

## FOOD ALLERGENS & SENSITIVITIES GUIDE

The Piccolo Buco kitchen has many shared components, including preparation areas, utensils, and cooking equipment. While we take precautions to prevent cross-contact with allergens, the possibility exists and we cannot guarantee that any food item is allergen-free.

The dots indicate when an allergen is present in a dish. Items designated with an asterisk (\*) either are cooked or have an ingredient that is cooked in a fryer, making them potentially subject to cross-contact with the allergens listed below.

Please inform your server of your allergy for guidance.

|                                      | DAIRY | E66 | SOY | TREE NUT | PEANUT | FISH | SHELLFISH | WHEAT | SESAME | GARLIC | MSG |
|--------------------------------------|-------|-----|-----|----------|--------|------|-----------|-------|--------|--------|-----|
| APPETIZERS                           |       |     |     |          |        |      |           |       |        |        |     |
| Ahi Tuna Carpaccio                   | •     |     |     | •        |        | •    |           |       |        |        |     |
| Four Cheese Arancini "Supplí"*       | •     | •   |     |          |        |      |           | •     |        | •      |     |
| Crispy Stuffed Squash Blossoms*      | •     | •   |     |          |        |      |           |       |        |        |     |
| Meat & Cheese                        | •     |     |     |          |        |      |           | ۰     |        | •      |     |
| SOUP & APPETIZER SALADS              |       |     |     |          |        |      |           |       |        |        |     |
| Arugula & Vin Santo Grape Salad      | •     |     | •   | •        |        |      |           | ٥     |        |        |     |
| Luca Issa Caesar                     | •     | •   | •   |          |        | •    |           | ٥     |        | •      |     |
| Piccolo Chopped Salad                | •     |     |     |          |        |      |           | 0     |        | •      |     |
| Baby Wedge                           | •     | •   |     |          |        | •    |           |       |        | •      |     |
| Yellow Tomato Bisque                 | •     |     | •   |          |        |      |           | 0     |        | •      |     |
| PASTA                                |       |     |     |          |        |      |           |       |        |        |     |
| Cacio e Pepe                         | •     |     |     |          |        |      |           | •     |        |        |     |
| Spaghetti Carbonara                  | •     | •   |     |          |        |      |           | ٥     |        | •      |     |
| Pappardelle with Short Rib Bolognese | •     | •   | •   |          |        |      |           | ٥     |        | •      |     |
| Hand-Rolled Three Finger Cavatelli   | •     | •   |     |          |        |      |           | ٥     |        | •      |     |
| Truffle Fondue Cappellacci           | •     | •   |     | •        |        |      |           | •     |        | •      |     |
| MAIN DISHES                          |       |     |     |          |        |      |           |       |        |        |     |
| Braised Short Ribs                   | •     |     | •   |          |        |      |           | ٥     |        | •      |     |
| Chicken Parm                         | •     | •   |     |          |        |      |           | •     |        | •      |     |
| Baked Eggplant Parm                  | •     | •   |     |          |        |      |           | •     |        | •      |     |
| Vancouver Island Salmon              | •     |     |     |          |        | •    |           |       |        | •      |     |
| KIDS MENU                            |       |     |     |          |        |      |           |       |        |        |     |
| Cavatelli Alfredo                    | •     | •   |     |          |        |      |           | ٥     |        | •      |     |
| Sautéed Chicken Breast               |       |     |     |          |        |      |           |       |        | •      |     |
| Crispy Chicken Fingers*              |       |     | •   |          |        |      |           | •     |        | •      |     |
| Spaghetti Bolognese                  | •     |     |     |          |        |      |           | ٥     |        | •      |     |
| Parmesan Gnocchi                     | •     |     |     |          |        |      |           |       |        |        |     |

|   |       | _   |     |          | ı      |      | 1         | _     | _      |        |     |
|---|-------|-----|-----|----------|--------|------|-----------|-------|--------|--------|-----|
|   | DAIRY | 50g | ΧOX | TREE NUT | PEANUT | FISH | SHELLFISH | WHEAT | SESAME | GARLIC | MSG |
| RED PIZZA   |       |     |     |          |        |      |           |       |        |        |     |
| House-Recipe Italian Sausage  | •     |     |     |          |        |      |           | 0     |        | •      |     |
| Classic Margherita  | •     |     |     |          |        |      |           | 0     |        |        |     |
| Charred Pepperoni   | •     |     |     |          |        |      |           | 0     |        | •      |     |
| 'Nduja  | •     |     |     |          |        |      |           | 0     |        |        |     |
| YELLOW PIZZA  |       |     |     |          |        |      |           |       |        |        |     |
| Classic Margherita  | •     |     |     |          |        |      |           | 0     |        |        |     |
| Spicy Pepperoni   | •     |     |     |          |        |      |           | 0     |        | •      |     |
| The Vegan   |       |     |     |          |        |      |           | •     |        | •      |     |
| WHITE PIZZA   |       |     |     |          |        |      |           |       |        |        |     |
| Carbonara   | •     | •   |     |          |        |      |           | 0     |        |        |     |
| Spicy Calabrian Sausage   | •     |     |     |          |        |      |           | 0     |        | •      |     |
| Fungo   | •     |     |     |          |        |      |           | 0     |        | •      |     |
| Meat & Cheese   | •     |     |     |          |        |      |           | 0     |        |        |     |
| DESSERTS  |       |     |     |          |        |      |           |       |        |        |     |
| Piccolo Affogato  | •     | •   |     | •        |        |      |           | •     |        |        |     |
| Piccolo Affogato Forte  | •     | •   |     | •        |        |      |           | •     |        |        |     |
| Chocolate Hazelnut Cake   | •     | •   |     | •        |        |      |           | 0     |        |        |     |
| Mama Luca's Tiramisu  | •     | •   |     |          |        |      |           | •     |        |        |     |
| Brown Butter Apple & Chestnut Crostada (tree nut allergy is chestnut only)    | •     | •   | •   | •        |        |      |           | •     |        |        |     |
| Black Dog Vanilla Gelato  | •     | •   |     |          |        |      |           |       |        |        |     |
| Black Dog EVOO Gelato   | •     | •   |     |          |        |      |           |       |        |        |     |
| Black Dog Hazelnut Crunch Gelato  | •     | •   |     | •        |        |      |           | •     |        |        |     |
| Black Dog Orange Passion Gelato (vegan)<br>(tree nut allergy is coconut only) |       |     |     | •        |        |      |           |       |        |        |     |
| Black Dog Italian Cookies & Cream Gelato                                      | •     | •   | •   |          |        |      |           | •     |        |        |     |

<sup>•</sup> Can be modified to be gluten-free

<sup>\*</sup>Items designated with an asterisk either are cooked or have an ingredient that is cooked in a fryer, making it subject to cross-contact with the allergens listed above, excluding tree nuts and peanuts.

