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| **Day** | **Breakfast** | **Dinner** | **Snack** | **Tea** |
| **MONDAY** | Cereals / ToastFresh Fruit | Roast chicken, mashed potato, carrots, broccoli, Yorkshire pudding and gravyG,E,DFruit Salad | Fresh Fruit/Veg sticksMilk | Homemade tomato soupSmall bread rollC,G,SYoghurtD |
| **TUESDAY** | Cereals / ToastFresh Fruit | Cheese & onion pie, peas and mashG,E,D,SWater Melon Fans  | Fresh Fruit/Veg sticksMilk | Tuna sweetcorn wraps with vegetable sticksG,E,FHomemade banana muffinsG,E,S |
| **WEDNESDAY** | Cereals / ToastFresh Fruit | Tomato and vegetable pasta with garlic breadG,D,SHome made rice pudding D | Fresh Fruit/Veg sticksMilk | Jacket potatoes with cheese and beansDPeaches |
| **THURSDAY** | Cereals / ToastFresh Fruit | Sweet potato curry and rice served with Naan BreadC,G,D,MYoghurtD | Fresh Fruit/Veg sticksMilk | Home made PizzasG,D,SHomemade fruit shortbreadG,S,So2 |
| **FRIDAY** | Cereals / ToastFresh Fruit | Fish pie and sweetcornG,F,D,SFruit salad  | Fresh Fruit/Veg sticksMilk | Bagels with a selection of fillings and veg sticksG,D,SSHomemade flap jacksG |

**Week 1**

**Week 2**

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| --- | --- | --- | --- | --- |
| **Day** | **Breakfast** | **Dinner** | **Snack** | **Tea** |
| **MONDAY** | Cereals / Toast Fresh Fruit | Shepherd’s pie served with carrotsFresh Fruit salad | Fresh Fruit/Veg sticksMilk | Herby tomatoe pastaGZesty lemon biscuitsE |
| **TUESDAY** | Cereals / ToastFresh Fruit | Lasagne, Green Beans and Garlic breadG,E,D,SS,SBlueberry muffinG,E,S | Fresh Fruit/Veg sticksMilk | Jacket potatoes with grated cheese DSliced apples and pears |
| **WEDNESDAY** | Cereals / ToastFresh Fruit | Chicken and Veg Pie served with green beans and gravy G,SYoghurtD | Fresh Fruit/Veg sticksMilk | Sandwiches with Ham, cheese and veg sticks G,D,Shomemade raisin and cinnamon biscuits G,E,S,So2 |
| **THURSDAY** | Cereals / ToastFresh Fruit | Fish cakes, vegetables and herby garlic potatoesG,FApple crumble and custardG,S | Fresh Fruit/Veg sticksMilk | Cheese and broccoli pasta bake G,D,SYoghurtD |
| **FRIDAY** | Cereals / ToastFresh Fruit | Chicken korma, rice and naan bread (M,G,D)Fresh fruit salad | Fresh Fruit/Veg sticksMilk | Homemade Vegetable soupWith a bread rollC,G,D,S Homemade scone G,E,D,S |

**Week 3**

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| --- | --- | --- | --- | --- |
| **Day** | **Breakfast** | **Dinner** | **Snack** | **Tea** |
| **MONDAY** | Cereals / ToastFresh Fruit | Beef chilli with riceHomemade Chocolate browniesG,E,S | Fresh Fruit/Veg sticksMilk | Tuna sweetcorn wraps with vegetable sticksG,E,FFresh fruit salad |
| **TUESDAY** | Cereals / ToastFresh Fruit | Fish fingers, wedges, and beansG,FSponge cake and custardG,E,S | Fresh Fruit/Veg sticksMilk | Tomato and vegetable pasta bakeG,D Bananas |
| **WEDNESDAY** | Cereals / ToastFresh Fruit | Sweet and sour chicken noodles G,E,SHomemade Banana muffins G,E,S | Fresh Fruit/Veg sticksMilk | Crumpet PizzasG,DFresh Fruit |
| **THURSDAY** | Cereals / ToastFresh Fruit | Chicken Fajitas with and a side of corn on the cobGFrozen Smoothie | Fresh Fruit/Veg sticksMilk | Jacket potato, cheese and beans.DPineapple fingers |
| **FRIDAY** | Cereals / ToastFresh Fruit | Tuna pasta bake with peasG,D,F,SYoghurtsD | Fresh Fruit/Veg sticksMilk | Homemade tomato soup and bread rollC,G,D,SFruit crumble and custardG,D,S |

**Week 4**

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| --- | --- | --- | --- | --- |
| **Day** | **Breakfast** | **Dinner** | **Snack** | **Tea** |
| **MONDAY** | Cereals / ToastFresh Fruit | Beef and vegetable stew and dumplingsG,SFruit salad | Fresh Fruit/Veg sticksMilk | Mediterranean pastaGhome baking Fruit Scones G,E,D,S |
| **TUESDAY** | Cereals / ToastFresh Fruit | Fish pie and sweetcornG,F,D,SRice pudding served with JamD | Fresh Fruit/Veg sticksMilk | Bagels with a choice of fillings G,D,SSYoghurtsD |
| **WEDNESDAY** | Cereals / ToastFresh Fruit | Cheese & onion pie, peas and new potatoesG,E,D,SMelon Fans | Fresh Fruit/Veg sticksMilk | Homemade chicken noodle soupG,E,Shome made bluberry muffins |
| **THURSDAY** | Cereals / ToastFresh Fruit | Chicken/Vegetable curry with riceC,G,D,MApple and blackberry crumbleG,D,S | Fresh Fruit/Veg sticksMilk | Beans and cheese on toastG,D,SFresh fruit |
| **FRIDAY** | Cereals / ToastFresh Fruit | Spaghetti bolognaise GFruity flap jacks G,So2 | Fresh Fruit/Veg sticksMilk | Jacket Potato with Tuna and sweetcorn fillingE,FYoghurtsD |