Milk | Home made Pizzas  G,D,S  Homemade fruit shortbread  G,S,So2 |
| **FRIDAY** | Cereals / Toast  Fresh Fruit | Fish pie and sweetcorn  G,F,D,S  Fruit salad | Fresh Fruit/Veg sticks  Milk | Bagels with a selection of fillings and veg sticks  G,D,SS  Homemade flap jacks  G |

**Week 1**

**Week 2**

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| **Day** | **Breakfast** | **Dinner** | **Snack** | **Tea** |
| **MONDAY** | Cereals / Toast  Fresh Fruit | Shepherd’s pie served with carrots  Fresh Fruit salad | Fresh Fruit/Veg sticks  Milk | Herby tomatoe pasta  G  Zesty lemon biscuits  E |
| **TUESDAY** | Cereals / Toast  Fresh Fruit | Lasagne, Green Beans and Garlic bread  G,E,D,SS,S  Blueberry muffin  G,E,S | Fresh Fruit/Veg sticks  Milk | Jacket potatoes with grated cheese  D  Sliced apples and pears |
| **WEDNESDAY** | Cereals / Toast  Fresh Fruit | Chicken and Veg Pie served with green beans and gravy  G,S Yoghurt  D | Fresh Fruit/Veg sticks  Milk | Sandwiches with Ham, cheese and veg sticks  G,D,S homemade raisin and cinnamon biscuits  G,E,S,So2 |
| **THURSDAY** | Cereals / Toast  Fresh Fruit | Fish cakes, vegetables and herby garlic potatoes  G,F  Apple crumble and custard  G,S | Fresh Fruit/Veg sticks  Milk | Cheese and broccoli pasta bake  G,D,S  Yoghurt  D |
| **FRIDAY** | Cereals / Toast  Fresh Fruit | Chicken korma, rice and naan bread  (M,G,D) Fresh fruit salad | Fresh Fruit/Veg sticks  Milk | Homemade Vegetable soup  With a bread roll  C,G,D,S  Homemade scone  G,E,D,S |

**Week 3**

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| **Day** | **Breakfast** | **Dinner** | **Snack** | **Tea** |
| **MONDAY** | Cereals / Toast  Fresh Fruit | Beef chilli with rice  Homemade Chocolate brownies  G,E,S | Fresh Fruit/Veg sticks  Milk | Tuna sweetcorn wraps with vegetable sticks  G,E,F  Fresh fruit salad |
| **TUESDAY** | Cereals / Toast  Fresh Fruit | Fish fingers, wedges, and beans  G,F  Sponge cake and custard  G,E,S | Fresh Fruit/Veg sticks  Milk | Tomato and vegetable pasta bake  G,D  Bananas |
| **WEDNESDAY** | Cereals / Toast  Fresh Fruit | Sweet and sour chicken noodles  G,E,S Homemade Banana muffins  G,E,S | Fresh Fruit/Veg sticks  Milk | Crumpet Pizzas  G,D  Fresh Fruit |
| **THURSDAY** | Cereals / Toast  Fresh Fruit | Chicken Fajitas with and a side of corn on the cob  G  Frozen Smoothie | Fresh Fruit/Veg sticks  Milk | Jacket potato, cheese and beans.  D  Pineapple fingers |
| **FRIDAY** | Cereals / Toast  Fresh Fruit | Tuna pasta bake with peas  G,D,F,S  Yoghurts  D | Fresh Fruit/Veg sticks  Milk | Homemade tomato soup and bread roll  C,G,D,S  Fruit crumble and custard  G,D,S |

**Week 4**

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| **Day** | **Breakfast** | **Dinner** | **Snack** | **Tea** |
| **MONDAY** | Cereals / Toast  Fresh Fruit | Beef and vegetable stew and dumplings  G,S  Fruit salad | Fresh Fruit/Veg sticks  Milk | Mediterranean pasta  G home baking Fruit Scones  G,E,D,S |
| **TUESDAY** | Cereals / Toast  Fresh Fruit | Fish pie and sweetcorn  G,F,D,S  Rice pudding served with Jam  D | Fresh Fruit/Veg sticks  Milk | Bagels with a choice of fillings  G,D,SS  Yoghurts  D |
| **WEDNESDAY** | Cereals / Toast  Fresh Fruit | Cheese & onion pie, peas and new potatoes  G,E,D,S  Melon Fans | Fresh Fruit/Veg sticks  Milk | Homemade chicken noodle soup  G,E,S home made bluberry muffins |
| **THURSDAY** | Cereals / Toast  Fresh Fruit | Chicken/Vegetable curry with rice  C,G,D,M  Apple and blackberry crumble  G,D,S | Fresh Fruit/Veg sticks  Milk | Beans and cheese on toast  G,D,S  Fresh fruit |
| **FRIDAY** | Cereals / Toast  Fresh Fruit | Spaghetti bolognaise  G  Fruity flap jacks  G,So2 | Fresh Fruit/Veg sticks  Milk | Jacket Potato with Tuna and sweetcorn filling  E,F  Yoghurts  D |