

Stick and Puck General Rules (6/2/2021)

Required Equipment

- Breezers, shinpads, skates, jock strap or pelvic protector, helmet and gloves are required

Masks

- Over the ear looped masks will be required until further notice

Locker Room Use

- Women will use locker room 1; Men in locker rooms 3 and 4
- Locker rooms must be left clean after use
 - No tape balls, empty water bottles, tobacco, etc. left on the floor
- Showers will be available for use
- If this privilege is abused, we will rescind use of locker rooms

General Rules

- No body checking allowed at all
- ZERO Tolerance for fighting
- ZERO Tolerance for unsportsmanlike behavior
- NO alcohol is allowed in the arena. Violation of this rule will result in the suspension of the player with no refund
- No player will be allowed to participate if intoxicated

Age

- There is no minimum age for stick and puck; however, the player must be a competent skater in order to participate in stick and puck

Payment

- The drop-in rate is \$15. An in-person purchase of a 10-punch pass is available for \$137. Online rates are available for \$126 for a 10-punch pass