



MENU

THE BEET CAFE



1 Easter Monday	2 Three Bean Chili / Cornbread / Seasonal Veg / Baked Good	3 Honey Mustard Chicken / Rice / Seasonal Veg / Baked Good Veg : Honey Mustard Tofu	4 Turkey Drumsticks / Mashed Potato / Salad/ Fruit Veg : Lentil Drumstick	5 Beef Stroganoff / Pasta / Seasonal Veg / Baked Good Veg : Mushroom Stroganoff
8 Butternut Mac & Cheese / Seasonal Veg / Baked Good	9 Chicken Shawarma/ Pita Bread/Romaine Salad/ Fruit Veg : Falafel	10 Beef Burgers / Bun / Potato Wedges/ Crudite / Baked Good Veg : Veggie Burger	11 Butter Chicken / Rice /Cucumber / Fruit Veg : Butter Tofu	12 Chicken Parmesan / Pasta / Seasonal Veg / Baked Good Veg : Eggplant Parmesan
15 Vegetable Baked Penne/ Romaine Salad/Baked Good	16 Beef Tacos/ Tortilla / Rice / Seasonal Veg / Fruit Veg : Refried Beans Taco	17 Turkey Teriyaki/ Rice / Stir fry / Vegetables / Fruit Veg : Tofu Teriyaki	18 Chicken Noodle Casserole / Kale Caesar / Baked Good Veg : White Bean Noodle Casserole	19 Coconut Crusted Cod / Roasted Potatoes / Seasonal Veg / Fruit Veg : Coconut Tofu
22 Cheese & Bean Quesadilla / Rice / Corn/ Baked Good	23 Beef Bolognese / Pasta / Green Salad / Baked Good Veg : Lentil Bolognese	24 Hot Turkey/ Mashed Potatoes / Seasonal Veg / Fruit Veg : Meatless Patty	25 BBQ Chicken / Seasonal Veg / Rice / Fruit Veg : BBQ Tofu	26 Chicken Pasta Bake/ Seasonal Veg/ Baked Good Veg : Vegetable Pasta

<p style="text-align: center;">29</p> <p style="text-align: center;">Sweet & Sour Vegetable Tofu Stir Fry / Rice / Baked Good</p>	<p style="text-align: center;">30</p> <p style="text-align: center;">Chicken Alfredo / Penne / Caesar Salad / Fruit</p> <p style="text-align: center;">Veg : White Bean Alfredo</p>	<p style="text-align: center;">1</p> <p style="text-align: center;">Turkey Burgers / Bun / Sweet Potato Fries /Crudite Vegetables/ Baked Good</p> <p style="text-align: center;">Veg : Meatless Burger</p>	<p style="text-align: center;">2</p> <p style="text-align: center;">Chicken Tenders / Roasted Potato / Seasonal Veg / Fruit</p> <p style="text-align: center;">Veg : Tofu tenders</p>	<p style="text-align: center;">3</p> <p style="text-align: center;">Crispy Fish / Rice/ Crudite Vegetables / Baked Good</p> <p style="text-align: center;">Veg : Crispy Tofu</p>
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