



2022 - 2023

3rd/4th, 5th/6th

Winter Basketball Season

Parent Guide

Season Opens: 12/05/22

**Holiday Break: 12/19/22 –
12/30/22**

**Playoff Week:
2/27/23 – 3/3/23**

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Introduction

EQUIPMENT

JERSEYS	Provided by Aspen Recreation! Yours to keep this season.
SHORTS	Players are expected to have their own basketball shorts for games. Plain black shorts that cut-off at the knee-line or just above are most appropriate.
SHOES	Non-marking BASKETBALL shoes are expected.
BASKETBALLS	Provided by Aspen Recreation! Coaches will have 6 basketballs per team, as well as cones and other miscellaneous practice equipment.

FACILITIES

BES	Basalt Elementary 151 Cottonwood Dr. Basalt, CO 81621
BMS	Basalt Middle School 51 School St. Basalt, CO 81621
CRCC	Carbondale Rec Community Center 567 Colorado Ave Carbondale, CO 81623
GSCC	Glenwood Springs Community Center 100 Wulfshon Rd Glenwood Springs, CO 81601

Respect of all facilities is paramount. We strive to always leave the gyms in better shape than we received them.

We are not allowed access anywhere on the campuses outside of the gyms and bathrooms.

3rd / 4th Grade BOYS

[AB34-1]

Coaches	Kelli Cupp c. 970-306-9336 e. cuppkk@gmail.com	Jim Pratt c. 970-987-4011 e. jim.pratt@aspen.gov
Practices	Aspen Elementary School Court 1 Mondays / Wednesdays 3.30pm – 4.30pm	
Games Aspen 1	1/17-7:15pm @AMS	Vs Aspen 3
	1/19-6:15pm @AMS	Vs Aspen 2
	1/24-6:00pm @ BES	Vs Basalt B
	1/30-6:00pm @BES	Vs Basalt A
	2/9-6:15pm @AMS	Vs GWS Nuggets
	2/16-6:15pm@AMS	Vs Carbondale 2
	2/27 PLAYOFFS WEEK	
Roster 14	Atticus Berg	John Pratt
	Christopher Canas	Sam Hirsh
	Liam Long	Merric Lutz-Sladdin
	Ryder Malik	Andres Moreno
	Remy Selby	Sebastian Tunte
	Dominic Debacker	Ryder Zack
	Griffin Waldron	Koan Bory

3rd / 4th Grade BOYS

[AB34-2]

Coaches	Bo Hartsfield c. 205-915-0134 e. bhartsfield@cobbsallen.com	Michael Connolly c. 970-948-2292 e. mmconnolly@msn.com														
Practices	Aspen Elementary School Court 1 Tuesdays / Thursdays 3.30pm – 4.30pm															
Games Aspen 2	<table border="1"> <tr> <td data-bbox="322 630 649 678">1/19-6:15pm @AMS</td> <td data-bbox="649 630 1066 678">Vs Aspen 1</td> </tr> <tr> <td data-bbox="322 678 649 742">1/25-6:00pm @CRCC</td> <td data-bbox="649 678 1066 742">Vs Carbondale 1</td> </tr> <tr> <td data-bbox="322 742 649 790">2/2-7:15pm @AMS</td> <td data-bbox="649 742 1066 790">Vs Carbondale 2</td> </tr> <tr> <td data-bbox="322 790 649 837">2/7-6:15pm @AMS</td> <td data-bbox="649 790 1066 837">Vs Aspen 3</td> </tr> <tr> <td data-bbox="322 837 649 885">2/14-6:15pm @AMS</td> <td data-bbox="649 837 1066 885">Vs GWS Nuggets</td> </tr> <tr> <td data-bbox="322 885 649 933">2/21-6:00pm @BES</td> <td data-bbox="649 885 1066 933">Vs Basalt B</td> </tr> <tr> <td colspan="2" data-bbox="322 933 1066 976">2/27 PLAYOFFS WEEK</td> </tr> </table>		1/19-6:15pm @AMS	Vs Aspen 1	1/25-6:00pm @CRCC	Vs Carbondale 1	2/2-7:15pm @AMS	Vs Carbondale 2	2/7-6:15pm @AMS	Vs Aspen 3	2/14-6:15pm @AMS	Vs GWS Nuggets	2/21-6:00pm @BES	Vs Basalt B	2/27 PLAYOFFS WEEK	
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Dashiell Schmidt																

3rd / 4th Grade BOYS

[AB34-3]

Coaches	Julia Pirrung c. 773-517-7277 e. julia@jetsetworldtravel.com	Chris Rubin c. 858-245-3887 e. christopherrubin@gmail.com
Practices	Aspen Elementary School Court 2 Tuesdays / Thursdays 3.30pm – 4.30pm	
Games Aspen 3	1/17-7:15pm @AMS	Vs Aspen 1
	1/25-7:00pm @CRCC	Vs Carbondale 2
	1/31-6:15pm @AMS	Vs Carbondale 1
	2/7-6:15pm @AMS	Vs Aspen 2
	2/15-6:15pm @AMS	Vs Basalt B
	2/20-6:00pm @GSCC	Vs GWS Lakers
	2/27 PLAYOFFS WEEK	
Roster 12	James Douglas	Samuel Morgan
	Jonathan Pergande	David Pergande
	Soren Elisha	Oskar Wasilawski
	Miro Miscione	Henry Marriott
	Eli Davenport	Michael Mandelblatt
	Luke Marshall	Felix Locker

3rd / 4th Grade GIRLS

[AB34-1]

Coaches	Mandy Welgos c. 970-274-3334 e.mandywelgos@icloud.com	Nancy Rosett c. 505-934-4947 e. Rosettn@gmail.com														
Practices	Aspen Elementary School Court 2 Mondays / Wednesdays 3.30pm – 4.30pm															
Games Aspen	<table border="1" style="width: 100%;"> <tr> <td style="width: 50%;">1/23-6:15pm @AMS</td> <td style="width: 50%;">Vs Basalt A</td> </tr> <tr> <td>1/25-7:00pm @AMS</td> <td>Vs GWS Lakers</td> </tr> <tr> <td>1/30-6:00pm @GSCC</td> <td>Vs GWS Lakers</td> </tr> <tr> <td>2/1-7:00pm @CRCC</td> <td>Vs Carbondale</td> </tr> <tr> <td>2/14-7:15pm @AMS</td> <td>Vs Basalt B</td> </tr> <tr> <td>2/20-6:00pm @BES</td> <td>Vs Basalt A</td> </tr> <tr> <td colspan="2">2/27 PLAYOFFS WEEK</td> </tr> </table>		1/23-6:15pm @AMS	Vs Basalt A	1/25-7:00pm @AMS	Vs GWS Lakers	1/30-6:00pm @GSCC	Vs GWS Lakers	2/1-7:00pm @CRCC	Vs Carbondale	2/14-7:15pm @AMS	Vs Basalt B	2/20-6:00pm @BES	Vs Basalt A	2/27 PLAYOFFS WEEK	
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Sandy Wessler	Harley Sohn															

5th / 6th Grade Boys

[AB56-1]

Coaches	John Riley c. 970-274-8679 e. johnriley@me.com	Oliver Bartha c. 970-401-1566 e. barthaoliver@hotmail.com
Practices	Aspen Elementary School Mondays / Wednesdays 5:30pm – 6.30pm	
Games Aspen 1	1/16-7:00pm @BMS	Vs Basalt C
	1/24-7:15pm @AMS	Vs Aspen 3
	2/2-6:15pm @AMS	Vs GWS Bulls
	2/6-7:15pm @AMS	Vs Aspen 4
	2/15-7:15pm @AMS	Vs Aspen 2
	2/20-7:00pm @GSCC	Vs GWS Celtics
	2/27 PLAYOFFS WEEK	
Roster 10	Elliott Riley	Boti Bartha
	Havens Anderson	Gray Everson
	Liam Flynn	Jackson Marriott
	Diego Menendez	Alex Noble
	Griffin O'Donovan	Myles O'Donovan

5th / 6th Grade BOYS

[AB56-2]

Coaches	Don Nottingham c. 303-818-8937 e.donald.r.nottingham@gmail.com		Chris McDowell c. 970-379-7868 e.cmcdowell66@yahoo.com	
Practices	Aspen Elementary School Tuesdays / Thursdays 5.30pm – 6.30pm			
Games Aspen 2	1/23-6:00pm @GSCC		Vs GWS Celtics	
	1/26-7:15pm @AMS		Vs Basalt A	
	1/30-7:00pm @AMS		Vs Aspen 3	
	2/6- 6:15pm @AMS		Vs Carbondale 1	
	2/15-7:15pm @AMS		Vs Aspen 1	
	2/20-7:15pm @AMS		Vs Aspen 4	
	2/27 PLAYOFFS WEEK			
Roster 13	Henry Nottingham	Thomas McDowell		
	Griffin Anderson	Aiden Haynie		
	Miguel Bolger	Josh Eakins		
	Bode Philen	Maxwell Morgan		
	Rocco Margjeka	Walt Mccullough		
	Miles Moatz	Ryder Brodsky		
	Jagger Burstyn			

5th / 6th Grade Boys

[AB56-3]														
Coach	Larry Butler c. 310-721-6134 e.larry@getawestruck.com													
Practice	Aspen Elementary School Mondays / Wednesdays 4:30pm – 5.30pm													
Games Aspen 3	<table border="0"> <tr> <td>1/18-7:00pm @AMS</td> <td>Vs Aspen 4</td> </tr> <tr> <td>1/24-7:15pm @AMS</td> <td>Vs Aspen 1</td> </tr> <tr> <td>1/30-7:00pm @AMS</td> <td>Vs Aspen 2</td> </tr> <tr> <td>2/7-6:00pm @CRCC</td> <td>Vs Carbondale 2</td> </tr> <tr> <td>2/13-7:15pm @AMS</td> <td>Vs Basalt B</td> </tr> <tr> <td>2/21-6:00pm @GSCC</td> <td>Vs GWS Bulls</td> </tr> </table>		1/18-7:00pm @AMS	Vs Aspen 4	1/24-7:15pm @AMS	Vs Aspen 1	1/30-7:00pm @AMS	Vs Aspen 2	2/7-6:00pm @CRCC	Vs Carbondale 2	2/13-7:15pm @AMS	Vs Basalt B	2/21-6:00pm @GSCC	Vs GWS Bulls
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5th / 6th Grade Boys

[AB56-4]

Coach	Josh Berro c. 970-274-0182 e.jberro@aspenk12.net															
Practices	Aspen Elementary School Mondays / Wednesdays 4:30pm – 5:30pm															
Games Aspen 4	<table border="1" style="width: 100%;"> <tr> <td style="width: 50%;">1/18-7:00pm @AMS</td> <td style="width: 50%;">Vs Aspen 3</td> </tr> <tr> <td>1/26-6:15pm @AMS</td> <td>Vs Carbondale 2</td> </tr> <tr> <td>2/1-7:00pm @AMS</td> <td>Vs Basalt B</td> </tr> <tr> <td>2/6-7:15pm @AMS</td> <td>Vs Aspen 1</td> </tr> <tr> <td>2/13-7:15pm @BMS</td> <td>Vs Basalt A</td> </tr> <tr> <td>2/20-7:15pm @AMS</td> <td>Vs Aspen 2</td> </tr> <tr> <td colspan="2" style="text-align: center;">2/27 PLAYOFFS WEEK</td> </tr> </table>		1/18-7:00pm @AMS	Vs Aspen 3	1/26-6:15pm @AMS	Vs Carbondale 2	2/1-7:00pm @AMS	Vs Basalt B	2/6-7:15pm @AMS	Vs Aspen 1	2/13-7:15pm @BMS	Vs Basalt A	2/20-7:15pm @AMS	Vs Aspen 2	2/27 PLAYOFFS WEEK	
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Roster 10	<table border="1" style="width: 100%;"> <tr> <td style="width: 50%;">Max Williams</td> <td style="width: 50%;">Benjamin Berro</td> </tr> <tr> <td>Nolan Mika</td> <td>Maxwell Meister</td> </tr> <tr> <td>Henry Steven</td> <td>Rex Lee</td> </tr> <tr> <td>Townsend Lippincott</td> <td>Karlis Klavins</td> </tr> <tr> <td>Mercer Margjeka</td> <td>Adam Whiting</td> </tr> </table>		Max Williams	Benjamin Berro	Nolan Mika	Maxwell Meister	Henry Steven	Rex Lee	Townsend Lippincott	Karlis Klavins	Mercer Margjeka	Adam Whiting				
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5th / 6th Grade GIRLS**[AG56-1]**

Coaches	Paul Sohn c. 917-584-9165 e. paul.sohn@gmail.com	Nick Hayman c.202-256-3308 e. e.nhayman@winsightmedia.com
Practices	Aspen Elementary School Tuesday / Thursday 4:30-5:30pm.	
Games Aspen 1	1/19-7:15pm @AMS	Vs Basalt 1
	1/25-6:00pm @GSCC	Vs GWS Hornets
	1/31-7:15pm @AMS	Vs GWS Warriors
	2/7-7:15pm @AMS	Vs Aspen 2
	2/13-6:15pm @AMS	Vs Basalt A
	2/22-7:00pm @CRCC	Vs Carbondale A
	2/27 PLAYOFFS WEEK	
Roster 10	Corina Sohn	Perry Sohn
	Lillian Hayman	Lydia Roy
	Marlowe Lewis	Greta Campaigne
	Siri Loeffler	Anne Floyd Hartsfield
	Sloane Douglas	Alex Greenfield

5th / 6th Grade GIRLS

[AG56-2]

Coaches	Niki Lee c. 307-250-8827 e. nikiandylee12@yahoo.com	Troy Forbes c.906-748-1780 e. troyforbes25@yahoo.com														
Practices	Aspen Country Day School Tuesday / Thursday 4.30-5.30pm.															
Games Aspen 2	<table border="1"> <tr> <td>1/16-6:00pm @BMS</td> <td>Vs Basalt A</td> </tr> <tr> <td>1/23-7:15pm @AMS</td> <td>Vs Carbondale 2</td> </tr> <tr> <td>2/1-6:00pm @CRCC</td> <td>Vs Carbondale 1</td> </tr> <tr> <td>2/7-7:15pm @AMS</td> <td>Vs Aspen 1</td> </tr> <tr> <td>2/15-6:00pm @GSCC</td> <td>Vs GWS Hornets</td> </tr> <tr> <td>2/21-7:15pm @AMS</td> <td>Vs GWS Warriors</td> </tr> <tr> <td colspan="2">2/27-PLAYOFFS WEEK</td> </tr> </table>		1/16-6:00pm @BMS	Vs Basalt A	1/23-7:15pm @AMS	Vs Carbondale 2	2/1-6:00pm @CRCC	Vs Carbondale 1	2/7-7:15pm @AMS	Vs Aspen 1	2/15-6:00pm @GSCC	Vs GWS Hornets	2/21-7:15pm @AMS	Vs GWS Warriors	2/27-PLAYOFFS WEEK	
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TIPS TO EFFECTIVE PARENTING IN YOUTH ATHLETICS

- 1) **Remember that winning isn't important.**
 - a) There are many aspects of youth sports that are far more important than your child's team winning the basketball game. If you hold yourself to that expectation, your child will notice.
- 2) **Focus on your child's enjoyment.**
 - a) It's better for a child to play on a weak team that emphasizes enjoyment, development, and allows the players to develop a passion for the sport, than a winning team that over-stresses commitment, intensity, and defeating opponents.
- 3) **Let the coach do the coaching**
 - a) ... And never undermine coaching decisions.
 - i) Respect the ROLES of youth athletics, and the boundaries between them. When a child is being coached from two different directions, they are placed in the position of being forced to choose who they're going to listen to and who they'll 'disappoint'. This is a pressure no child should have to endure in youth sports.
 - ii) If you can coach, please volunteer to coach a team at the beginning of the season. If you cannot commit to the team for an entire season, please focus on encouraging from the sidelines, and helping develop the fundamentals at home. Encourage teamwork, both individual and collective growth.
- 4) **Don't be afraid to raise issues with the coach.**
 - a) Too often parents will refuse to ask to meet the coach and discuss a problem they have. Instead, they choose to share the problem with other spectators or players. This only exasperates the issue.
 - b) If you ever have an issue, ask to set up a meeting with the coach and find a private location to ask your questions and discuss solutions. If your questions is approached respectfully and the

right way, all good coaches will be happy to answer and discuss. Keep in mind that you must be willing to receive an answer you might not want to hear.

- c) Volunteer coaches are instructed to be receptive to parent/spectator feedback while enforcing healthy boundaries.
 - i) The 24-Hour Rule: After games, allow yourself 24 hours before approaching to coach to discuss issues or questions about the game. Emotions run high after the buzzer sounds – let both parties cool-off and reflect before discussing.
 - ii) Feedback should never occur during practice or during games. Never allow a parent/spectator-coach interaction to distract from a situation where the kids’ participation should be the primary focus.
- 5) **Allow your child to be coached.**
 - a) Trust the coach to do their job; sometimes expectations must be upheld, and players must be held accountable. We recognize the value of “tough love” while stressing the importance of tone and delivery method; coaches shouldn’t yell, demean, or blame the players, ever. But when rules or expectations need to be enforced, healthy discipline is undeniably beneficial developmentally.
- 6) **Display good body language at games.**
 - a) Your child will **always** know exactly where you are in the gym during games and practices. They will look at you often, and you can never know when.
 - b) Your body language displays your emotions and if yours is visibly negative, your child will notice and may misguidedly attest it to their performance.
 - c) If you ever catch your child looking your way, make sure you smile and wave, showing them, you’re enjoying being there.
- 7) **Know your role at the game & don’t stand out from the crowd.**

“It amazes me that spectators want to coach, coaches want to officiate, and officials just want to watch the game.”

- Lou Holtz

a) The Four Main ROLES:

- i) Player – they play the game
- ii) Coach – they coach the game
- iii) Referee – they referee the game
- iv) Spectator – they watch the game

(1) Any time a role is handing the duties of another, something is wrong.

8) **Treat your child the same after a win or a loss.**

a) Don't let the outcome of the game determine the way you interact on the car ride home. Remain positive, especially if they are down or upset. Your support for them is not contingent on the outcome of the game or their performance.

9) **Don't focus on "skill" stats, focus on "hustle" and "teamwork" stats.**

a) Points are hard to score. Highlights are simple and spread apart. Don't inflate the value of points scored, steals made, or assists thrown. Recognize them for helping their teammates up, setting good screens, boxing out for rebounds, dribbling, and shooting with proper technique. What are your 'hustle' stats? Reward hard work not results! That's not the focus at this age.

10) **Never yell at the referees.**

a) We don't expect our players to make 100% of their shots, so how can we expect referees to make the right call 100% of the time?

