

Sound Doctor Links

Title	Link
Back Pain Course	https://tinyurl.com/2p9aws9l
Hypertension Course	https://tinyurl.com/2fd34dwm
Pelvic Floor course	https://tinyurl.com/2dfk66dh
Stress & Relaxation Course	https://tinyurl.com/2n5fy6xk

Title	Link
Ageing Well at Home	https://tinyurl.com/y3hynb58
Back Pain	https://tinyurl.com/y5wuprhs
Children - Diet & Exercise Course	https://tinyurl.com/yxgcs7mf
COPD	https://tinyurl.com/y3j6ejhm
COPD Course	https://tinyurl.com/yjxuo982
Dementia	https://tinyurl.com/y6s8qord
Diabetes	https://tinyurl.com/y23cxc8v
Diabetes Course	https://tinyurl.com/y2zc54tu
General All Videos	https://tinyurl.com/y4jbcjt6
Heart Failure	https://tinyurl.com/y38h32w3
Keeping Well at Work	https://tinyurl.com/y27sza2y
Lifestyle Animations	https://tinyurl.com/y6o6dm3q
Mental Health at Work Course	https://tinyurl.com/y38axlus
Sleep Course	https://tinyurl.com/yepo47bd
Smoking Cessation Course	https://tinyurl.com/2oe6o55g
Weight Loss Surgery	https://tinyurl.com/y5rk8vub
Weight Management Course	https://tinyurl.com/y34c73zn