

Saxon church can still be seen, such as the faded wall-painting and narrow window in the north wall, and the middle window in the west wall.

Bear right past an information board towards the top of the down to ascend to, and continue along, its ridge beside a fence admiring the spectacular 180-degree view (the best yet) and the wonderful, bracing air.

Arreton Down is particularly noted for its Great Green Bush Cricket population, but also hosts a wide variety of birds (such as kestrel, buzzard and woodpecker) and flowers (up to 40 species per square metre, including vetches, scabious and harebells). Winter grazing keeps the less graceful vegetation at bay.

A gate will soon come into view, beyond power cables. Having crossed it, continue on a narrow path, still near the ridge just shy of the road.

In about 700 metres the path becomes sandwiched between a lane and a hollow; the path soon enters the latter and shortly arrives at a wooden barrier, which is crossed to emerge onto the country lane. Turn left and in 70 metres sharp right on A16, almost immediately turning left to ascend to a path T-junction just shy of the main road. Turn right.

Just after the field on your right ends, go through a gap in the

