# Muscle deposition confirms efficacy of L-Selenomethionine 

Se compounds can be distinguished on the basis of their bioavailability in the animal. Compounds that are highly bioavailable are able to be deposited efficiently in the muscle and increase the selenium status of animals to such an extent that, under challenging conditions, they are able to withstand the challenges brought forth by increased oxidation and free radicals.

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Poultry that are not able to withstand oxidative stress will inevitably show negatively affected immunity, growth, feed efficiency, fertility, hatchability and egg production. The selenium source known for its high bioavailability is L-Selenomethionine (L-SeMet). It is the only selenium source that can be directly build into animal proteins. This is possible due to the fact that the protein production apparatus does not distinguish between L-methionine and L-SeMet. Because of this 'ready-to-be-build-in' ability, the compound L-SeMet is up to $100 \%$ bioavailable and shows therefore the highest efficacy. What about the efficacy of other selenium sources?

Figure 1 - Se deposition in broiler muscle (d14).


Source: Van Beirendonck et al. 2018, p<0.05

## Deposition in broiler muscle

The efficacy of 4 different selenium sources on the deposition of selenium in broiler muscle tissue were compared in an in vivo trial at KU Leuven, Faculty of Engineering Technology (Geel, Belgium). Results are presented in Figure 1.
In this trial male broilers were fed one of five treatment starter diets. All treatments had 4 pens with 5 animals per pen.

- Treatment 1 was supplemented with $0.2 \mathrm{mg} / \mathrm{kg}$ total Se from sodium selenite (SS).
- Treatment 2 and 3 were supplemented with LSeMet (Excential Selenium4000, Orffa Additives BV, The Netherlands) at a dosing of 0.2 and 0.16 $\mathrm{mg} / \mathrm{kg}$ total selenium, providing $0.2 \mathrm{mg} / \mathrm{kg}$ Se and $0.16 \mathrm{mg} / \mathrm{kg}$ Se in the form of L-SeMet respectively.
- Treatment 4 was supplemented with $0.2 \mathrm{mg} / \mathrm{kg}$ total Se in the form of hydroxy-selenomethionine (OH-SeMet), which provides respectively 0.0 $\mathrm{mg} / \mathrm{kg}$ total Se in the form of L-SeMet to the diet.
- Treatment 5 was supplemented with $0.2 \mathrm{mg} / \mathrm{kg}$ total Se in the form of a Se-yeast, which resulted in a supplementation of 0.058 mg Se in the form of L-SeMet/kg (only $29 \%$ of the total Se was present in the form of L-SeMet; EU legislation requires a minimum of $63 \%$ ).
In treatment 3 the dosage of $0.16 \mathrm{mg} / \mathrm{kg}$ Se in the form of L-SeMet was chosen, as it was hypothesised that the relative utilisation of OH -SeMet (treatment 4) should reach approximately 80\% compared to LSeMet.


## Sample analysis

Representative samples of the left breast of 3 broilers per pen were taken on d 14 and analysed for Se content by ICP-MS at the university of Ghent, Belgium. Results show a Se content in broiler muscle for treatment 1 (SS) of $93 \mu \mathrm{~g} / \mathrm{kg}$ Se. The SeYeast showed $101 \mu \mathrm{~g} / \mathrm{kg}$ Se. Treatment 2 and 3 (Exc. Seleni um4000) showed the highest Se content in muscle with $263 \mu \mathrm{~g} / \mathrm{kg}$ Se and $225 \mu \mathrm{~g} / \mathrm{kg}$ Se, respectively. Treatment 4 showed a comparable Se content as treatment 3, OH-SeMet, and 16\% lower than treatment 2, Exc. selenium4000 at 0.2 ppm Se. Exc. selenium 4000 at 0.2 ppm Se was the only compound able to maintain the selenium status observed at the
start. The observed lower efficacy (-16\%) of $\mathrm{OH}-\mathrm{Se}-\mathrm{Met}$ compared to Exc. Selenium 4000 confirms previous findings by Rovers et al. 2016 (abstract WPC). In this earlier trial, 3 different commercially available Se products were incorporated (Figure 2).

- Treatment 1 was supplemented with $0.2 \mathrm{mg} / \mathrm{kg}$ total Se from sodium selenite (SS).
- Treatment 2 was supplemented with L-SeMet (Excential Selenium4000, Orffa Additives BV, The Netherlands) at a dosing of $0.2 \mathrm{mg} / \mathrm{kg}$ total selenium.
- Treatment 3 was supplemented with $0.2 \mathrm{mg} / \mathrm{kg}$ total Se in the form of OH -SeMet. Representative samples of the breast were taken on d 7 and analysed for Se content by ICP-MS at the university of Ghent, Belgium. Also here the $\mathrm{OH}-\mathrm{SeMet}$ treatment showed a lower Se deposition then the Exc. Selenium4000 treatment. The difference in deposition was $15 \%$.


## Relative utilisation of L-methionine and its hydroxy analogue

EFSA (European Food Safety Authority) states that the relative utilisation of the hydroxy analogue of L-Met (OH-Met) is lower than L-Met. Table 1 gives an overview of the data brought forward by EFSA (ref 2012). Values are expressed as percentages of the growth efficacy (molar or isosulphurous basis) of the Lisomer, which is in all cases presumed to present $100 \%$ oral utilisation. The data shows that the relative utilisation of OH -Met for all tested animal species is lower than L-Met.
For pig and poultry this is down to $80 \%$. The explanation for this observation lies among others in the conversion of $\mathrm{OH}-$ Met to $\mathrm{L}-\mathrm{Met}$ inside the body. $\mathrm{OH}-$ Met is a DL racemic mixture consisting of an L isomer and a $D$ isomer. After adsorption in the upper gastrointestinal tract by simple diffusion or through a low affinity lactic acid carrier mechanism, the con version of DL-OH-Met takes place by enzymatic conversions.
The L isomer of OH -Met will be converted to a ketomethionine intermediate called keto-methylthiobutanoic acid (KMB) by L-hydroxy acid oxidase (LHAOX) in peroxisomes found primarily in liver and kidney cells. The D isomer of OH-Met is converted to KMB as well but via D-hydroxy acid dehydrogenase (D-HADH) present in mitochondria of all cells. Eventually, KMB undergoes transamination to form LMet. This complicated 2-way/2-step conversion is likely to be the cause of the lower relative utilisation. L-Met, by contrast, is simply built into proteins as such, no conversion is needed.

## Conclusion

These studies show that the amount of deposited Se in muscle largely depends on the specific Se compound. $\mathrm{OH}-\mathrm{SeMet}$ shows a lower efficacy then Exc. Selenium4000 due to the complicated conversion to L-SeMet it has to undergo before it can be incorporated in the proteins. In literature (EFSA Journal 2012;10(3):2623), the relative utilisation of $\mathrm{OH}-\mathrm{Met}$, compared to L-Met, for chicken is listed at

$80 \%$. Studies performed by Orffa in collaboration with universities of Ghent and Leuven in Belgium confirm that this lower utilisation also applies for their selenium containing versions ( $\mathrm{OH}-\mathrm{SeMet}$ vs L-SeMet $=80 \%$ vs $100 \%$ ) in 2 successive trials. Exc. Selenium4000 remains the only source that obtains the highest Se deposition and maintains the Se status of the broilers at start. A high Se deposition is necessary to withstand the challenges brought forth by an increased oxidation status. All animals will, at some time in their life, encounter increased oxidative stress. Only the highest bioavailable source enables them to cope with it.

Table 1 - Relative utilisation of L-methionine and its hydroxy analogue.
(EFSA Journal 2012;10(3):2623)

| Amino acid | Rat | Mouse | Pig | Chick | Dog | Human |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: |
| L-Met | 100 | 100 | 100 | 100 | 100 | 100 |
| OH-Met | 70 | 70 | 80 | 80 | Not available | Not available |

Figure 2 - Se deposition in broiler muscle (d7).

(Rovers et al. 2016, WPC)

