



BRITANNICA INTERNATIONAL SCHOOL, SHANGHAI

Britannica School Policy on exclusion periods for Contagious Disease

Updated September 2023

Contagious Disease	Exclusion period
Chickenpox	Student is excluded from school immediately on diagnosis and until all lesions have crusted, usually 7 days after onset of rash.
Conjunctivitis	Student is excluded from school for 24 hours after treatment has started and until after any discharge has ceased.
Hand foot and mouth disease	The exclusion time begins from when the student starts having symptoms/signs of HDMD and ends seven days after symptoms stop. Usually it is 14 days in total.
Head lice	The student is excluded until the student receives proper treatment and is cleared by the school nurse.
Influenza	Excluded until free of symptoms or fever-free for 48 hours without taking medication.
Measles	Excluded for a minimum of 5 days after appearance of rash
Mumps	Excluded for 14 days after onset of parotid gland swelling or until the parotid gland is normal.
Rubella	Excluded for 7 days after onset of rash.

Scarlet fever	Excluded for 7 days after onset of illness.
Streptococcal sore throat	Excluded until 24 hours after antibiotics are started.
Fever above 37.3 degrees Celsius	Excluded until Covid testing has taken place and negative results are received by the school

The exclusion period given is a minimum recommendation and applies only to uncomplicated cases of the disease. Diagnosis should always be made by a doctor.

Britannica School Policy on sending students back home due to suspected illness

If the school nurse diagnoses a student to be too unwell to attend classes, then the parents or guardians will be contacted and requested to take their child home. This is for the wellbeing of the students and to prevent contagion of disease.

The following symptoms below may warrant a child being sent home:

1. Fever: temperature of 37.3°C or higher.
2. Vomiting: Any kinds of pathological vomit (vomit for reasons other than an upset)
3. Diarrhoea: More than one watery stool in a 24-hour period, especially if the child acts or looks ill.
4. Chronic cough and/or runny nose.
5. Undiagnosed rash: body rash, especially with fever or itching.
6. Earache with fever.
7. Eye infection: Acute conjunctivitis or thick mucus or puss draining from eye.
8. Unusual appearance, behaviour as abnormally tired, pale, difficult to stand, confused or irritable.
9. Any kinds of **accident** needing emergency attention from a doctor.

