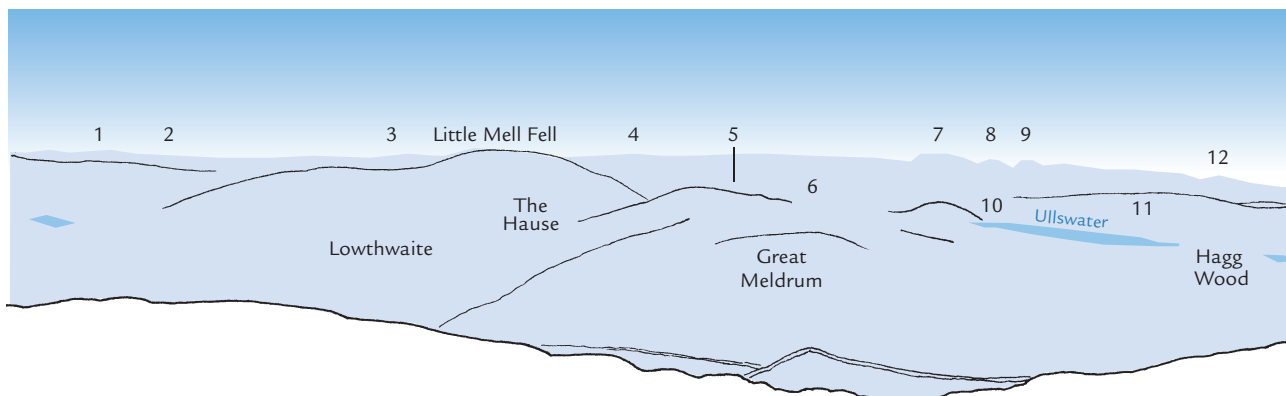


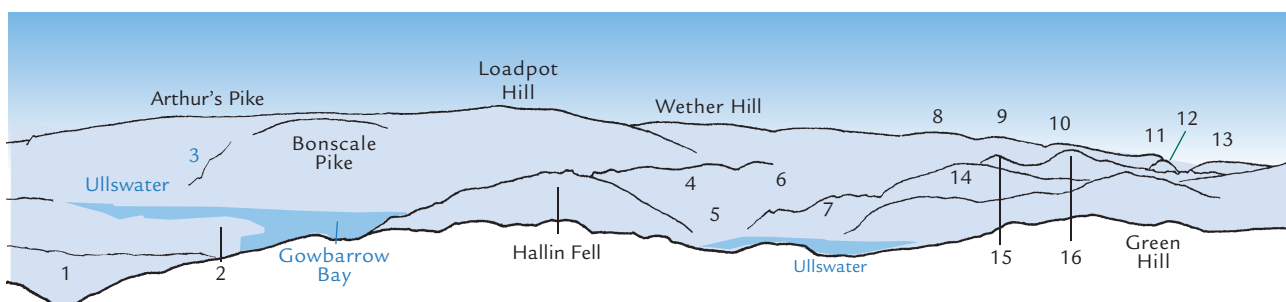
GOWBARROW FELL – View from the summit



N

1 Greystoke Forest 2 CARLISLE 3 Cold Fell 4 Melmerby Fell 5 PENRITH 6 Little Meldrum
7 Cross Fell 8 Little Dun Fell 9 Great Dun Fell 10 POOLEY BRIDGE 11 Heughscar Hill 12 Mickle Fell

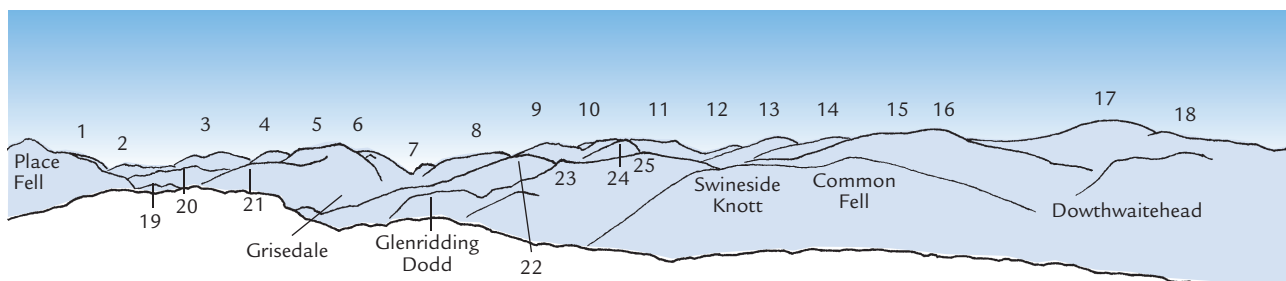
E



E

1 Swinburn's Park 2 Ullswater Outward Bound School 3 **Swarthbeck Gill** 4 Steel Knotts 5 SANDWICK
6 Martindale 7 Winter Crag 8 High Raise 9 Rampsgill Head 10 High Street 11 Thornthwaite Crag
12 Gray Crag 13 Caudale Moor 14 Beda Head 15 The Nab 16 Rest Dodd

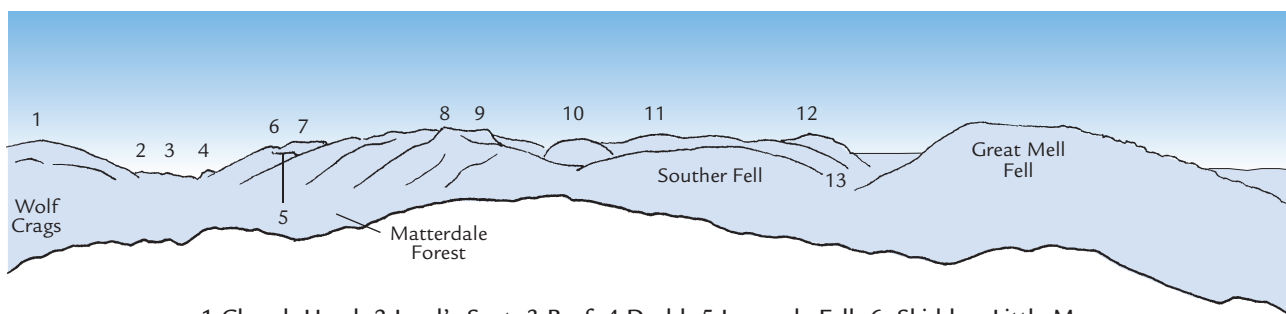
S



S

1 Red Screes (*summit not in view*) 2 Little Hart Crag 3 Dove Crag 4 Hart Crag
5 St Sunday Crag 6 Fairfield 7 Seat Sandal 8 Dollywaggon Pike 9 High Spying How 10 Helvellyn
11 Helvellyn Lower Man 12 White Side 13 Raise 14 Stybarrow Dodd 15 Hart Side 16 Birkett Fell
17 Great Dodd 18 Randerside 19 Arnison Crag 20 Hartsop above How 21 Birks 22 Birkhouse Moor
23 Heron Pike 24 Catstycam 25 Sheffield Pike

W



W

1 Clough Head 2 Lord's Seat 3 Barf 4 Dodd 5 Lonscale Fell 6 Skiddaw Little Man
7 Skiddaw 8 Blencathra 9 Sharp Edge 10 Bannerdale Crags 11 Bowscale Fell
12 Carrock Fell 13 MUNGRISDALE

N