

1017 Cycling in the Yorkshire Dales

Link route for Sedbergh (Page 133)

Oxenholme to Sedbergh

Start	Oxenholme railway station SD 532 900
Finish	Sedbergh SD 657 921
Distance	15.3km/9.5 miles
Total climb	305m
Cycling time	50min

Oxenholme railway station is located to the south east of Kendal. It is a short ride to Sedbergh from where Routes 15, 16 and 17 are based and the Vuelta a Dales passes through. This link route is worth riding in its own right. It is very pretty with some great views. The roads can be narrow with steep descents and some sharp corners so please take care.

Rail services are provided by Virgin West Coast, Transpennine Express and Northern Rail. Cycle carriage policies of Transpennine and Northern are detailed in Appendix D of Cycling in the Yorkshire Dales.

Virgin West Coast run trains between London Euston, Scotland (Glasgow and Edinburgh), North Wales (Holyhead) the West Midlands (Birmingham and Birmingham Airport) Manchester and many places in between. Trains can take up to four bikes except the Pendolinos that have space for two tandems. There is no restriction on folding bikes. Bikes go in coach A and should have a completed bike tag affixed. These are available from the ticket office. Travellers from Edinburgh can only load bikes at Waverley. There is no charge for reservations and these can be made at the time of buying your ticket or later at the station.

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Arrivals on platforms 2 and 3 will need to descend the ramp and turn right. Once outside join the B6254 heading left and uphill. Pass over the rail track and arrive at the station access road. Arrivals on platform 1 exit the station and at the end of the access road turn left onto the B6254. It is from this point that distances are measured.

Climb, initially through woodland, and pass the Station Inn ignoring the signed turn to Sedbergh. Turn left to New Hutton (2.0km). In New Hutton turn right (3.5km) towards Millholme and Ewebank. Pass through unsigned Millholme where the road narrows at the start of an extended climb. Pass the turns for Millrigg then Ewebank on Fairthorns Road. The climb ends (5.5km) with views over Killington Reservoir and the Howgill Fells. Descend, bend right to pass over the motorway (7km) then left. At the T junction (8.5km) turn left then almost immediately right to Sedbergh on the A684. Keep on this road all the way to Sedbergh. It is neither particularly straight nor level. At 9.8km there is an extended decent of 1.3km with some sharp bends. Arrive in Sedbergh (15.3km) where Main Street becomes one way.

