

 SECONDARY MENU 13-18 YEARS OLD			WEEK 1	DATE 01.29-02.02.	
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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	FALSE 'GOULASH' SOUP	ITALIAN TOMATO SOUP	MUSHROOM SOUP	MEXICAN VEGETABLE SOUP WITH TORTILLA CHIPS	POULTRY SOUP
MAIN COURSE 1.	BREADED CHEESE SLICES WITH STEAMED RICE & GREEN PEAS	MAC&CHEESE WITH PULLED POULTRY	MEAT BALLS IN TOMATO SAUCE AND BOILED POTATO	ROASTED TENDERLION WITH IN JUNIPER CHERRY SAUCE,CROQUET	SPAGHETTI BOLOGNESE WITH BUTTERED CORN
MAIN COURSE 2. <i>Vegetarian</i>	FALAFEL PLATE,FRIES,YOGHURT SALAD	SWEET-N-SOUR CAULIFLOWER WITH SESAME SEEDS & STEAMED BULGUR	EGGPLANT FILLED WITH CURRY LENTIL,JASMIN RICE	SPRING ROLL.GARDEN SALAD	SPAGHETTI WITH TOMATO SAUCE, BUTTERED CORN

ENJOY YOUR MEAL!