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Contents & Introductions

Welcome to the Pod Squad Activity Book! This booklet is full of fun whale-themed activities that you can complete individually or with your friends, family or classmates.

After you've worked through this booklet, we hope you'll pledge to join the Pod Squad; a community of ocean loving kids, who are passionate about whales, dolphins and porpoises and the conservation of our oceans!





Thank you to Tesco Stronger Starts for the funding of our Pod Squad project! Tesco Stronger Starts supports thousands of local community projects and good causes across the UK.

https://tescostrongerstarts.org.uk



Whales, dolphins and porpoises are incredible! They are huge, acrobatic, clever and beautiful.

Whales, dolphins and porpoises (known collectively as cetaceans) are mammals (just like humans!). They breathe air, give birth to live young, the young suckle milk from their mothers, and they are warm blooded.

Cetaceans can be split into two groups; those with teeth and those without teeth!

All porpoises and dolphins have teeth, which they use for grabbing large prey like fish and squid. They do not chew their food, but swallow their prey whole! Some whales, like the sperm whale, have teeth.

But most whales do not have teeth, they have baleen. Baleen is made out of keratin, the same material as our hair and fingernails. Brush-like layers of baleen hang from a whale's top jaw.

- 1) Whales will open their huge mouths to catch lots of small prey; like krill (tiny shrimplike creatures). They have muscles in the skin from their chin to their belly button, which can relax and open up like a huge parachute to engulf huge amount of prey-filled water
- 2) After catching lots of prey in their mouth, they close their mouth
- 3) The whale then uses its tongue to push the seawater out of their mouth (they don't want to swallow it!)
- 4) The baleen is used like a sieve to trap the prey in their mouth, but the seawater is pushed out
- 5) The whale then swallows all the prey!

Did you know?

The largest whale is the blue whale, growing up to 33m long! That's the same size as three double-decker buses

Orcas are not whales - they are the largest species of dolphin

The sperm whale has the largest brain of any animal, and their teeth can be as large as a brick

Porpoises have spade-shaped teeth, but dolphins have sharp cone-shaped teeth



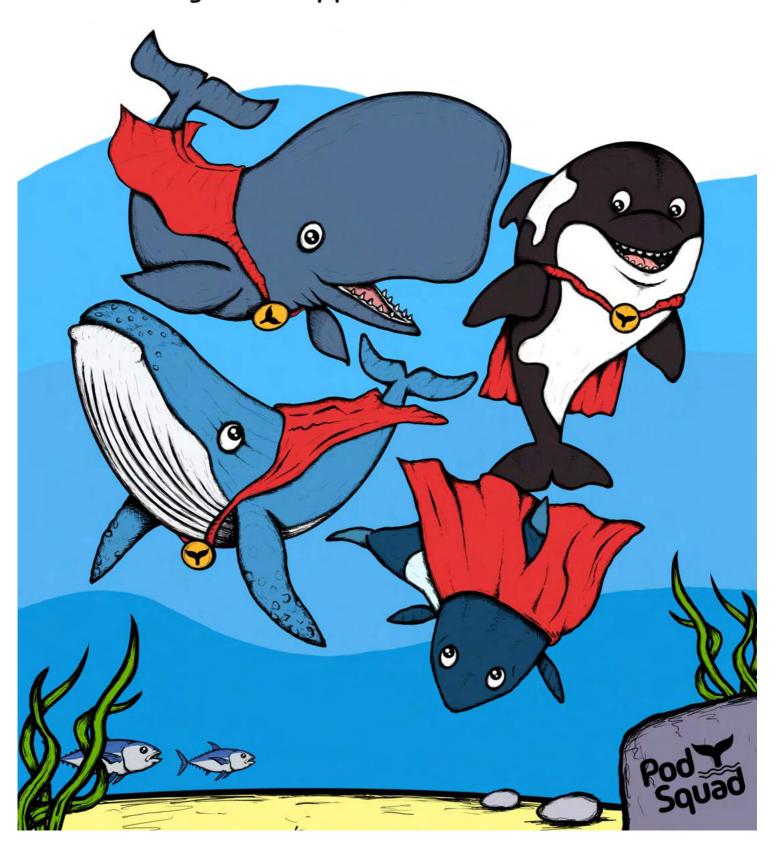






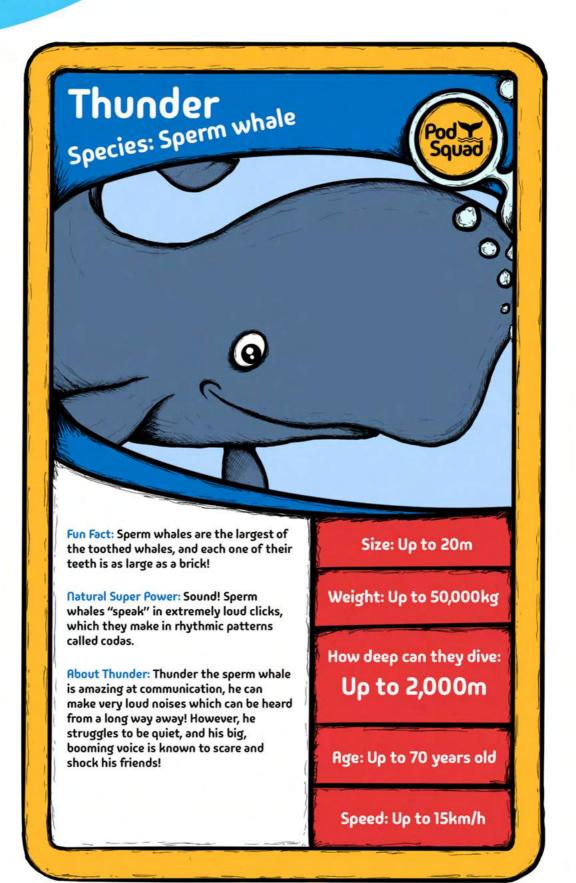
Meet the Pod Squad

The Pod Squad are a team of ocean superheroes who work together to help protect all creatures in the ocean!

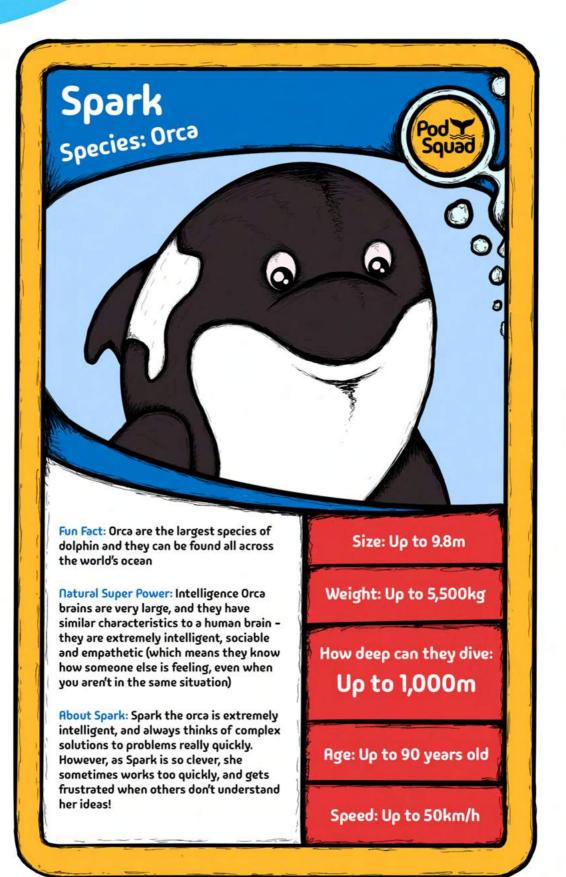




Name: Thunder

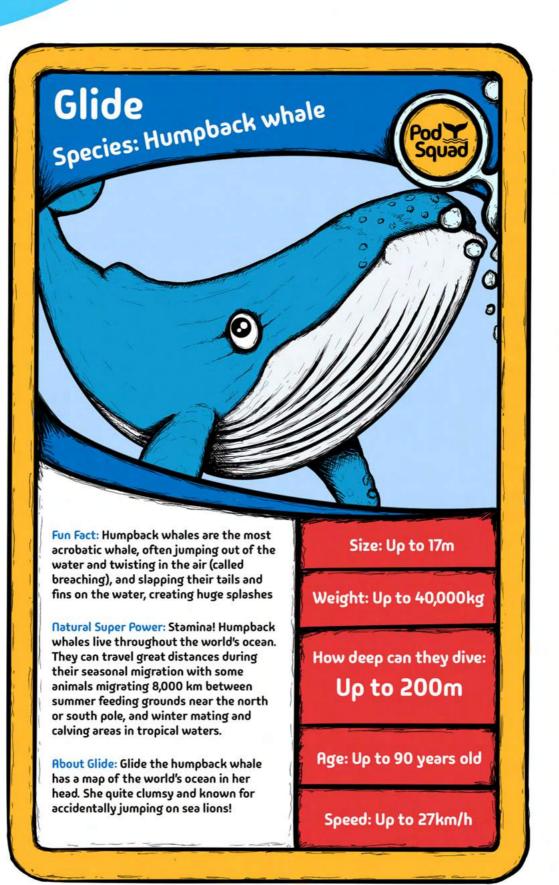




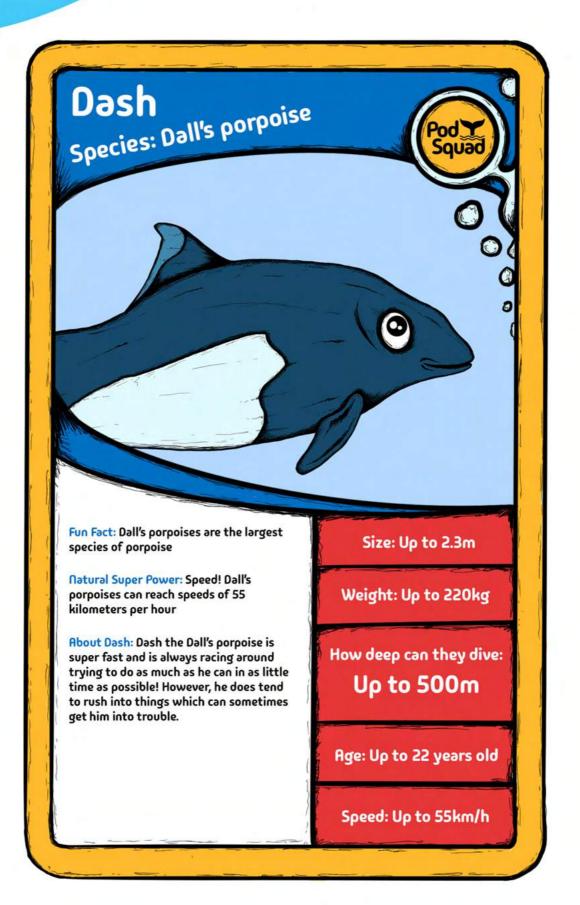




Name: Glide



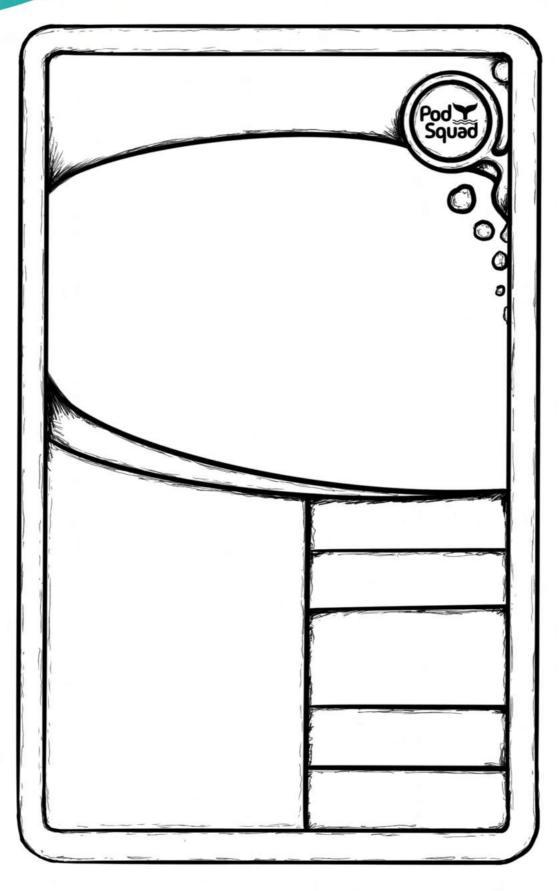




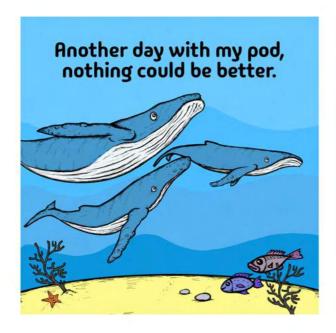


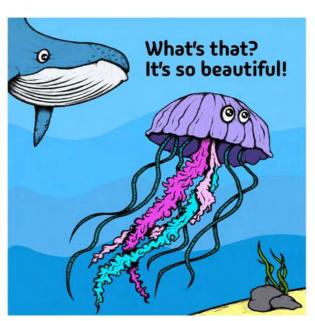
Design your own Pod Squad Character

Research a species of cetacean and create your own Pod Squad character! Fill in their own Fact File and what is their natural superpower?









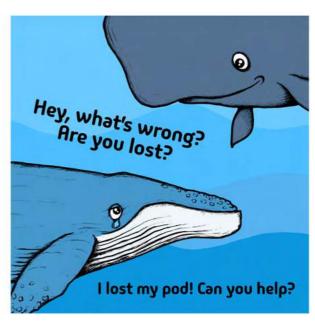


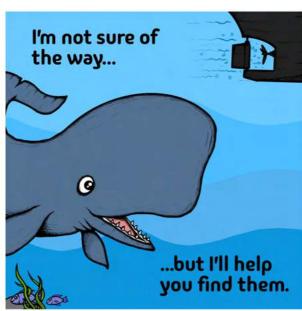


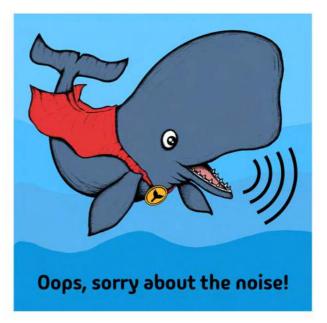
Glide the humpback whale gracefully swims alongside her pod, their sleek bodies cutting through the deep blue ocean. Mesmerised by the glowing display of a bioluminescent jellyfish, Glide veers off course. Realising her mistake, Glide turns back towards her pod, but to her dismay, she finds herself all alone...











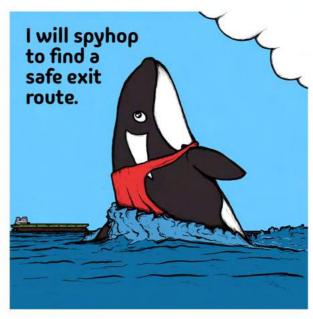
Panic sets in as Glide discovers herself in the midst of a bustling shipping lane. Thunder the sperm whale, drawn by Glide's distressed cries, emerges from the depths to investigate. With a deep breath, he prepares to utilise his powerful voice to call for help. Thunder's booming calls reverberate through the water, startling Glide.





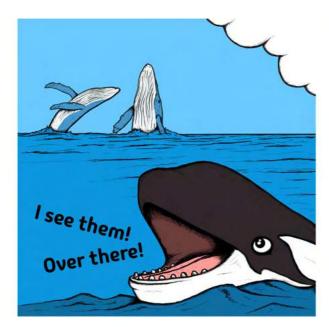






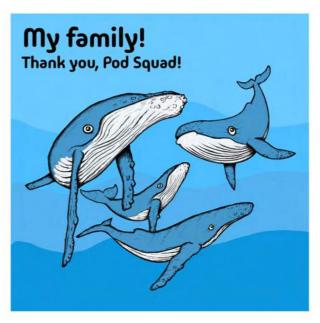
Responding to Thunder's call, Dash the Dall's porpoise arrives swiftly on the scene. Dash conducts a rapid search of the area. After a brief exploration, he encounters Spark the orca. Drawing on Spark's intellect, the Pod Squad devises a plan to locate Glide's family and identify a safe route out of the shipping lane.











With Spark's guidance, the Pod Squad identifies a safe path through the shipping lanes, charting a course that will lead Glide back to her family. With the plan in place, Dash races ahead to inform Glide's family of their impending reunion. Through their teamwork and ingenuity, the Pod Squad overcomes the challenge of noise pollution and busy shipping lanes.



Write your own Pod Squad Story

Submit yours (either individually or as a class) and you could win a cuddly orca! Your story might also feature in our next Pod Squad comic!



Pod Squad Word Search

Find the names of the Pod Squad team!

												m	2
Н	F	E	n	P	0	D	n	Н	I	L	J	В	S
S	Z	G	U	L	В	L	R	F	L	Н	P	C	R
Н	Н	E	G	X	Н	U	m	P	В	A	C	K	Q
F	T	Y	U	L	C	E	T	A	C	E	A	n	P
T	P	ν	1	Н	1	E	0	R	U	C	E	Y	В
F	0	Q	I	n	Q	D	Y	T	E	E	T	Н	A
D	R	R	0	Н	T	I	E	Z	G	E	W	T	L
U	P	L	C	P	n	S	P	S	X	F	Н	W	E
Z	0	T	E	A	W	K	Z	Y	1	C	A	L	E
T	1	C	A	D	T	n	R	D	D	X	L	X	n
W	S	K	n	Y	E	Н	Z	A	S	W	E	Q	m
J	E	V	S	V	m	Y	D	0	L	P	Н	I	n
T	Н	U	n	D	E	R	L	S	D	A	S	Н	Z
F	Н	S	V	T	n	K	S	W	n	Q	G	W	P

Dash, Glide, Thunder, Cetacean, Ocean, Pod, Baleen, Teeth, Porpoise, Dolphin, Whale, Orca, Humpback

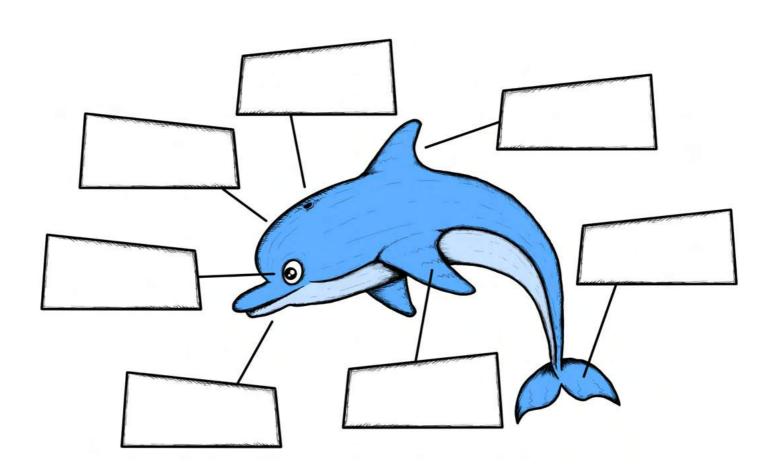


Which name is missing?



Parts of a Dolphin

Welcome, explorers! Let's explore dolphin anatomy. Label what you see as we uncover the wonders of these ocean athletes.



Can you find...

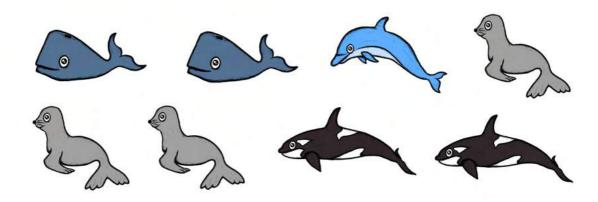
Dorsal fin Pectoral fin Blowhole

Eye Flippers Melon Beak

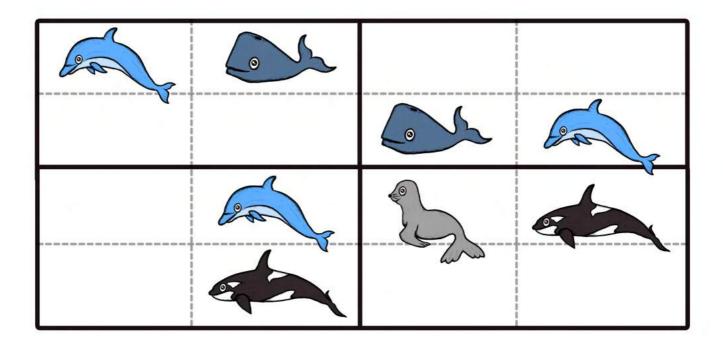


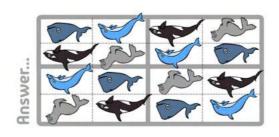
Pod Squad Sudoku

Cut out the animal icons below. Place the animals in a square so that no row, column or group of 4 squares has the same animal more than once!



If you don't want to cut them out, you could draw the animals in the box instead.







Whale Blows

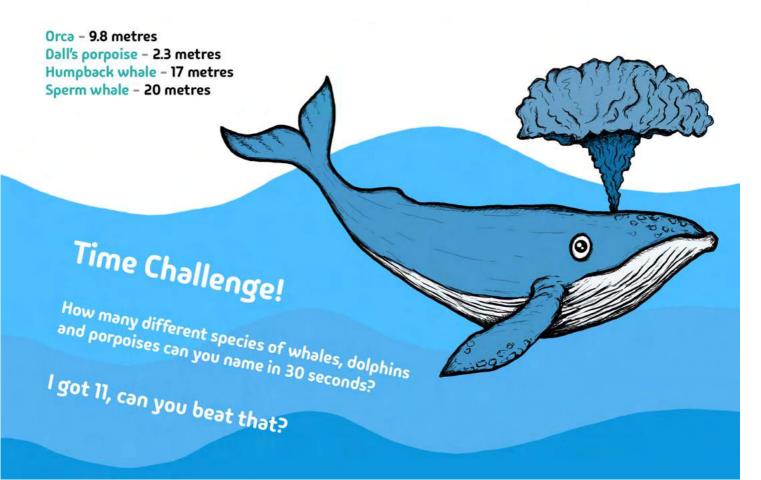
Baleen whales have two blowholes on top of their heads. This is their nose! When whales breathe out, water vapour (and snot!) shoots out of their blowholes. The shoot of water coming out of a whale's blowholes is called a blow. Different species of whales have different shaped blows.

Can you do your best whale blow impression?

Fin whale - Tall, straight blow Humpback whale - bushy blow that looks like the shape of a mushroom North Atlantic right whale - V shaped blow Blue whale - HUGE, straight blow

Measuring Giants

For this activity, you'll need at least two people and a tapemeasure! Using a measuring tape, measure out the lengths below for each member of the Pod Squad.



Thank you!

As you continue your adventures, remember that every action, no matter how small, can make a big difference in protecting our oceans and the magnificent creatures that call it home.

Whether it's reducing plastic use, supporting marine conservation efforts, or spreading awareness, you have the power to create positive change.



