



Fall 2023

SOCCER:

Kinder, 1st & 2nd grade

3rd & 4th grade.

FLAG FOOTBALL:

3rd & 4th grade.

Program Guide

Season Opens:

9/11/2023.

2023 Colorado Elks Soccer Shoot:

First Round: 9/19/23 & 9/20/23

*3:30-5:30p

Districts: 9/24/23

*10:00a - 12:30pm

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Introduction

EQUIPMENT

JERSEYS	Jerseys are all provided by Aspen Recreation and covered by registration fees. Apparel is yours to keep!
SHIN GUARDS	<p>Bring Your Own Shin Guards</p> <p><i>Shin guards require a personal fit, and we cannot provide them for everyone. Contact Aspen Recreation for recommend vendors.</i></p>
SHOES	<p>Bring Your Own Cleats</p> <p>No metal/steel, metal/steel tipped, or metal/steel detachable cleats are allowed.</p> <p>Molded rubber only.</p>
BALLS	<p>Aspen Recreation provides a set of soccer balls per team.</p> <p>Coaches can always use more! Contact Aspen Recreation to offer support by donating an extra box to your team.</p>
MISC.	<p>Aspen Recreation provides goals and fields, cones, pennies, and are open to any requests from coaches for additional equipment that may benefit the experience for players/coaches. Please contact Alex directly with any requests, or if you are interested in sponsoring the purchase of any miscellaneous equipment for the program.</p>

Tip:

Use your phone/desktop “Search” or “Find in Page” feature to search your child’s Last Name and navigate directly to your team page.

Introduction

FIELDS

ROTARY	Aspen – Rotary Field Aspen Recreation Campus 0861 Maroon Creek Rd, Aspen, CO 81611
ISELIN	Aspen – Iselin Field Aspen Recreation Campus 0861 Maroon Creek Rd, Aspen, CO 81611
U MOORE	Aspen – Upper Moore Field Aspen School District Campus 235 High School Rd, Aspen, CO 81611
L MOORE	Aspen – Lower Moore Field Aspen School District Campus 235 High School Rd, Aspen, CO 81611
TWO RIVERS PARK	Glenwood Springs – Two Rivers 1 740 Devereux Rd, Glenwood Springs, CO 81601

Respect of all facilities is paramount. We strive to always leave the fields and dugouts in better shape than we received them.

Please respect the fields by picking up and properly disposing of any trash brought to or found on site.

JUDI Hotline

(970)544-JUDI (5834)

Enroll in Text Notifications

Text: “ASPEN YOUTH” to 313131

Use either service to access up-to-date information on field status for the day.
We always try to announce changes or cancellations in Aspen at least 1-hour in advance.

2023 Colorado Elks Soccer Shoot



2023 Elk's Soccer Shoot with Aspen Recreation

Tuesday & Wednesday, September 19th & 20th, 2023

3:30-5:30pm - U8 – Lower Moore / U10 - Rotary

2023 Elk's District Soccer Shoot

Sunday, September 24th, 2023

10:00-12:30pm – Iselin Field

The Elks Soccer Shoot program consists of two different contests that test different level skills at different ages. A "Five Goal Contest" consists of a series of five goals, decreasing in size from 48 inches to 17 inches. The age groups that use these goals are divided into two categories, U-8 contains all ages seven years old and younger, and U-10 group contains ages eight and nine. The contest is open to boys and girls who shoot separately. The U-8 contestants kick from 15 feet from the face of the goal, while the U-10 contestants kick from 18 feet from the goal.

The Grid Goal Contest consists of a full-size goal sectioned off so points can be scored when the ball is kicked into certain sections. The age groups that use this goal are U-12, which contain the ages ten and eleven, and U-14, which contain ages twelve and thirteen. The contest is open to both boys and girls, and they shoot separately.

All Aspen Recreation Participants are welcome to participate on Monday or Tuesday in attempt to qualify for the District Qualifier on the 24th.

KINDER – Team 1 (Green)

Coaches	Julia Russo- (970) 367-0020 Juclark@gmail.com *A 2 nd Volunteer Coach*			
Practices	Field Mondays	Lower Moore Field K1 3:30-4:30p		
Games	Opponent	Location	Time	Date
	2023 Elks Soccer Shoot Tuesday & Wednesday, September 19th & 20th, 2023 (3:30 -5:30p @ Lower Moore)			
	Team 2 (Red)	K1	3:30	September 22nd
	Team 3 (Yellow)	K1	3:30	September 29th
	Team 4 (Blue)	K1	3:30	October 6th
	Team 2 (Red)	K1	3:30	October 13th
	Team 3 (Yellow)	K2	3:30	October 20th
Roster	Lucas Russo	Isabelle Devito		
	Jude Horstmann	Cloe Baldwin		
	Cairo Cook	Oliver Pearl		
	Milo Knechtel	Racey Boyd		
	Vivienne Taets	Robert Proctor Jr.		

KINDER – Team 2 (Red)

Coaches	*NEED 1-2 VOLUNTEER COACHES*																																							
Practices	Field Mondays	Lower Moore Field K2 3:30-4:30p																																						
Games	<table border="1"> <thead> <tr> <th data-bbox="325 488 511 521">Opponent</th> <th data-bbox="511 488 639 521">Location</th> <th data-bbox="639 488 799 521">Time</th> <th data-bbox="799 488 974 521">Date</th> </tr> </thead> <tbody> <tr> <td colspan="4" data-bbox="325 521 974 553" style="text-align: center;">2023 Elks Soccer Shoot</td> </tr> <tr> <td colspan="4" data-bbox="325 553 974 586" style="text-align: center;">Tuesday & Wednesday, September 19th & 20th, 2023</td> </tr> <tr> <td colspan="4" data-bbox="325 586 974 602" style="text-align: center;">(3:30 -5:30p @ Lower Moore)</td> </tr> <tr> <td data-bbox="325 602 511 634">Team 1 (Green)</td> <td data-bbox="511 602 639 634">K1</td> <td data-bbox="639 602 799 634">3:30</td> <td data-bbox="799 602 974 634">September 22nd</td> </tr> <tr> <td data-bbox="325 634 511 667">Team 4 (Blue)</td> <td data-bbox="511 634 639 667">K2</td> <td data-bbox="639 634 799 667">3:30</td> <td data-bbox="799 634 974 667">September 29th</td> </tr> <tr> <td data-bbox="325 667 511 699">Team 3 (Yellow)</td> <td data-bbox="511 667 639 699">K2</td> <td data-bbox="639 667 799 699">3:30</td> <td data-bbox="799 667 974 699">October 6th</td> </tr> <tr> <td data-bbox="325 699 511 732">Team 1 (Green)</td> <td data-bbox="511 699 639 732">K1</td> <td data-bbox="639 699 799 732">3:30</td> <td data-bbox="799 699 974 732">October 13th</td> </tr> <tr> <td data-bbox="325 732 511 764">Team 4 (Blue)</td> <td data-bbox="511 732 639 764">K1</td> <td data-bbox="639 732 799 764">3:30</td> <td data-bbox="799 732 974 764">October 20th</td> </tr> </tbody> </table>				Opponent	Location	Time	Date	2023 Elks Soccer Shoot				Tuesday & Wednesday, September 19th & 20th, 2023				(3:30 -5:30p @ Lower Moore)				Team 1 (Green)	K1	3:30	September 22nd	Team 4 (Blue)	K2	3:30	September 29th	Team 3 (Yellow)	K2	3:30	October 6th	Team 1 (Green)	K1	3:30	October 13th	Team 4 (Blue)	K1	3:30	October 20th
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KINDER – Team 3 (Yellow)

Coaches	Katy Stege- (970) 544-0050 katycadger@gmail.com Jessie Young (970) 948-4534 jbvyoung@gmail.com																															
Practices	Field Tuesdays	Lower Moore Field K1 3:30-4:30p																														
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Roster	Blakely Stege Fritz Rowland Liesel Sinkinson Alexander Bryan Stella Dillon Tanner Spung		Ryder Taam Grace Detterick Dune Capps Lincoln Wein Elle Wein																													

KINDER – Team 4 (Blue)

Coaches	Kaytlyn Sheperd-(970) 306-2924 Kaytlyn@o2aspen.com *A 2 nd Volunteer Coach*																																		
Practices	Field Tuesdays	Lower Moore Field K2 3:30-4:30p																																	
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Roster	Elly Shepherd Mateo Andrade John Schmitz Jackson Vlasich Dubin		Thomas Masciocchi Parker Anderson Remy Davlyn Hernandez																																

1st/2nd grade – Team 1 (Team Red)

Coaches	Vanessa Adam 970-618-6270 vanessa@vadamevents.com Eric Mangelsen 970-309-9607 eric@rossmoreproperty.com																														
Practices	Field Mondays Wednesdays	Lower Moore Field 1 3:30-4:30p 3:30-4:30p																													
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1st/2nd grade – Team 2 (Team Green)

Coaches	Bethany Spitz- (413) 348-2963 bethanycspitz@gmail.com		
	A 2nd Volunteer Coach		
Practices	Field	Lower Moore Field 2	
	Mondays	3:30-4:30p	
	Wednesdays	3:30-4:30p	
Games	Opponent	Location	Time
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	TBD	LM3	3:30p
			October 6 th
	TBD	LM2	3:30p
			October 13th
	TBD	LM3	3:30p
			October 20th
Roster	Lily Spitz	Bexley Brodsky	
	Sasha Hartman	Cooper Cagley	
	Teigan Thompson	Holden Bory	
	Pippa Grace Jordan	Maisey Farrell	
	Tate Strugatskiy	Christopher Scheetz	

1st/2nd grade – Team 3 (Team Yellow)

Coaches	Anthony Taylor (228) 216-2692 anthonymontay85@yahoo.com Andrew Gaylord (315) 369-8058 andygaylord@gmail.com																															
Practices	Field Mondays Wednesdays	Lower Moore Field 3 3:30p – 4:30p 3:30p – 4:30p																														
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Roster	Schuyler Gaylord Wren Shure Georgia Giles Jennifer Patricelli Wesleigh Elston Harlan Moszynski		Marcus Taylor Cooper Hansen Sasha Hartman Matias Cattaneo Oliver Masciocchi Ayla Cooper																													

1st/2nd grade – Team 4 (Team Orange)

Coaches	Julia Rowland (970) 544-2068 juliaarowland@gmail.com *A 2nd Volunteer Coach*																																		
Practices	Field Tuesdays Thursdays	Lower Moore 1 3:30-4:30p 3:30-4:30p																																	
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TBD	LM 3	3:30	October 20th																																
Roster	Graham Rowland Madison Louthis Harley Gilbert Kianna Oliver Summer Kliner _____ _____		Mackenzie Layne Coulter Whitehead Crosby Chimerakis Simone Kliner Finn Anderson _____ _____																																

1st/2nd grade – Team 5 (Team Blue)

Coaches	Isadora Wagner (970) 306-8927 Isadorainaspen1@gmail.com *A 2 nd Volunteer Coach*																														
Practices	Field Tuesdays Thursdays	Lower Moore 2 3:30p – 4:30p 3:30p – 4:30p																													
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1st/2nd grade – Team 6 (Team Silver)

Coaches	*Need 1-2 Volunteer Coaches*																																								
Practices	Field Tuesdays Thursdays	Lower Moore Field 3 3:30-4:30p 3:30-4:30p																																							
Games	<table border="1"> <thead> <tr> <th data-bbox="306 488 501 532">Opponent</th> <th data-bbox="501 488 636 532">Location</th> <th data-bbox="636 488 809 532">Time</th> <th data-bbox="809 488 968 532">Date</th> </tr> </thead> <tbody> <tr> <td colspan="4" data-bbox="306 532 968 613" style="text-align: center;"> 2023 Elks Soccer Shoot Tuesday & Wednesday, September 19th & 20th, 2023 (3:30 -5:30p @ Lower Moore) </td> </tr> <tr> <td data-bbox="306 613 501 657">TBD</td> <td data-bbox="501 613 636 657">LM 3</td> <td data-bbox="636 613 809 657">3:30</td> <td data-bbox="809 613 968 657">September 16th</td> </tr> <tr> <td data-bbox="306 657 501 701">TBD</td> <td data-bbox="501 657 636 701">LM 3</td> <td data-bbox="636 657 809 701">3:30</td> <td data-bbox="809 657 968 701">September 23rd</td> </tr> <tr> <td data-bbox="306 701 501 745">TBD</td> <td data-bbox="501 701 636 745">LM 2</td> <td data-bbox="636 701 809 745">3:30</td> <td data-bbox="809 701 968 745">September 30th</td> </tr> <tr> <td data-bbox="306 745 501 789">TBD</td> <td data-bbox="501 745 636 789">LM 3</td> <td data-bbox="636 745 809 789">3:30</td> <td data-bbox="809 745 968 789">October 7th</td> </tr> <tr> <td data-bbox="306 789 501 833">TBD</td> <td data-bbox="501 789 636 833">LM 1</td> <td data-bbox="636 789 809 833">3:30</td> <td data-bbox="809 789 968 833">October 14th</td> </tr> <tr> <td colspan="4" data-bbox="306 833 968 860"> </td> </tr> <tr> <td colspan="4" data-bbox="306 860 968 888"> </td> </tr> <tr> <td colspan="4" data-bbox="306 888 968 915"> </td> </tr> </tbody> </table>	Opponent	Location	Time	Date	2023 Elks Soccer Shoot Tuesday & Wednesday, September 19 th & 20 th , 2023 (3:30 -5:30p @ Lower Moore)				TBD	LM 3	3:30	September 16 th	TBD	LM 3	3:30	September 23rd	TBD	LM 2	3:30	September 30th	TBD	LM 3	3:30	October 7 th	TBD	LM 1	3:30	October 14th												
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Roster	Iker Hemminger Bode Gleasman Sophia Detterick Cooper Von Ohlen Harper Daniels		Ethan Littlejohn Nash Gleasman Henry Hahn Wyatt Borchert																																						

3rd/4th grade – Team 1 (Team Red)

Coaches	Kevin Jordan (732) 735-0276 lmjandkaf@live.com			
	Stephanie Tierucci (970) 710-1849 stephaine@momswearcap.es.com			
Practices	Field	Rotary 1		
	Mondays	3:30p – 4:30p		
	Wednesdays	3:30p – 4:30p		
Games	Opponent	Location	Time	Date
	2023 Elks Soccer Shoot			
	Tuesday & Wednesday, September 19 th & 20 th , 2023			
	(3:30 -5:30p @ Rotary Field)			
	TBD	RO 1	3:30	September 22nd
	TBD	RO 1	3:30	September 29 th
	TBD	RO 1	3:30	October 6th
	TBD	RO 1	3:30	October 13th
	TBD	RO 1	3:30	October 20th
Roster	Colin Jordan		Hunter Hirsch	
	James Littlejohn		Elin Anderson	
	Skye Spears		Luca Trevisan	
	Kyle Johnson		Max Leslie	
	Sadie Saul		Evi Vugteveen	
	Atticus Berg		Dominic DeBacker	
	Daniel Schumacher		Oliva Essig	
	Chloe Fellin			

3rd/4th grade – Team 2 (Team Blue)

Coaches	Julianne & Jim Stokes (908) 303-6851 juliannenicolestokes@gmail.com Elaine Henderson (970) 319-2611 elainekhenderson@comcast.net																														
Practices	Field Tuesdays Thursdays	Rotary 1 3:30p – 4:30p 3:30p – 4:30p																													
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TBD	RO 1	3:30	October 20th																												
Roster	Piper Stokes Burgin Henderson Gabriel Garcia Ben Haas Ivan Marriott Thomas Down Santiago Celso Jake Down		Ansel Stokes Guston Dignan Hunter Gordon Sofia Baldwin Myles Andrew Andrew Andrade Oliver Hahn Harper Moerke																												

Flag Football Club

Coaches	Chris Rubin 858-245-3887 christopherrubin@gmail.com	Topher Sabella 970-343-2464 tophersabella@gmail.com
Practices	Field Tuesday Thursday	Rotary 3:30-4:30p 3:30-4:30p
Games	Saturdays	9/23, 10/7 & 10/21 @1pm in Glenwood Springs. Two Rivers Park.
3rd/4th grade (7,8 & 9 yr. old Division)		
Roster	Soren Elisha Steele Sabella Jack Wise Atticus Berg Colin Jordan Ziggy Gilbert Sadie Saul Liam Bhandari Ryder Zack Atticus Berg Daniel Schumacher Carson Lowe Wes Black Waylon Rodgers 	

Nutrition At-a-Glance



Health & Wellness
RECREATION
CITY OF **ASPEN**

Aspen Recreation

//

City of Aspen Health
& Wellness

Points of Emphases

Optimal nutrition is an integral part of peak performance.

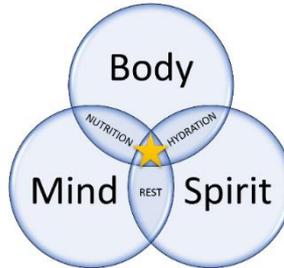
Children who consume healthy foods perform and develop *at a higher level* than those that eat foods low in nutritional value.

Eating well will **lower your risk of injury, improve muscle integrity,** and **help you maintain sufficient energy to perform!**

Replace processed sugars with fruits and organic “sweets” as much as possible!

(ORANGE SLICES @ HALFTIME!)

Proper, balanced **nutrition**, **rest**, and **hydration** impact your **physical, mental, and emotional health!**



Intake → Performance

 BEFORE EXERCISE	 DURING EXERCISE	 AFTER EXERCISE
Keeps the athlete from feeling hungry during and maintains optimal levels of energy for exercising muscles.	For workouts or events lasting more than one hour: sports drinks, solid or gel forms of carbohydrates and water!	Within 30 minutes after training will assist the body in replenishing glycogen stores. Add small amount of protein for muscle recovery.

Note: Water is always the recommended beverage over sports/energy drinks

Nutrition At-a-Glance

Carbohydrates

Carbohydrates provide athletes with an excellent source of fuel. Good sources of carbohydrates include fruits, vegetables, and whole grains.

Sugary carbs such as candy bars or sodas are not appropriate for athletes. They do not contain any nutrients your body needs. In addition, eating candy bars or other sugary snacks just before practice or competition can give athletes a quick burst of energy and then leave them to "crash" or run out of energy before they've finished working out.

Proteins

Athletes may need more protein than less-active teens, but most teen athletes get plenty of protein through regular eating. It's a myth that athletes need a huge daily intake of protein to build large, strong muscles. Muscle growth comes from regular training and hard work. And taking in too much protein can actually harm the body, causing dehydration, calcium loss, and even kidney problems.

Good sources of protein are fish, lean meats and poultry, beans, legumes, eggs, nuts, soy, and nut butters. Most vegetable proteins are incomplete, however by combining different sources, vegetarians and vegans can get complete proteins.

Hydration

Sufficient fluid is necessary to maintain energy levels.

Approx 60% of body weight is water.

When you sweat during exercise, it's easy to become overheated, headachy, and worn out — especially in hot or humid weather. Even mild dehydration can affect an athlete's physical and mental performance. Especially with youth athletes.

Help your child develop the healthy habit of proper, consistent hydration by always travelling with a jug of water, and looking after a reusable water bottle!

Rest & Recovery

Minimize screen time!

Blue-Hued light from Phone, Tablet, Television or Computer screens trick the brain into keeping itself awake! Minimize screen time after dark and at least one hour before sleep.

Adolescents should average 9.5 hours of sleep per night.

Kids need more sleep than adults! Remind your children that the body grows when the brain sleeps!

Stretching is a habit!

Teach your children to enjoy the feeling of stretching your back and legs on a regular basis (whether watching TV or reading a book, the effort is minimal and can greatly reduce risk of injury in athletics!

Start every day with a glass of water!

TIPS TO EFFECTIVE PARENTING IN YOUTH ATHLETICS

- 1) **Remember that winning isn't important.**
 - a) There are many aspects of youth sports that are far more important than your child's team winning the basketball game. If you hold yourself to that expectation, your child will notice.
- 2) **Focus on your child's enjoyment.**
 - a) It's better for a child to play on a weak team that emphasizes enjoyment, development, and allows the players to develop a passion for the sport, than a winning team that over-stresses commitment, intensity, and defeating opponents.
- 3) **Let the coach do the coaching**
 - a) ... And never undermine coaching decisions.
 - i) Respect the ROLES of youth athletics, and the boundaries between them. When a child is being coached from two different directions, they are placed in the position of being forced to choose who they're going to listen to and who they'll 'disappoint'. This is a pressure no child should have to endure in youth sports.
 - ii) If you can coach, please volunteer to coach a team at the beginning of the season. If you cannot commit to the team for an entire season, please focus on encouraging from the sidelines, and helping develop the fundamentals at home. Encourage teamwork; both individual and collective growth.
- 4) **Don't be afraid to raise issues with the coach.**
 - a) Too often parents will refuse to ask to meet the coach and discuss a problem they have. Instead, they choose to share the problem with other spectators or players. This only exasperates the issue.
 - b) If you ever have an issue, ask to set up a meeting with the coach and find a private location to ask your questions and discuss solutions. If your questions is approached respectfully and the right way, all good coaches will be happy to answer and discuss. Keep in mind that you must be willing to receive an answer you might not want to hear.
 - c) Volunteer coaches are instructed to be receptive to parent/spectator feedback while enforcing healthy boundaries;

- i) The 24-Hour Rule: After games, allow yourself 24 hours before approaching to coach to discuss issues or questions about the game. Emotions run high after the buzzer sounds – let both parties cool-off and reflect before discussing.
 - ii) Feedback should never occur during practice or during games. Never allow a parent/spectator-coach interaction distract from a situation where the kids’ participation should be the primary focus.
- 5) **Allow your child to be coached.**
- a) Trust the coach to do their job; sometimes expectations have to be upheld and players must be held accountable. We recognize the value of “tough love” while stressing the importance of tone and delivery method; coaches shouldn’t yell, demean, or blame the players, ever. But when rules or expectations need to be enforced, healthy discipline is undeniably beneficial developmentally.
- 6) **Display good body language at games.**
- a) Your child will **always** know exactly where you are in the gym during games and practices. They will look at you often, and you can never know when.
 - b) Your body language displays your emotions and if yours is visibly negative, your child will notice and may misguidedly attest it to their performance.
 - c) If you ever catch your child looking your way, make sure you smile and wave, showing them you’re enjoying being there.
- 7) **Know your role at the game & Don’t stand out from the crowd.**
- “It amazes me that spectators want to coach, coaches want to officiate, and officials just want to watch the game.”
- Lou Holtz
- a) The Four Main ROLES:
- i) Player – they play the game
 - ii) Coach – they coach the game
 - iii) Referee – they referee the game
 - iv) Spectator – they watch the game
- (1) Any time a role is handing the duties of another, something is wrong.
- 8) **Treat your child the same after a win or a loss.**

- a) Don't let the outcome of the game determine the way you interact on the car ride home. Remain positive, especially if they are down or upset. Your support for them is not contingent on the outcome of the game or their performance.
- 9) **Don't focus on "skill" stats, focus on "hustle" and "teamwork" stats.**
 - a) Points are hard to score. Highlights are simple and spread apart. Don't inflate the value of points scored, steals made, or assists thrown. Recognize them for helping their teammates up, setting good screens, boxing out for rebounds, dribbling and shooting with proper technique. What are your 'hustle' stats? Reward hard-work, not results! That's not the focus at this age.
- 10) **Never yell at the referees.**
 - a) We don't expect our players to make 100% of their shots, so how can we expect referees to make the right call 100% of the time?

Parent Manager Guide

Coaches need Assistance ON and OFF the Field!

Please contact your coach if you are willing to support as a Team Parent Manager, or as an Assistant Coach.

The Team Parent Manager Role is fundamental to the success of any Youth Recreation Team.

Our coaches have their hands FULL planning, managing, and executing practices and games. Any support with **communication, organization, and added value**, has a tremendous impact on both the coaches and the players experience.

Parent Manager Outline:

- Contact the Head Coach DIRECTLY if you are able and willing to support as a Parent Manager
- Receive the Team Contact Deck from the Head Coach
- Begin the season with a Team-Wide email to all parents introducing yourself, the Coaches, and the following;

- Copy of the Practice Schedule, Game Schedule, Roster, and Coach contact information (available in the Program Guide)
- Rainout Hotline/Communication Information:
 - (970)544-JUDI is our Aspen Recreation Rainout Hotline!
 - Text “ASPEN YOUTH” to “31-31-31” to register for Text Alerts for Rainouts
 - Reminder of Equipment requirements for the season (available in the Program Guide)
- Request parents communicate anticipated absences or carpool/support requests to the Parent Manager
- Meet with the Head Coach at the first practice and discuss where and how your Coaches need assistance
- **GAME DAY SUPPORT:**
 - Plan ahead with your Parent Group;
 - Orange Slices/Post-Game snacks, etc.
 - Confirmed attendance for game days to support the coach
- A post-season Team Dinner is a great way to bring the kids together to celebrate their efforts and time together.
 - Gives the coaches a chance to recognize each player for their commitment to the team
 - Gives the players a chance to show their gratitude for all the work the coaches do
 - Alex @ Aspen Recreation is happy to support with ordering of medals or trophies for your team (collect funds from your parent group to cover costs and coordinate with Travis directly)
- Coordinate a Post-Season Coaches Thank You Card from the players!