



Some Ice Breakers GroupWords

Sometimes beginning the Small Group meeting can be the most difficult part of the entire event. The first word. The first question. The first answer. Even after all the informal, unplanned small talk as people arrive, when everyone finally sits down and the “group discussion” formally begins, the silence can almost feel solid ... like ice! Perhaps this is why we have come up with the phrase “**Ice-Breaker**” to describe getting past those first awkward moments.

Here are a few “**Ice-Breakers**” that can help the process along:

1. Bring a pair of eye-glasses to your Small Group and use them as a prop. As you pass around the glasses ask the question, “*What helps you focus on life more clearly?*” Possible answers might include — getting away by myself, journaling, taking a walk, worship, Bible study, talking to a close friend, coming to this Small Group. You as the leader could begin by sharing your thoughts first.
2. Ask your group members, “*If you could have one artistic ability that you don't already have, what would it be — singing, writing, sculpting, painting, drawing, acting, etc.?*” After someone gives an answer, ask them why.
3. Bring at least two different kinds of shoes and place them somewhere in the group circle where everyone can see them. Ask, “*If you were a type of a shoe, which would you be? A running shoe, a hiking boot, a tap shoe, a ballet shoe, a house slipper, a thong, a sandal, a penny loafer, a high heel.*” If you can find them, it would be fun to have one of each kind of shoe on display in the middle of the group circle. Again, ask the group members why they chose a certain kind of shoe.
4. When thinking of your relationship with Jesus, which one of the five senses have you experienced the most the last couple of weeks?

Seeing God's hand at work

Hearing His still small voice

Tasting God's goodness

Smelling the sweet fragrance of His grace

Feeling His presence

Breaking the ice helps people not only to begin to talk, but also to talk about themselves. Enjoy your group this week.