

My Visit to Growing Chefs! Garden Programs



Today I am going to **GROWING CHEFS! ONTARIO** at The Grove.

They are currently doing renovations, so I will enter through the temporary construction entrance.





I will have **FUN** at Growing Chefs!

I will **LEARN** all about gardening and taking care of plants.



I might need to **WAIT** for the gardening activity to start.

I can **SIT** and wait for others to show up.

While I wait, I can **MEET** other participants!



BATHROOMS for men and women are down the hallway.

If I need to go to the bathroom, I can **ASK** a staff member to take me.



**Gender Inclusive
Washroom
(Single Stall)**



The universal and gender inclusive **BATHROOM** is down the hallway.

If I need to go to the bathroom, I can **ASK** a staff member to take me.

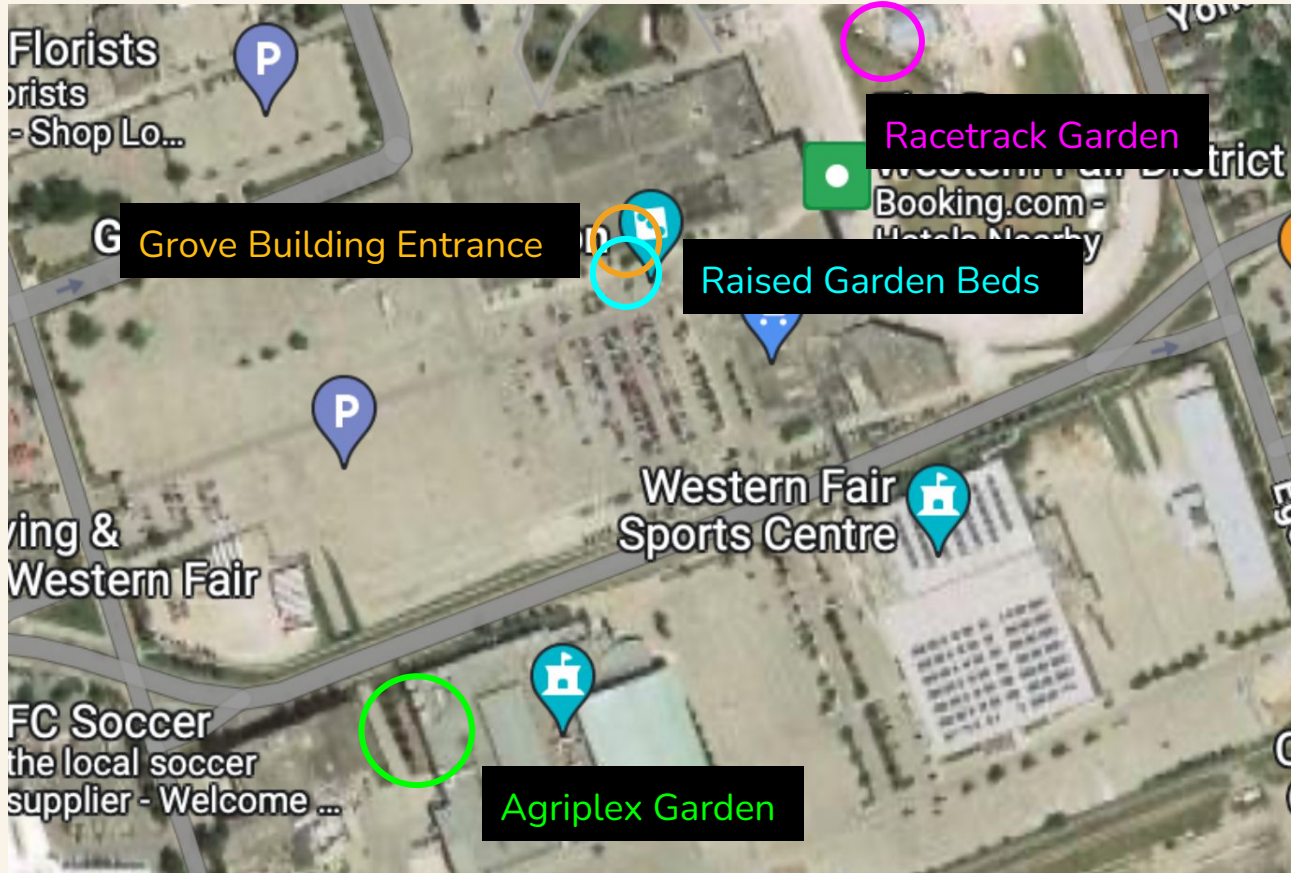
While at Growing Chefs, I will need to make sure I **LISTEN** to the rules and keep **SAFE**.

I might **HEAR** some noisy construction in the hallways, and stay away from it.

I will be **RESPECTFUL** to other people while we work together.



Garden Locations



Agriplex Garden

You might visit our **AGRIPLEX GARDEN** which has a hoophouse, and raised garden beds full of lots of interesting edible plants.





To arrive at the Agriplex Garden, we have to **WALK A FEW MINUTES** through a parking lot in front of The Grove.

There will **ALWAYS** be an **ADULT** walking through the parking lot with you. We **FOLLOW** the leader to the greenhouse!

We will **STAY** with the group whenever we are outside.

On the way to the Agriplex Garden,
we will pass by the by the
NATURALIZED PLANTING AREA.

We might **STOP** and **OBSERVE** the
plants growing here for a few
minutes.



Once we have arrived at the Agriplex Garden, we will **WAIT** at the front of the gate.

We will **LISTEN** to instructions on what to do next.





There are multiple raised beds full of different produce items.

Can you spot the **KALE**?

Can you spot the **SWISS CHARD**?

Can you spot the **FLOWERS**?

At the back of the Agriplex
Garden, there is a HOOP HOUSE.

Can you find any
STRAWBERRIES?

Can you find any
TOMATOES?

There MAY be some **INSECTS**,
which protect the garden!





I will get to **TOUR** the garden.

I might get to **SMELL** or **TASTE** a new plant if the leader says I can.

I will not **TOUCH** any plants without asking first. Some of these veggies and plants go to families who need them!

We will return to The Grove by walking through the parking lot.

We have to walk under a **TUNNEL**.

This is the **SAME** route we took going to the Agriplex Garden.

For **ACCESSIBILITY**, those who require a ride to the garden can drive right under the tunnel. Let us know in advance if this needed!





Racetrack Garden

The Racetrack Garden is a **HEATED** year-round greenhouse.

This greenhouse is in the middle of a **HORSE RACING TRACK!**



The accessible entrance to the greenhouse is by **VEHICLE**.

If you require an **ACCESSIBLE ENTRANCE**, enter at the corner of Egerton Street and Dundas Street. Let us know in advance if this needed!



Most cars and vans can fit **UNDER** the racetrack if it is less than 8 feet tall. This does not require special clearance.

Before we can get to the greenhouse, those who can use the stairs will go through a **TUNNEL**.

There are about **30 steps** in the tunnel!

I might **HEAR** my voice echo!





I might **SMELL** something stinky on my way to the greenhouse - some **COMPOST!** The food from the kitchen goes here to break down and help the plants **GROW.**

I might **HEAR** the tractors go by on the racetracks.

Now that we have made it to the **GREENHOUSE** it is time to **WAIT** for instructions from our leader!



I might **PLANT** seeds while I am at the greenhouse.

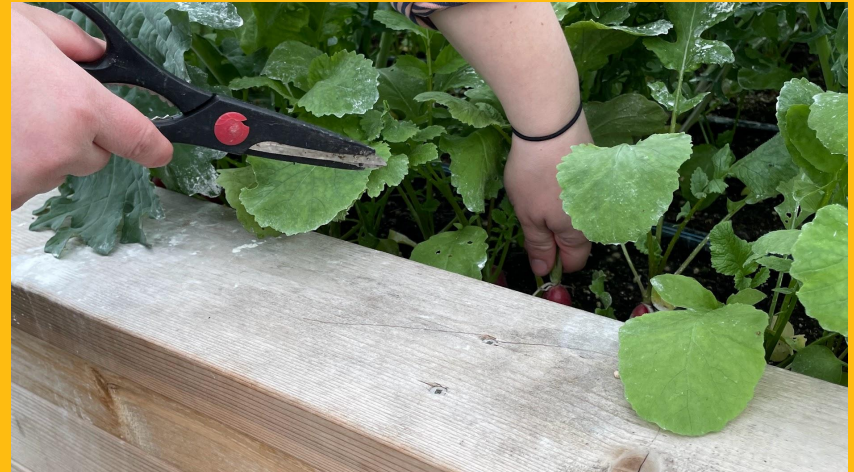
I might **FILL** small planters with soil to get them ready for plants.



I might **WATER** the plants that are thirsty.



I might **PICK** some plants that are ready to be eaten.





If I want to, I might **SEE** worms and bugs in the worm compost!

I can **HOLD** a worm if I am very **GENTLE** and respectful.

Raised Garden Beds

We have raised garden beds outside our entrance at the Grove!

We grow edible flowers, greens and herbs. Some plants have a strong smell, these are the herbs, can you **SMELL** them?

The garden bed in the photo is accessible.



Once we have returned, I will gather my belongings and **WAIT** for everyone to be ready to go.

I will **WAIT** until someone is here to sign me out (unless I am old enough to sign myself out and I have special permission).





It is time to **LEAVE** Growing Chefs!

I say **GOODBYE** to the staff and leave with the adult who is picking me up.

I had **FUN** learning about food and gardening at Growing Chefs!

We look forward to your visit with
Growing Chefs! Ontario at The Grove!

If you have any questions or accessibility
concerns, please contact Christy Cook
Email: info@growingchefsontario.ca
Phone: (519)-679-4769

