

E-Lab Entrepreneurial Coaching Lab - Schedule Summer 2023

E-Lab Education Day 1: Coaching basics & communication		
04.05.2023	10:00-12:30	Welcome, coaching basics, your coaching values
Zoom	12:30-13:30	Lunch break*
	13:30-16:30	Speech patterns, rapport, body language, ice-breakers

E-Lab Education Day 2: Coaching questions & interventions		
05.05.2023	10:00-12:30	Guiding by questions, GROW model
Zoom	12:30-13:30	Lunch break*
	13:30-16:30	Conflict transformation, coaching interventions, empathy

*Lunch break times are fixed, so in case you have to schedule a call, please use these times

E-Lab Practice: Deep Dive Workshops & Group Reflection		
24.05.2023	17:00-18:30	Workshop "Intercultural communication" - Become aware and navigate cultural challenges, and foster cultural synergies (45 minutes)
Zoom		Group Reflection on your coaching experiences, style, and challenges (45 minutes)
07.06.2023	17:00-18:30	Workshop "Psychological safety" - How to invite people's honesty, and facilitate a safe space in teams (45 minutes)
Zoom		Group Reflection on your coaching experiences, style, and challenges (45 minutes)
21.06.2023	17:00-18:30	Workshop "Motivation and conflict" - Dive deeper into the brain chemistry during a conflict, learn how to shift focus, and how to create motivational boosts for your teams (45 minutes)
Zoom		Group Reflection on your coaching experiences, style, and challenges (45 minutes)

E-Lab Celebration		
19.07.2023	17:00-18:00	Celebrate your achievements
Zoom		Receive your certificate as an "Entrepreneurial coach"

Integrate the E-Lab dates into your calendar (Google, Outlook or apple calendar) with the respective following steps on page 2

Integrate the dates into your GOOGLE calendar

1. option: go to your calendar, click on + sign to add calendar, click "subscribe calendar", add this link [c_classroom08b7a76c@group.calendar.google.com](https://calendar.google.com/calendar/ical/c_classroom08b7a76c%40group.calendar.google.com/public/basic.ics)

2. option: go to your calendar, click on + sign to add calendar, click "via URL", add this link https://calendar.google.com/calendar/embed?src=c_classroom08b7a76c%40group.calendar.google.com&ctz=Europe%2FBerlin

Integrate the dates into your OUTLOOK calendar

Go here: <https://drive.google.com/file/d/1M7GZXhfl24DDYH-U5nwBpICW1f3FbFdd/view?usp=sharing>

Click on download

Go to your outlook calendar

Import the ics file into your Outlook calendar

Integrate the dates into your APPLE calendar

Click on this link to start the automatic download: https://calendar.google.com/calendar/ical/c_classroom08b7a76c%40group.calendar.google.com/public/basic.ics

Click on the basic.ics file in your download folder

Click on the basic.ics file in your download folder

Import the ics file into your apple calendar