



Britannica International School
Budapest
an Orbital Education School



EXTRA-CURRICULAR ACTIVITIES

We offer a selection of clubs for both Primary & Secondary students

I N S P I R E · E X C E L · E X C E E D

Primary extra-curricular activities offered on **Mondays**

Ball games (football, rugby, rounders, netball) for Years 1 - 3 | after school | Free

Enjoy football? Love hockey? Interested in baseball? Really good at throwing and catching? Well the Ball Games club is for you! Join Mr Milburn for some exciting games and relax after a hard day's work.

Chinese for Years 1 - 6 | after school | 3.000HUF per session

Your chance to learn Chinese! Take a look at the flyer on page 8 for details!

Hungarian Story time for Years 1 - 2 | lunchtime | Free

Listening to folk tales in Hungarian and drawing/colouring related to the story. For advanced speakers of Hungarian.

iPad Movies for Years 3 - 6 | after school | Free

Join in the moviemaking and design fun! We will be using laptops and iPads to create short movies and pieces of art. We will experiment with Imovies, green screen, Boomerang and much more.

IT Club for Years 4 - 6 | after school | Free

Learn to use a variety of software and online tools including multimedia, and also extend your keyboard skills and your understanding of how computers function.

LEGO Club for Years 1 - 6 | after school | 2.500HUF per session

Play, create, develop, construct, bring to life, have fun! Learn 21st century InfoTech by playing with and building LEGO robots; enhancing creativity, innovative thinking, problem solving, teamwork and motivation.

Phonetics for Years 1 - 6 | after school | 15.000HUF per 4 sessions

In phonetics, the sounds that make up letters are taught in a fun way with lots of games and quizzes. This means that we do not teach children the alphabet, we teach them the letter sounds. This not only prepares them for reading and writing, but also helps them to pronounce words correctly by connecting the corresponding sounds. These 42 letter sounds are phonetic building blocks for children, taught with the right tools. These skills are called blending and segmentation. These are two of the five skills children need to master phonics.

Developmental areas:

In 1st, 8 sessions - LETTER SOUNDS, LETTER FORMATION.

In 2nd, 8 sessions - BLENDING, IDENTIFYING THE SOUNDS IN WORDS (SEGMENTING)

In 3rd, 8 sessions - TRICKY WORDS Please note: this club is for children who are struggling with language.

Swimming for Years 1 - 3 | after school | 4.000HUF per session

This club is for improving different swimming techniques and playing fun water games.

Talking & Drawing for Years 1 - 6 | after school | 6.000HUF per 30-minute session

Have you heard of Art Therapy? Take a look at the flyer at the back of the booklet for details!

Writer Workshop for Years 3 - 6 | after school | Free

A chance to get support with writing tasks and homework, as well as writing games and activities for keen authors.

Primary extra-curricular activities offered on Tuesdays

Arabic language for Years 2 - 6 | after school | 2500HUF per session

The Club is for students who are interested in learning about the arabic language. The language sessions will be taught at a beginner level, they will cover vocabulary and common sentence structures. Students of all age who are at a beginner level are welcome.

Artist Kids for Years 1 - 6 | after school | 15.500HUF per month (4 sessions)

Get to know the biggest painters and their artworks, be Picasso, Dali or even Frida! Let's discover together their secret life and the world of their multi coloured artwork. Use a scissor to cut, a brush to paint, attach parts together so you can enjoy creating in the great master's style and also get to enjoy the process, while learning about art and their many forms. Let's look the art through a different glass, on Rogers and Waldorf basis.

BrainOBrain for Years 1 - 6 | after school | 9.000HUF per session

Training cognitive and emotional intelligence. Mental calculation and brain teasing activities are the pillars of the BrainOBrain programme. The mental arithmetic training reinforces the use of the visual, auditory and kinesthetic sense while stimulating new neural connections in the children's brains. Scientific evidence suggests that the method has positive impacts on the level of attention, concentration and the working memory. Exercises to improve the emotional intelligence of children as well as neuro-linguistic programming elements are introduced in the program. Emotional intelligence shapes how children respond to everyday challenges. In addition to a better awareness of their feelings and a bigger importance of positive values, children learn to be more self-aware, confident and resilient.

Clever Kids for Years 1 - 4 | after school | 5.000HUF per session

Main goal is to inspire the children to be more creative and express themselves and in the same time to boost confidence, to develop fine motor skills, enhances self-expression, sharpens skills of decision making, enhances memory and visual learning, improves hand-eye coordination, etc. Activities include drawing, colouring, designing and crafting, making origami; colour, cut, glue, and finish the drawing, symmetrical drawing, as well as brain teasers, brain gym, brain games, memory games etc. We offer creative classes where the children can express their emotions and learn about EQ. Children will learn how to make mind maps while playing.

DCA Ballet & Dance for Years 1 - 4 | after school | 3.000HUF per session

Ballet technique is the foundation of all dances and is especially great for posture and grace. Ballet at DCA is full of imagery and magic that all children love!

Japanese Language & Culture for Years 4 - 6 | after school | 2.800HUF per session

This club is for students who are interested in learning about the language and culture of Japan. Language sessions will be taught at a beginner level, and they will cover vocabulary and common sentence structures. We'll also learn about Japanese traditions and popular culture through a variety of media.

Library Fans Club for Years 3 - 6 | after school | Free

Learn about and assist in everything related to the Library: systematisation, hand-crafting, reading etc

Origami for Years 1 - 3 | lunchtime | Free

Origami is the traditional art of paper folding, originating from Japan. Learn the art of origami to create beautiful shapes, animals and complex pieces of art for display.

Primary extra-curricular activities offered on Tuesdays

Sewing & Baking for Year 6 | after school | 4.500HUF per session

Learning how to set up and use the sewing machine , make and sew some useful items . Baking and decorating cupcakes, tray bakes and more.

Sports Selection for Years 2 - 6 | after school | 30.000HUF per semester

Sports selection course for kids Y2-Y6, adding more after school sporting possibilities. During the club the kids will have the chance to try themselves in football (soccer), badminton, handball, basketball, floorball, athletics, gymnastics and they can even have a look into the basics of martial arts. The coach makes sure that they end the day with a healthy bout of exercise and fun.

Story Reading for Years 1-2 | after school | 10.000HUF per 4 session

Children are born forward thinkers who love to think outside the box. But it can be challenging to improve their cognitive skills by challenging them to step by step. Quizzes, puzzles, and lots of other fun games that stimulate their minds are what MollyCuddle is all about.

Developmental areas: language development, cognitive skills, social skills, overcoming fear of public speaking, improving attention span, encouraging curiosity, gross motor skills, sensory development, hand-eye coordination, sportsmanship, overcoming fears, boosting self-confidence, improving concentration and memory, training discipline and reducing impulsivity.

Talking & Drawing for Years 1 - 6 | after school | 6.000HUF per 30-minute session

Have you heard of Art Therapy? Take a look at the flyer at the back of the booklet for details!

Primary extra-curricular activities offered on Wednesdays

Art Club for Years 2 - 4 | after school | Free

The Art Club allows pupils with a shared interest in art to gather and create art. Pupils explore different media such as paint, water colour, oil pastels and mixed media. Come and join the art club if you want to improve your creativity and self-expression.

Basketball for Years 5 - 6 | after school | Free

A chance to have some fun, improve your basketball skills and learn some exciting new games to use for the playground.

Board Games & Chess for Years 3 - 6 | after school | Free

For the Master or complete beginner. Learn to think ahead, problem solve and the fun of competing with friends, old and new.

Eco Warriors for Years 1 - 6 | after school | Free

This club is to help inform children of the importance of taking care of our earth and environment. We will investigate strategies to keep our school clean and green.

Mastermind Pilgrim for Years 1 - 2 | after school | 10.000HUF per 4 sessions

Children are born forward thinkers who love to think outside the box. But it can be challenging to improve their cognitive skills by challenging them step by step. Quizzes, puzzles, and lots of other fun games that stimulate their minds are what MollyCuddle is all about.

Developmental areas: language development, cognitive skills, social skills, overcoming fear of public speaking, improving attention span, encouraging curiosity, gross motor skills, sensory development, hand-eye coordination, sportsmanship, overcoming fears, boosting self-confidence, improving concentration and memory, training discipline and reducing impulsivity

Swimming for Years 4 - 6 | after school | 4.000HUF per session

This club is for improving different swimming techniques and playing fun water games.

Talking & Drawing for Years 1 - 6 | after school | 6.000HUF per 30-minute session

Have you heard of Art Therapy? Take a look at the flyer at the back of the booklet for details!

Yogabugs for Years 2 - 5 | lunchtime | Free

This club can help counter the stress experienced by little ones living in a fast-paced world. Yoga also helps to cultivate increased self-esteem, self-confidence, and empathy within kids, which translates to more positive relationships with others.

Primary extra-curricular activities offered on Thursdays

Booming Artistic Authors for Years 3 - 4 | after school | 12.000HUF per 4 sessions

Every child is a storyteller, but putting their story together is an art. MollyCuddle supports children with diverse and creative tools to nurture their imaginations and help them freely express their thoughts and images. Through storytelling, children learn to come out of their shell and give free rein to their feelings and thoughts, expanding their language and cognitive skills. In this way, children can expand their knowledge of the world by listening to other children, teaching them patience, and being good listeners.

Making up stories is always fun when done with children. Listening to stories followed by an art activity is very entertaining and will pay off in the end.

When the story is read aloud and the children add their comments and suggestions, it is finished with a craft. Developmental areas: language development, cognitive skills, social skills, overcoming fear of public speaking, emotional development, improving attention span, encouraging curiosity, attention, gross motor skills, sensory development, hand-eye coordination, sportsmanship, overcoming fears, increasing self-confidence, improving concentration and memory, training discipline and reducing impulsivity.

BrainOBrain for Years 1 - 6 | after school | 9.000HUF per session

Training cognitive and emotional intelligence. Mental calculation and brain teasing activities are the pillars of the BrainOBrain programme. The mental arithmetic training reinforces the use of the visual, auditory and kinesthetic sense while stimulating new neural connections in the children's brains. Scientific evidence suggests that the method has positive impacts on the level of attention, concentration and the working memory. Exercises to improve the emotional intelligence of children as well as neuro-linguistic programming elements are introduced in the program. Emotional intelligence shapes how children respond to everyday challenges. In addition to a better awareness of their feelings and a bigger importance of positive values, children learn to be more self-aware, confident and resilient.

Choir for Years 3 - 6 | after school | Free

The Choir is intended to help students who are serious about singing to further develop their talents and their specific voices. They will perform several times throughout the school year at school events. Students who choose to join the club will learn the basic skills of singing, playing and reading music, developing song repertoire, broadening listening skills and experiencing the interrelated nature of music with other cultures.

Clever Kids for Years 1 - 4 | after school | 5.000HUF per session

Main goal is to inspire the children to be more creative and express themselves and in the same time to boost confidence, to develop fine motor skills, enhances self-expression, sharpens skills of decision making, enhances memory and visual learning, improves hand-eye coordination, etc. Activities include drawing, colouring, designing and crafting, making origami; colour, cut, glue, and finish the drawing, symmetrical drawing, as well as brain teasers, brain gym, brain games, memory games etc. We offer creative classes where the children can express their emotions and learn about EQ. Children will learn how to make mind maps while playing.

Gardening Club for Years 1 - 6 | after school | Free

The aim of this club to learn basic gardening and to create a positive and warm atmosphere around school. It also helps young learners to relax and build relationships with other students.

Primary extra-curricular activities offered on **Thursdays**

Karate for Years 1 - 4 | after school | 40.000HUF per semester

Learn the basics of Karate and have fun! Our classes involve: culture and history of Karate, basic techniques, improving strength and coordination, and a lot of games! At the end of the semester the kids can step to the next level on a belt exam!

Sewing & Baking for Year 6 | after school | 4.500HUF per session

Learning how to set up and use the sewing machine , make and sew some useful items . Baking and decorating cupcakes, tray bakes and more.

Swimming & Water Games for Year 6 | after school | Free

We will play different fun games, waterpolo; and also master the technique of the strokes.

Talking & Drawing for Years 1 - 6 | after school | 6.000HUF per 30-minute session

Have you heard of Art Therapy? Take a look at the flyer at the back of the booklet for details!

Yoga for Years 1 - 4 | after school | Free

This club can help counter the stress experienced by little ones living in a fast-paced world. Yoga also helps to cultivate increased self-esteem, self-confidence, and empathy within kids, which translates to more positive relationships with others.

Primary extra-curricular activities offered on **Fridays**

BrainOBrain for Years 1 - 6 | after school | 9.000HUF per session

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Booming Artistic Authors for Years 5 - 6 | after school | 12.000HUF per 4 sessions

Every child is a storyteller, but putting their story together is an art. MollyCuddle supports children with diverse and creative tools to nurture their imaginations and help them freely express their thoughts and images. Through storytelling, children learn to come out of their shell and give free rein to their feelings and thoughts, expanding their language and cognitive skills. In this way, children can expand their knowledge of the world by listening to other children, teaching them patience, and being good listeners.

Making up stories is always fun when done with children. Listening to stories followed by an art activity is very entertaining and will pay off in the end.

When the story is read aloud and the children add their comments and suggestions, it is finished with a craft.

Developmental areas: language development, cognitive skills, social skills, overcoming fear of public speaking, emotional development, improving attention span, encouraging curiosity, attention, gross motor skills, sensory development, hand-eye coordination, sportsmanship, overcoming fears, increasing self-confidence, improving concentration and memory, training discipline and reducing impulsivity.

Crochet club for Years 4 - 6 | lunchtime | Free

Learning basic amigurumi crochet and creating little creatures with hook and yarn.

HOFPRO Football for Years 2 - 6 | after school | 2.200HUF per session

Fun sessions of football training and matches with all children who want to play, boys and girls, skilled or not so skilled (yet). Please, note the club currently running on Thursdays until April.

Homework Club for Years 1 - 6 | after school | Free

This is an opportunity for students to have a teacher on hand to help them with their homework.

Mandala coloring for Years 1 - 6 | after school | Free

The art of colouring has the ability to relax the brain. It induces the same state as meditating by reducing the thoughts of a restless mind. This generates mindfulness and quietness, which allows the mind to get some rest after a long day.

Talking & Drawing for Years 1 - 6 | after school | 6.000HUF per 30-minute session

Have you heard of Art Therapy? Take a look at the flyer at the back of the booklet for details!



您好，中文！ Hello, Chinese

我来了！

I' m coming!

中文学习课程设置：

通过调查问卷，我们可以把孩子们分成两个班组，中文零基础班和中文初级班。针对这两个班组我们设置了如下课程：

一、中文零基础班课程：

1. 国学经典《千字文》（目标：认读汉字、学习中国文化）
2. 现代汉语趣味绘本阅读（增进中文学习兴趣）

二、中文初级班：

学习国学经典《笠翁对韵》《唐诗三百》

（目标：增加识字量、初级汉字书写、学习中国文化）

现代汉语趣味阅读与思维

Chinese learning courses:

Through the questionnaire, we can separate the children into two groups, one is the zero basic Chinese class for beginners and another is the elementary Chinese class.

We set up the following courses for these two classes:

Chinese Zero Basic Class:

1. Chinese classics "Thousand Characters" (Target: Recognise and read Chinese characters and Chinese culture learning)
2. Modern Chinese interesting picture book reading (Target: enhancing Chinese learning interest)

Chinese Elementary Class:

1. Learn Chinese classics "Li Weng's Pair Rhyme" and "Three Hundred Tang Poems" (Target: Increase literacy, basic words writing and Chinese culture learning)
2. Modern Chinese - Interesting Reading and Thinking in Modern Chinese

Your best quote that reflects your approach... "It's one small step for man, one giant leap for mankind."

- NEIL ARMSTRONG

Secondary extra-curricular activities offered on **Mondays**

Be a Journalist for Years 7 - 13 | after school | Free

Whether your interest is in writing, investigation, or photography, you can develop your skills and contribute to the brand new school newspaper.

Book Club for Years 7 - 13 | after school | Free

Let's get together to read a variety of books of your choice! We will select novels that interest you and discuss our opinions on them.

Chinese for Years 7 - 9 | after school | 3.000HUF per session

Your chance to learn Chinese! Take a look at the flyer on page 8 for details!

Italian for Years 7 - 13 | after school | Free

Ciao! Do you like Italy and the sound of Italian language, are you interested in their culture and love their food? :) Then join the Italian club where you can start to learn this beautiful language enriched with some cultural and gastronomic curiosities!

Orchestra for Years 7 - 13 | after school | Free

Come and learn to play a variety of instruments, a range of music from different genres and prepare to perform as an ensemble for special events. Want to learn to play music you like? Making music is for you!

MUN - Model United Nations for Years 7 - 13 | after school | Free

Join Model United Nations to step into the shoes of a diplomat, work collectively to solve real world issues, and potentially participate in conferences locally and worldwide.

Photography for Years 7 - 13 | after school | Free

Explore various aspects of photography. Open to secondary students.

Sign Language for Years 7 - 13 | after school | Free

Introduction to British sign language.

Student Newspaper for Years 7 - 13 | after school | Free

Think of and create the first Britannica Times Newspaper by covering issues and topics pertaining our school and the school community. Investigate areas of interest and put your ideas on the school newspaper.

Student Podcast for Years 7 - 13 | after school | Free

Preparing a weekly podcast from students to students!

Talking & Drawing for Years 7 - 13 | after school | 6.000HUF per 30-minute session

Have you heard of Art Therapy? Take a look at the flyer at the back of the booklet for details!

University Preparation for Years 11 - 13 | after school | Free

Activities that promote presentation, speaking skills paired with presentation on relevant contemporary topics in various fields of academic research.

Volleyball for Years 7 - 9 | after school | Free

Starting from 25th April!

Yoga for Years 7 - 13 | after school | Free

Introduction to yoga - all levels welcome! Come to relax and destress by learning a variety of stretching and breathing techniques.

Secondary extra-curricular activities offered on **Tuesdays**

Arabic language for Years 7 - 13 | after school | 2500HUF per session

The Club is for students who are interested in learning about the arabic language. The language sessions will be taught at a beginner level, they will cover vocabulary and common sentence structures. Students of all age who are at a beginner level are welcome.

BrainOBrain for Years 7 - 9 | after school | 9.000HUF per session

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Eco Club and Gardening for Years 7 - 13 | lunchtime | Free

The Eco-friendly ECA aims to lead the school on a greener path with activities such as organising events, campaigns, but also having concrete impacts in everyday life.

Japanese Language & Culture for Year 7 | after school | 2.800HUF per session

This club is for students who are interested in learning about the language and culture of Japan. Language sessions will be taught at a beginner level, and they will cover vocabulary and common sentence structures. We'll also learn about Japanese traditions and popular culture through a variety of media.

Sewing & Baking for Years 7 - 8 | after school | 4.500HUF per session

Learning how to set up and use the sewing machine, make and sew some useful items. Baking and decorating cupcakes, tray bakes and more.

Talking & Drawing for Years 7 - 13 | after school | 6.000HUF per 30-minute session

Have you heard of Art Therapy? Take a look at the flyer at the back of the booklet for details!

Secondary extra-curricular activities offered on Wednesdays

Art Club for Years 7 - 13 | after school | Free

Students will use a variety of media to improve and explore their artistic skills.

Board Games for Years 7 - 13 | after school | Free

Come and play board games that will allow you to dominate the planet. We will mostly play 4 X games, expansion, exploitation, exploration and extermination. Games include Risk (Lord of the rings), Game of thrones and Eclipse. However when you are tired of destroying your enemies we can play some scrabble and various card games.

Chess Club for Years 7 - 13 | after school | Free

Open to complete beginners or more advanced players. At chess club you can learn, develop or simply play against other chess enthusiasts!

Critical Thinking for Years 7 - 13 | after school | Free

Open to all students but most appropriate for Y12/13 hoping to study Medicine or Law. Critical thinking is a set of skills that help you to reflect about reasoning. It means looking for both strengths and weaknesses in reasoning. It looks at how conclusions are drawn from claims to make arguments.

Debate Club for Years 7 - 13 | after school | Free

Students will debate a wide range of issues, considering contrasting perspectives and learning how to build and develop argumentative points.

Design Club for Years 7 - 13 | after school | Free

Students will think about how to design apps that help users achieve goals such as to eat less meat or to recycle more. We will think about target audiences, how to engage users and what the app might look like.

Duke of Edinburgh's Award for ages 14+ | after school | 30.000 - 40.000HUF

Do something new! The Duke of Edinburgh Award is an internationally recognised award that allows you to develop and build new skills. There are 3 sections: Bronze, Silver and Gold. Each section involves completing a variety of activities (skill, physical, volunteer) over a set period of time, as well as planning and completing an adventurous journey. The minimum age to join at Bronze level is 14. There is an enrollment fee for this ECA:

Bronze - 30.000HUF

Silver - 35.000HUF

Gold - 40.000HUF

Please note! The DoE is currently full, you can sign up to the waiting list!

Mountain Biking for Years 7 - 13 | after school | Free

Love all things cycling? Want to explore Budapest's best trails and keep fit after school? Then join Britannica's Cycling/Mountain Biking Club! We will be heading out after school on Wednesdays to share our love of cycling and enjoy the beautiful scenery that Budapest has to offer. We will accommodate all levels and abilities to make sure that everyone at Britannica can enjoy the thrill of two wheels. Come and have a go!

Origami for Years 7 - 13 | after school | Free

Origami is the traditional art of paper folding, originating from Japan. Learn the art of origami to create beautiful shapes, animals and complex pieces of art for display.

Talking & Drawing for Years 7 - 13 | after school | 6.000HUF per 30-minute session

Have you heard of Art Therapy? Take a look at the flyer at the back of the booklet for details!

Wharton Global High School Investment Competition for ages 14+ | after school | Free

Interesting in investment and finance? Then join the Wharton Global High School Investment Competition! Competitors will learn about and design a long term portfolio investment strategy for their client and live trade stocks and shares using a virtual pot of money over a 10 week period.

Secondary extra-curricular activities offered on Thursdays

BrainOBrain for Years 7 - 9 | after school | 9.000HUF per session

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Eco Club and Gardening for Years 7 - 13 | lunchtime | Free

The Eco-friendly ECA aims to lead the school on a greener path with activities such as organising events, campaigns, but also having concrete impacts in everyday life.

Media Club for Years 7 - 13 | after school | Free

Sound and video editing - come and have a taster of making interviews, editing them as well as preparing fun videos using different techniques. Don't forget your phone!

Talking & Drawing for Years 7 - 13 | after school | 6.000HUF per 30-minute session

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Sewing & Baking for Year 6 | after school | 4.500HUF per session

Learning how to set up and use the sewing machine, make and sew some useful items . Baking anddecorating cupcakes, tray bakes and more.

Swimming & Water Games for Year 7 - 13 | after school | Free

We will play different fun games, waterpolo; and also master the technique of the strokes.

Secondary extra-curricular activities offered on Fridays

BrainOBrain for Years 7 - 9 | after school | 9.000HUF per session

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Talking & Drawing for Years 7 - 13 | after school | 6.000HUF per 30-minute session

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DANCE CRAZE

A C A D E M Y

"Everyone's a Star"



 **TRIAL LESSONS THIS WEEK! CALL NOW!** 



Ballet
Combo
Acro - Dance

Drama &
Musical Theatre

Monday
Tuesday

Friday
Saturday

✉ sandra@dancecrazeacademy.com

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Have you heard of art therapy?

There is the so-called Drawing and Talking Therapy on which I have been trained and I practice with great pleasure.



Do you know that our hand can not be censored as much as our language and our mind? That what you capture on paper, in any way - you do not need to have artistic skills - is what is inside you? What you feel, what you once felt, what you think.

This trip is magical. Through your artwork, you learn a lot more than just talking. Through the stages of drawing talking play therapy, serials drawings move from reflecting the child's inner world, to struggling emotions, to finally a sense of mastery and worth. Drawings can provide a vehicle for children to explore their external world and to discover their coping skills and abilities. Through the use of drawings, children can communicate complex ideas and messages that would otherwise be impossible due to lack of vocabulary.

Do you have any questions?

Here is my contact:

Evgenia Videnmaier-Zink

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Mindset Coach, Drawing & Talking Practitioner*

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