



# PRIMARY MENU | 5-12 years old

WEEK

40.

DATE

21.11.-25.11.2022

|                                     | MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY                                    | FRIDAY                                      |
|-------------------------------------|---|---|---|---|---|
| BRUNCH                              | apple, biscuits   | fresh vegetables with hummus                            | cooked egg, buttercream, baguette, fresh vegetables | banana, biscuits                            | home made sandwich with egg cream           |
| SOUP                                | Minestrone soup   | Onion cream soup with corn flakes                       | juice/water   | Chinese style sweet-n-sour soup             | juice/water                                 |
| MAIN COURSE 1.                      | Penne pasta with cheese cream and corn                                | Chicken meatloaf with potatoes and buttered green beans | Mexican chicken and rice plate                      | Egg barley with poultry, steamed green peas | Fish fingers with brown rice, buttered corn |
| MAIN COURSE 2.<br><i>Vegetarian</i> | Broccoli and cauliflower bites with potatoes and steamed baby carrots | Spaghetti with green pesto sauce                        | Polenta (corn) pizza with mexican style vegetables  | Broccoli in bechamel sauce, brown rice      | Vegan 'Brassói' with tofu and mushrooms     |

ENJOY YOUR MEAL!



## SECONDARY MENU | 13-18 YEARS OLD

WEEK

DATE

21.11.-25.11.2022

|                                     | MONDAY  | TUESDAY  | WEDNESDAY  | THURSDAY  | FRIDAY  |
|-------------------------------------|---|--|--|---|---|
| SOUP                                | Minestrone soup   | Onion cream soup with corn flakes                                  | juice/water  | Chinese style sweet-n-sour soup                   | juice/water   |
| MAIN COURSE 1.                      | Penne pasta with cheese cream and corn                                | Potato box with chicken, cheddar cheese sauce, steamed green beans | Chevap plate (chevap meat, pita bread, ajvar sauce, steak potato), fresh green salad | Quesadilla with french fries, steamed green beans | Roasted fish fillet with steamed couscous, fried vegetables |
| MAIN COURSE 2.<br><i>Vegetarian</i> | Broccoli and cauliflower bites with potatoes and steamed baby carrots | Spaghetti with green pesto sauce                                   | Polenta (corn) pizza with mexican style vegetables                                   | Broccoli in bechamel sauce, brown rice            | Vegan 'Brassói' with tofu and mushrooms                     |

ENJOY YOUR MEAL!