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Employee Training & Development as a Potential Deterrent to Turnover

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Talk Outline

Importance of employee learning & development (L&D) at work

How is employee L&D relevant to employee turnover?

Research example in a high turnover industry: Direct Support Professionals (DSPs) in NY state

Recommendations for people analysts

Training is an Investment

ATD (2023) state of the industry report

- \$1,308 in direct expenditures per employee on T&D
- ~34 hrs of formal learning per employee
- 4%-5% of company's payroll budget
 - Higher expenditures in tech & finance where upskilling is key



Learning & Development in Organizations

Employee learning and development are critical for individual, team, and organizational success
(Salas et al., 2012)

L&D is also an important part of human development with large societal benefits (Aguinis & Kraiger, 2009)

Complex, changing work environments and knowledge requirements require continuous learning, including outside of formal training environments

- ~70% of work-related learning occurs informally (Tannenbaum et al., 2010)
- ~50% of formal workplace learning is online and self-directed (ATD, 2020)

L&D to Deter Turnover

Organizational support for employee learning and development:

- equips employees with knowledge and skills necessary to
 - perform well, feel competent, earn promotion
 - adapt and innovate
 - sustain self-efficacy and motivation
- signals investment in the employee thereby provoking an obligation to reciprocate

Thus, we expected that:

- organizational support for training
 - formal training
 - informal learning
- would negatively predict DSP's turnover intentions

L&D to Deter Turnover: Example in DSPs

Turnover is undesirable, especially in healthcare/frontline workers, where organizations are already short-staffed (Hewitt et al., 2020)

Direct Support Professional (DSP) work is hard, the pay is low, and the pandemic added layers of fear and complexity to the decision of whether to stay or quit

What is a DSP?

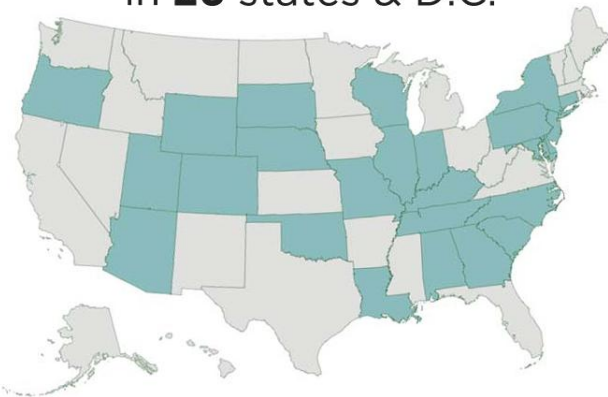
- [ODHS video](#)

Challenges for the DSP Workforce

National Core Indicators-IDD; 2023 Annual State of the Workforce Survey

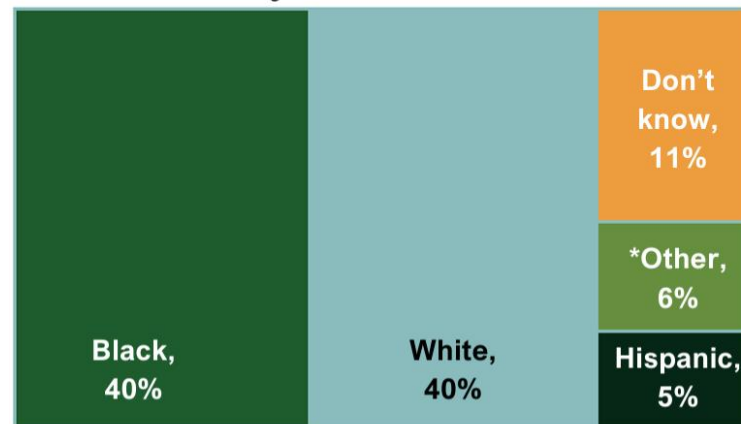
PARTICIPATING STATES & AGENCIES

More than **325,591** DSPs with
3,934 provider agencies
in **26** states & D.C.



DSP DEMOGRAPHICS

Race and Ethnicity



*Other category includes DSPs who are American Indian/Alaskan Native (1%), Asian (1%), Pacific Islander (1%) Other (1%) and More than one race/ethnicity (2%)



Gender Identity

67% Female
28% Male
5% Don't know
<1% Non-binary

AGENCY CHARACTERISTICS

70% provided residential supports
52% provided in-home supports
64% provided non-residential supports

59%

Percentage of agencies that are private for-profit organizations

Challenges for the DSP Workforce

WAGES

\$17.20

2023 median
hourly wage

\$15.98

2022 median
hourly wage



TURNOVER

Average **turnover ratio**
across participating states

40%

TENURE



Of those DSPs who left employment at their agency in 2023, **2 out of 3 DSPs (66%)** had been employed for less than one year.

Of those DSPs who were employed at their agency at the end of 2023, nearly **1 out of 3 DSPs (32%)** had been employed with that agency for 3 or more years.



Two Research Project Samples

1. Cross-sectional survey of frontline workers, Direct Support Professionals (DSPs), in April 2020
Randall, Brooks, & Heck (2022, *International Journal of Training and Development*)
2. Follow-up longitudinal survey of a different sample of DSPs in Spring 2023



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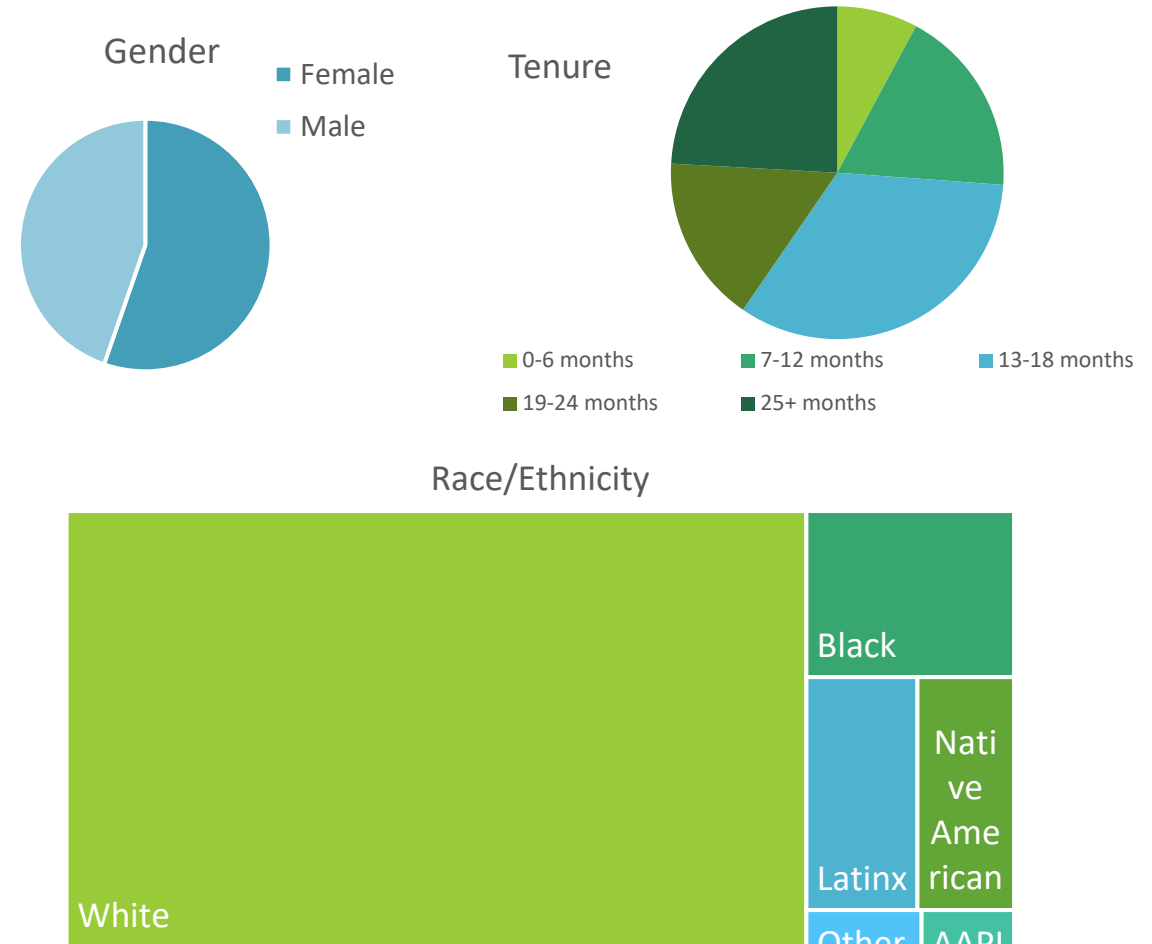
Research Goal: Demonstrate how organizational efforts to support different forms of employee learning and development is worth the investment

Project 1 DSP Sample

Participant recruitment through agency sponsor to administer survey online (April 2020)

$N = 481$

Different employers, but training and performance evaluations are standardized for NY state



Project 2 DSP Sample

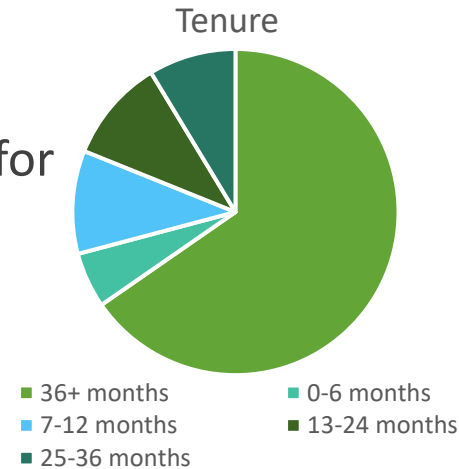
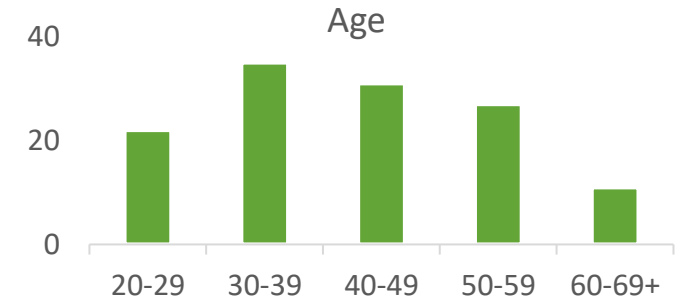
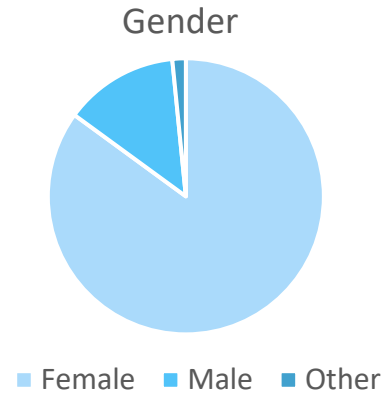
Participant recruitment through agency sponsor to administer survey online (Jan – Apr 2023)

T1 (Day 0) $N = 168$

T2 (Day 28) $N = 150$

T3 (Day 53) $N = 138$

Different employers, but training and performance evaluations are standardized for NY state



Method

Measures

- **Organizational support for training:** 4-item scale (Schmidt, 2004)
 - “Training and development are encouraged and rewarded by my department”
- **Formal training:** 0% (none) - 100% (more than enough) on standard competencies and code of ethics
- **Informal learning:** 9-item scale of IL behavior frequency (Wolfson et al., 2019)
 - “Trial and error to uncover a better solution”
- **Turnover intentions:** 3-item scale (Mobley et al., 1978)
 - “I think a lot about leaving the organization”

Analysis strategy

- Regression with covariates (learning orientation, age, tenure, region)
- SEM to investigate causal and indirect effects of supportive climate on learning behavior and subsequent turnover intent

Project 1 Findings

Predictors of Turnover Intent	<i>b</i>	<i>SE</i>	<i>R</i> ²
Intercept	.06	.24	.09
Informal Learning	-.04	.09	
Formal Training	-.11*	< .01	
Org. Support for Training	-.20**	.09	

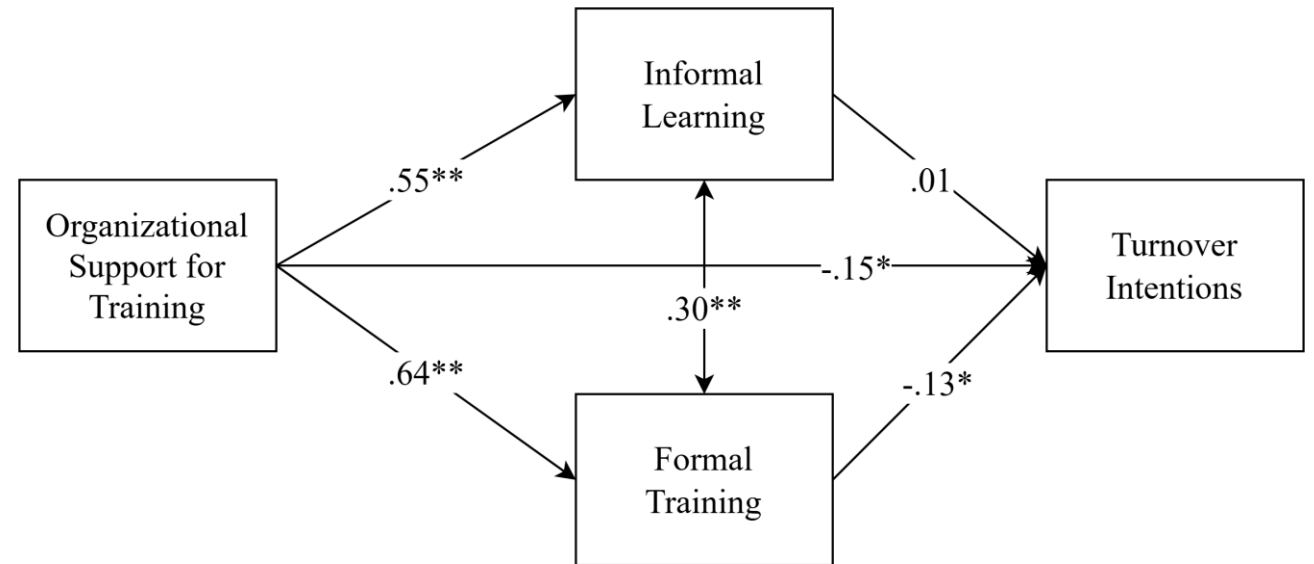
Project 1 Findings

Indirect effect of Org. support mediated by **Formal Training**:

- $B = -.08$, $SE = .04$
- 95% CI = $-.25, -.01$

Indirect effect of Org. support mediated by **Informal Learning**:

- $B = .01$, $SE = .03$
- 95% CI = $-.09, .10$



Project 2 Findings

Predictors of Turnover Intent (T3)	β	SE	R^2
Intercept	.06	.24	.15
Org. Support for Training (T1)	-.27**	.09	
Informal Learning (T2)	-.24*	.09	
Formal Training (T2)	-.24*	< .01	

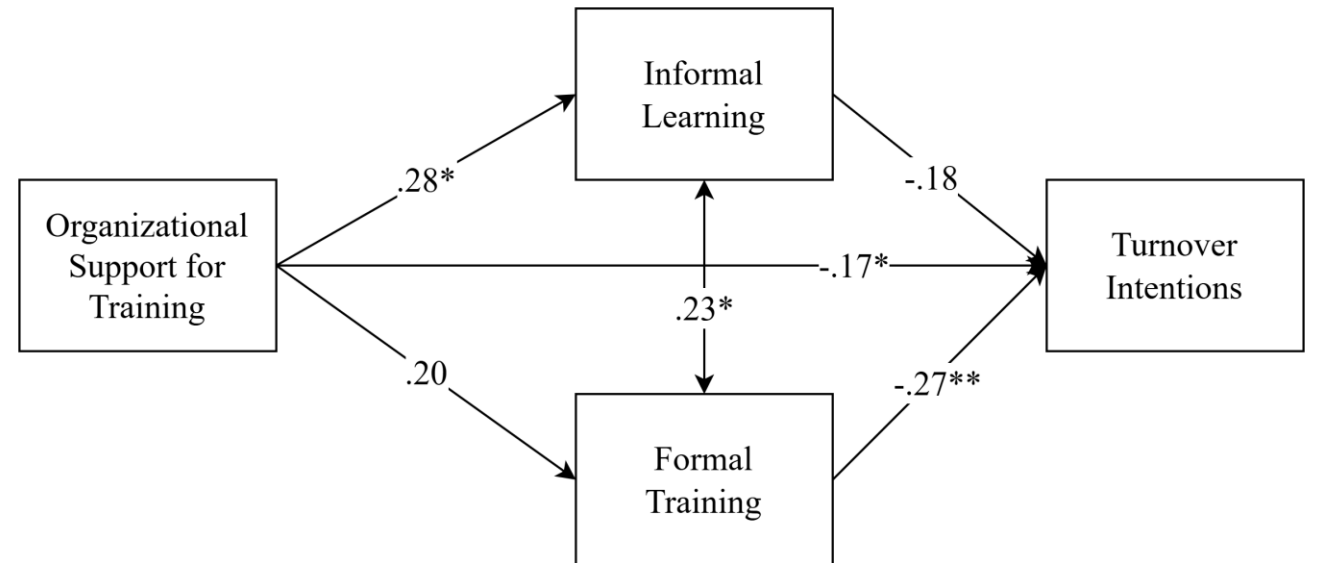
Project 2 Findings

Indirect effect of Org. support mediated by **Formal Training**:

- $B = -.05$, $SE = .06$
- 95% CI = $-.17, .05$

Indirect effect of Org. support mediated by **Informal Learning**:

- $B = -.05$, $SE = .04$
- 95% CI = $-.13, .02$



Research Project Conclusions

Participation in formal and informal learning may equip employees to effectively respond to changing circumstances or needs, reducing fear, distress, and even turnover

Organizations should invest in formal training and support informal learning opportunities for employees, even during challenging times; organizational support matters!

Investing time and resources in employees' professional development communicates an employee's worth and may encourage reciprocal commitment and retention

Recommendations for People Analysts

Communicate the value of T&D to organizational leaders as part of your recruitment & retention strategy

L&D data needed to identify people at higher risk of turnover:

- Participation in formal training opportunities (frequencies, rates, self-report, etc.)
- Informal learning behavior (self-report)
- Perceived organizational support (self-report; org climate)
- Turnover intentions (or perhaps job satisfaction, engagement)

Make T&D part of your personal and team development plans (and track this!)

- Formal Training: professional development, certifications, CE, higher education etc.
- Informal Learning: feedback-seeking, observation, demonstration, trial-and-error, etc.

BUT...Training is not always the answer!

ALTERNATIVES ...

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Training is a Subsystem of the Personnel System

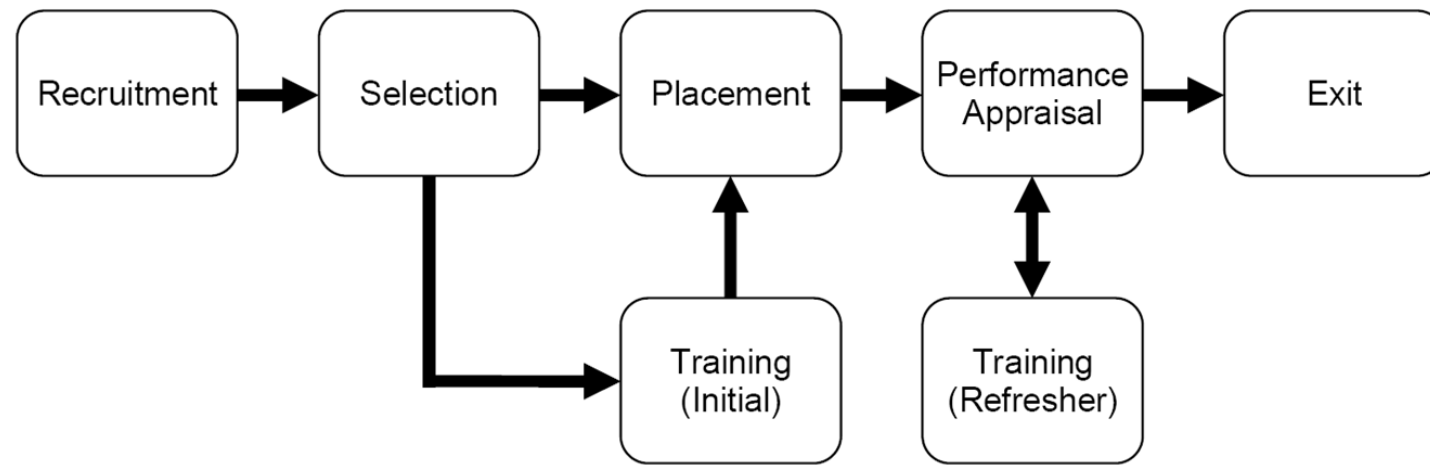


Figure 1. Applicant and/or employee flow through and interactions with various personnel systems within and organization.



Thank you!

Interested in collaborating? Email me at jasonran@pdx.edu

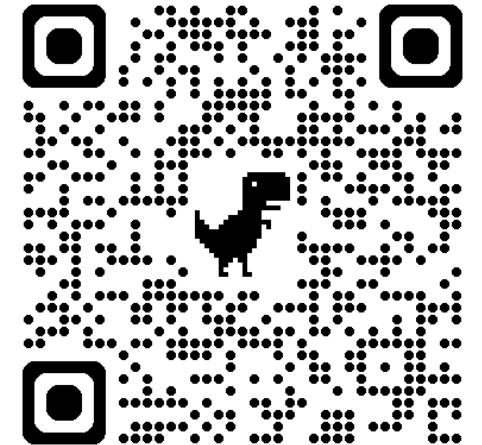


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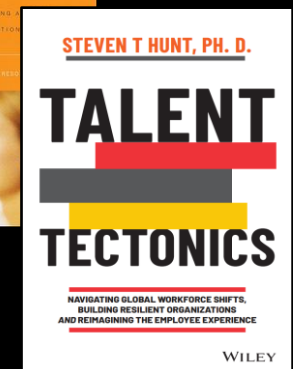
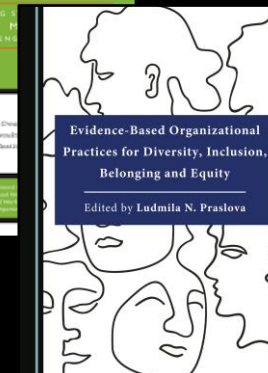


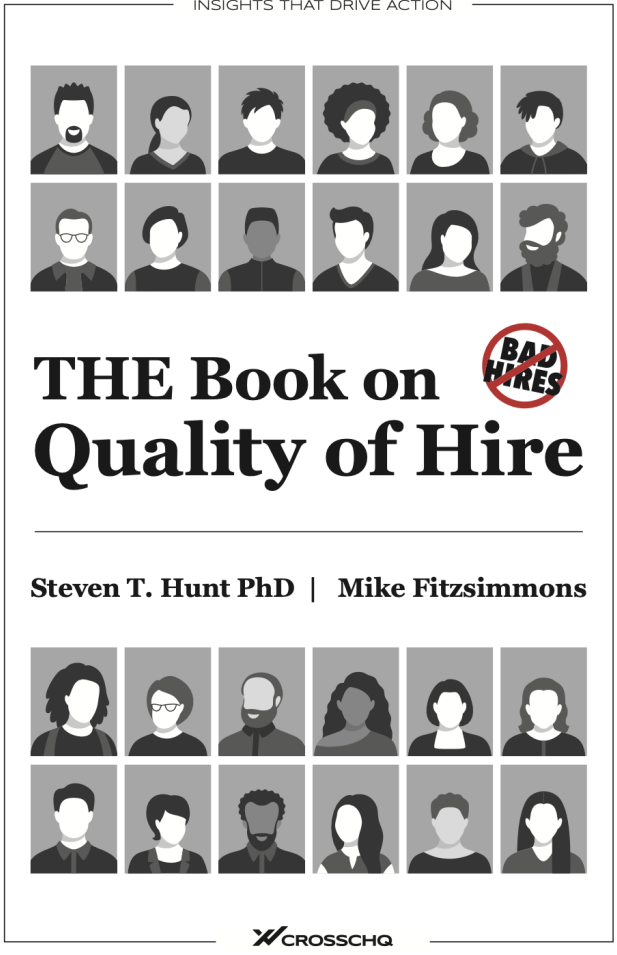


Steven T. Hunt, Ph.D.
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BIO Dr. Hunt's work focuses on using technology to increase workforce performance through improving employee experience, development, engagement, and well-being. He has worked with hundreds of organizations spanning almost every industry and was honored by the Society for Industrial-Organizational Psychology for applying psychological science to develop technology solutions that have positively influenced millions of employees around the globe.





Improving Quality of Hire:

using data to improve new hire success

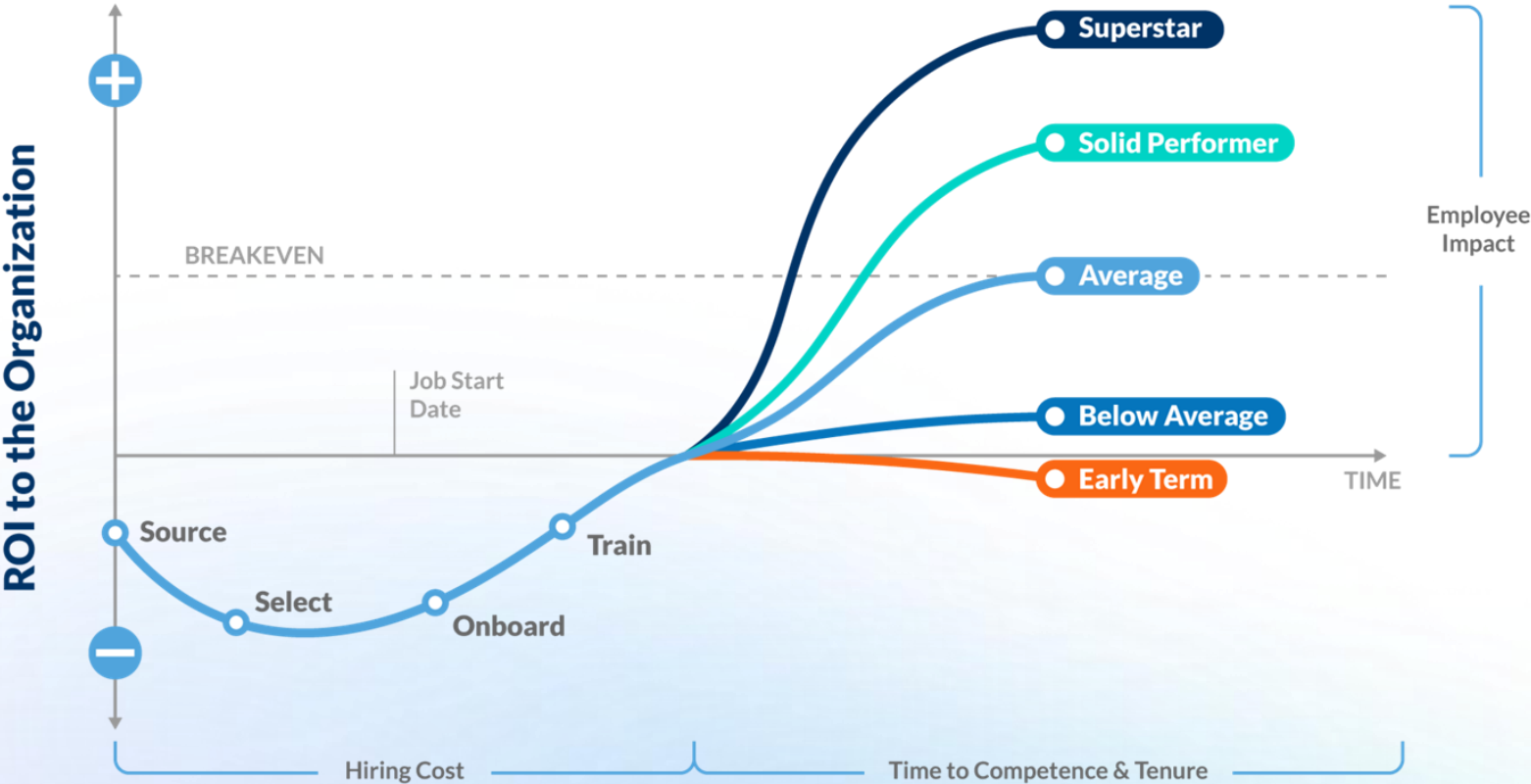
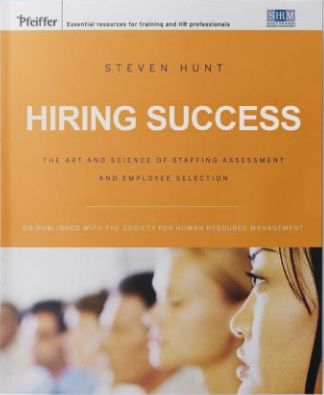
**If you see a turtle fall
off a fencepost don't
blame the turtle.**

**Blame the person
who put it there**



HOW QUALITY OF HIRE IMPACTS BUSINESS PERFORMANCE

"The most important decision a company makes about employees is the decision to hire them."



COMPONENTS THAT DEFINE QUALITY OF HIRE



MODERATORS THAT INFLUENCE QUALITY OF HIRE

JOB DESIGN

Compensation & Benefits

Work Schedule & Location

Intrinsically Enjoyable Tasks & Work Environments

Access to Career Development Opportunities & Resources

Manager & Co-Worker Relationships

Company Values & Mission

HIRING PROCESSES

Applicant Sourcing

Employee Selection

Candidate Engagement

ONBOARDING METHODS

Tactical Provisioning

Developmental Support

Cultural Understanding

Social Connections

FROM DISCONNECTED DATA POINTS...



...TO ACTIONABLE INSIGHTS

What was my Quality of Hire last quarter?



What departments and managers are below average?



Am I sourcing for the right skills & competencies to drive QoH?



How can we improve our interviews & assessments to drive quality?



If quality of hire is so impactful, why don't companies actively measure it?

- ✓ Historically hard to measure, so companies gave up trying to measure it
- ✓ Previously measured using inadequate metrics: it is NOT a manager survey!
- ✓ Leaders are reluctant to own a metric they cannot fully influence

Its time will come...30 years ago companies did not measure customer satisfaction or employee engagement. Now those are board level metrics.

INSIGHTS THAT DRIVE ACTION



THE Book on Quality of Hire

Steven T. Hunt PhD | Mike Fitzsimmons



Thank you!

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