

SHIFTING SHADOWS

Supply list

Instructor: Helene Knott 503-631-8806 Email: helene.m.knott@gmail.com

Website: www.heleneknott.com

In this class you will learn how to make lovely value shifts while making a simple easy to piece quilt of half-square triangles using a 'cheater' piecing method. The class will start with a simple exercise to demonstrate the principle of high, medium, low and no contrast. These complex looking value shifts are actually very easy to apply and once you understand the mathematical formula you can apply value shifts to a wide range of quilt patterns by applying this principle. The finished quilt measures about 56" x 64" – a good size for a sofa throw, but can be made larger with additional borders or by increasing the size or number of blocks made. If you choose to alter the quilt size additional yardage will be needed.

Please be courteous to others by arriving for class with the correct supplies. Contact me at 503-631-8806 or helene.m.knott@gmail.com if you have any questions.

A Note to Students: Many students do not realize that once the teacher is paid, the shop offering a class makes little if any income on the class itself. The shop is relying on product sales to continue offering quality classes to you. Therefore, I urge you to patronize this shop when buying your supplies for this class as much as possible and remind you that big chain stores do not offer the variety of classes that the smaller shops do. Keep quilt classes alive by supporting this shop.

Thank you, Helene



TOOLS/MATERIALS:

- **Fabric:** Fine textured prints that read as a solid are the best choice for this quilt. You will need seven value 'steps' from light to dark of color 'A' and a very dark fabric of color 'B'. A value gray-scale has been provided in this supply list to help you choose your value steps. To use the scale, punch a small hole in the very center of each square on the scale with a paper punch and place it over the fabric you are considering, squint at it and if the fabric blends into the surrounding gray square, this is the correct value for that step. If you feel insecure about doing this yourself, you can wait to pick your fabric on the day of the class with the instructor's help.
 - **Color 'A'** – ½ yard each in seven steps from light to dark (NOTE: the darkest should be no darker than your color 'B').
 - **Color 'B'** – 1 ½ yards of a very dark color (needs to be as dark or darker than step #7)
 - **Narrow Border** – ½ yard in a color of your choice that shows well against colors 'A' & 'B'.
 - **Wide Border** – ¾ yard of a suitable border fabric.
- **Rotary cutter, mat and cutting ruler:** a medium to large cutting mat and a 6"x 24" **and** 8 ½" (or larger) squaring ruler (note: the squaring ruler is optional but if you have one you will be very glad because it makes squaring your blocks a snap)
- **Sewing machine with standard accessories**
- **Sewing Thread:** 100% cotton in a color suitable for your fabrics.
- **Chalk roller or white quilter's pencil**
- **Sewing pins**
- **Thread snips**
- **Glue stick**
- **Pattern:** Supplied in the class handout

